



# WVJS



**VOL XXVIII-#1 WEST VALLEY JOGGERS & STRIDERS FEB 1998**

## Saturday Workouts

02/07/98 12 x 800 Relay	04/04/98 8 x 1200 Relay
02/14/98 5K on the Track	04/11/98 Farwell-Herriman ( 4.68 Miles)
02/21/98 8 x 0.66-mile Tennis Court Loop Relay	04/18/98 Step-Up & Down Relay
02/28/98 Short Six (5.74 miles)	4/25/98 16 x 400 Relay
03/07/98 Valle Vista (3.0 miles)	05/02/98 Farwell (3.54 miles)
03/14/98 Triangle Run (4.76 miles)	05/09/98 16 x 300 Relay
03/21/98 18 x 0.33-mile Tennis Court Loop Relay	05/16/98 Short Six (5.74 miles)
03/28/98 Doug/Sar/Frvtvl (2.75 miles)	05/23/98 36 x 200 Relay

The 3-mile warm-up starts at 7:30 AM, and the event starts a little after 8 AM. We meet at the top of the West Valley track.

## Upcoming Races

### PA USATF Championships

03/22/98 Houlihan's 12K - 1.0
03/28/98 Run For Lives 8K - 1.0*
03/29/98 Fifty Plus 8K - 1.0**
04/26/98 Big Sur 5K - 1.0
06/07/98 Reno Air 15K - 1.0***
07/12/98 Road Relay - 2.0
07/19/98 Fleet Feet Cap.Mile - 1.0
08/02/98 Alameda 10K - 1.0
09/07/98 Pacific Sun 10K - 1.0****
10/18/98 Humboldt Half Mar - 2.0
11/15/98 Clarksburg 30K - 2.0
TBA PA XC Champ - 1.0
12/06/98 Cal Intl Mar - 2.0

\* Open & 40/49

\*\* 50+, 60+, & 70+ only

\*\*\* 2.0 for team scoring

\*\*\*\* 40+, 50+, 60+, 70+ only

### Racer of the Year

Fastest Farwell Time
Cumulative Saturday Races
Fastest Marathon
Fastest of 2 5Ks on the track
Fastest of 2 miles on the track
03/22/98 Houlihan's 12K
04/26/98 Big Sur 5K
06/07/98 Silver State 15K
06/21/98 Holy City Race
07/19/98 Fleet Meet Mile
08/02/98 Alameda 10K
09/05/98 GG Park XC
10/xx/98 Silicon Valley 5K
10/18/98 Humboldt Half Marathon
10/25/98 Hollister Mile
11/01/98 Halloween Relays

### Other Popular Races

2/8/98 Together With Love 10K
2/22/98 The Great Race
3/1/98 Napa Marathon
3/15/98 Mer-News 10K
3/29/98 Carlsbad 5K
4/4/98 American River 50M
4/19/98 Tortoise&Hare 5K/10K
4/20/98 Boston Marathon
5/3/98 Devil Mt 5K/10K
5/3/98 Ave of Giants Marathon
5/31/98 Tandem 1

## Wednesday Night Workouts

5-WVJS

We run Wednesday night workouts on the WVC track at 5:15 PM. We run intervals with ~50% rest, rotating weekly through 12 x 400, 6 x 800, 4 x 1200, 3 x 1600s, and 12 laps of alternating hard and easy 200s.

### Sunday Runs

A group leaves from WVC parking area at 7:00 AM. They run 10-20 miles at 6:30-8:00 pace. A more social group leaves from Whalen's at 7:00 and runs 9-13 miles at 8:30 ± :30 pace.

### PA/USATF Grand Prix

#### Open Men

Scott Bang (378-1292) is in charge of the team. The final 1997 team standings were as follows:

- 1-Aggies
- 2-Excelsior
- 3-WVTC
- 4-East Bay Striders

17 teams scored in this division.

Individually, Rick Reitz of our club finished 7th in the short-races division, earning free entries into these races next year. Brian Davis and Don Hogue tied for 57th and Ray Russel finished 72nd. Jose Aispuro of the Aggies finished first.

As regard the long-race division, Brian Davis finished 54th and Don Hogue finished 63rd. Miguel Tibaduiza of the Silver State Striders finished first.

#### Open Women

Becki (257-9056) is in charge of the open women's team. The final 1997 team standings were as follows:

- 1-Impala
- 2-Ryan's
- 3-WVTC
- 4-Aggies
- 5-East Bay Striders
- 6-Chips
- 7-WVJS

11 teams scored in this division.

In the short-race division, Kristina Mathias earned free entries into the 1998 races with her 13th place finish. Becki Kriege finished 18th, missing free 1998 entries by 4 points. Tina Lount finished 60th and Mia Howard and Christine Kennedy tied for 76th. Kristin Jacobs of Ryan's finished 1st.

As regards the long-race division, Nathalie McManamon earned free 1998 entries with her 12th place finish. Robin Cannon finished 29th, Kristina Mathias finished 39th, and Becki Kriege finished 44th. Diana Fitzpatrick of Impala finished first.

#### 40+ Men

Todd Hayes (238-2053) is in charge of the team. The final 1997 team standings were as follows:

- 1-Excelsior
- 2-Empire
- 3-WVJS
- 4-Silver State
- 5-East Bay Striders

12 teams scored in this division.

The short-races and long-races are scored separately for individual purposes in the open competition but not in the older divisions.

Brian Davis earned free entries for all 1998 races with his 4th place finish. Chuck MacDonald finished 10th, Bob Ebert 23rd, Dennis Kurtis 29th, Bill Dunn 30th, Dwight Cornwell 31st, Charles Lighty 57th, Jim Reitz 73rd, Dan Anderson and Dave Stancliffe 77th, Joe Hurtado 82nd, Todd Hayes 90th, Dave Furst 99th, and Neil Gelblum 101st. Miguel Tibaduiza was the winner.

#### 40+ Women

Antonina Ettare (279-6034) and Sue Francis (732-9173) direct this team. The final 1997 team standings were as follows:

- 1-Impala
- 2-WVJS
- 3-Chips
- 4-Silver State Striders
- 5-Tamalpa

7 teams scored in this division.

If we could have found a 3rd 40+ runner to team with Sue Francis and Sue MacDonald at the Cal Intl Marathon who could run 3:31:02 we would have finished first for the year.

Joann Dahkoetter, Sue Francis, and Sue MacDonald won free entries for 1998 by finishing 2nd, 3rd and 9th. Christine Kennedy finished 32nd, Karen Steele 38th, Kathy Frank and Sandy Carpenter 65th, and Antonina Ettare 73rd. Kim Rupert of the WVTC finished 1st.

#### 50+ Men

Dick Chimenti (247-5650) is in charge of our 50+ team. The final 1997 team standings were as follows:

- 1-WVJS
- 2-Tamalpa
- 3-Chips
- 4-Silver State Striders
- 5-East Bay Striders

8 teams scored in this division.

Our men came from way behind during the last few races to finish first for the fifth year in a row.

Chuck MacDonald, Jim Reitz, and Joe Hurtado won free entries for 1998 with their 2nd, 3rd, and 5th place finishes. Bill Dunn tied with Mike Dove for 6th. Dwight Cornwell finished 12th, Dave Furst (winner of the 50+ competition in the XC grand prix) 28th, Walt Radloff 35th, Dick Chimenti 39th, Karl Misner 45th, Greg Burke 57th, Bill Meinhardt 61st, Danny Moon, Gary Brooks, and Gene Antonides 62nd, Norm Saucedo 72nd, Neal Chappell and Roger Bryan 76th, Tim Riley 79th, and Joe King 85th. Frank Ruona of Tamalpa finished 1st.

#### 50+ Women

Georgia Riley (379-4462) is in charge of this team. The final 1997 team standings were as follows:

- 1-Impala
- 2-Chips
- 3-Tamalpa
- 4-WVJS
- 5-WVTC

6 teams scored in this division.

Georgia Riley finished 14th, Betty Root 30th, and Madelyn Moon 33rd. Jessie Stratton of the Chips finished 1st.

#### 60+ Men

Stan DeMartinis (867-7013) is in charge of our 60+ team. The final 1997 team standings were as follows:

- 1-Tamalpa
- 2-WVJS

2 teams scored in this division. Tamalpa put together an excellent team to break our 5-year winning streak.

Gene Antonides finished 4th, Bill Flodberg 6th, Karl Misner 7th, Joe King 12th, Roger Bryan 16th, Marion Carter 20th, Glynn Wood 22nd, Ed Reyna 24th, Boyce Jacques 28th, Ray Stewart 30th, and Frank Cunningham and Stan DeMartinis 33rd. Tamalpa runners took the first three places with Bernie Hollander leading the way.

### 70+ Men

Stan DeMartinis is also in charge of this team. Our team won this division for the third year in a row. Stan DeMartinis won free entries for all of 1998 by winning this division for the 4th time in 5 years. Dave Valles of our club won last year. Ray Stewart finished 2nd, Howard Powers 3rd, Joe King 4th, Boyce Jacques 5th, Frank Cunningham 6th, Jack Friedlander 8th, and Dave Valles 10th.

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## Highlights and Lowlights of 1997

Our Saturday runs are the major club activity.

We had 30 non-relay races during the year with **Ray Russell** winning 13 of them and **Don Hogue** winning 10.

**Gene Antonides** ran the most PRS on the Saturday courses with 7. He was closely followed by **Ed Gavin** and **Dave McCarten**, who ran 6 PRs.

**Norm Saucedo** broke four 60+ Saturday course records during 1997 - the records for the Douglas, Valle Vista, Farwell, and Triangle courses.

**Ray Stewart** broke the 70+ record for the Short Six course.

**Jutta McCormick** tied her own 50+ record for the Short Six course.

**Kristina Mathias** tied the open women's record for the Valle Vista course.

**Ray Russell** ran his 4 relay legs for the tennis court loop relay in a 3:07 average to break the record for this relay during May.

**Ruby Hurtado**, who has been running with us for many years, finally ran the Short Six course, our most difficult course, for the first time during 1997.

Sadly, **Ray Russell** was not on the winning relay team every week during 1997. However, if we had given him his requested handicap each week, his team would have won all the relay races for the year. Ray ran in 9 handicapped relays and only won 3 times. He got two seconds, 3 fourths, and one ugly fifth in the other relays.

**Walter Williams** and **Howard Powers** ran several PWs during the year.

**Don Hogue's** 15:44 5K on the track was the fastest 5K since we started running the 5K on the track in 1994.

**Marion Carter** had a great performance as the timer at the 2/15 club workout. He recorded phantom times, he wrote down the names of finishers who weren't even there, he missed runners, he recorded incorrect times, and he wrote most names in an illegible manner. We sent him to a PA/USATF remedial timing course and he did much better the rest of the year.

**Stan DeMartinis** also had one bad timing day. He was told to push the black button to start the watch and to push the red button to time the runners as they came across the finish line. Naturally, it was assumed that Stan would push the large black button in the middle of the watch that said START. As soon as Stan said go, he pushed the little black button with an arrow that made the paper advance one line but did not start the watch. Stan also had to be sent to the remedial timing course.

**Dave Bauer** won the 60/64 division in the World Indoor Rowing Championships when he rowed 2,000 meters in 6:58.

**Bill Dunn** won the 50/54 division of the National 15K road championships in Tulsa.

**Tim Riley** won his titantic match mile race with Brad Armstrong with a strong sprint over the last half lap.

**Joe Hurtado** finished second in the 55/59 division at the Boston Marathon. He also won this division at the San Diego Half Marathon. And, Joe finished first in the 55/59 division of the 10K at the National Masters meet.

**Nathalie McManamon** ran the second fastest-ever marathon by a club woman runner with her 2:56:28 at the Cal International Marathon.

**Ephraim Romesberg** was the oldest person (66) to complete the grand slam of ultras during 1997. He finished the Western States 100-miler, the Leadville 100-miler, the Old Dominion 100-miler, and the Wasatch 100-miler. Ephraim ran more miles in these four races than Danny Moon ran during the last half of 1997.

**Damon Lease** ran the last two miles of the Vermont 100-miler in 80 minutes before dropping out at 82 miles.

Winning a race outright is a significant accomplishment. **Ray Russell** won the Summer Breakaway in May. **Bob Ebert** won the Holy City race for the 5th time in June. And, **Bob** also won the Theta Breakers 5K in September. **Rick Reitz** won the Vine to Wine 5K in August. **Steve Kurasch** won the Saratoga 2-mile in September. **Becki Kriege** was the first woman finisher at the Juana Run in January. **Sue Francis** was the first woman finisher at the Corporate Challenge 5K in June. She also won the Pride 10K later in June. **Kristina Mathias** was the first woman finisher at the Quicksilver Half Marathon in October.

Our **50+ men's team** won the grand prix for the fifth year in a row.

**Jim Reitz** ran every race in the grand prix for the fourth year in a row.

**Dave Furst** finished first in the 50+ competition of the XC grand prix.

Our open men and women had their best-ever performance at the highly competitive grand prix road mile in June. The men, led by sub-4:30 performances by **Rick Reitz, Ray Russell, and Don Hogue**, finished 4th. The women, led by sub-5:20 performances by **Kristina Mathias, Becki Kriege, and Tina Lount**, finished 3rd. Marian Richard really helped the women's team when she broke her PR by 16 seconds with a 5:46. She would have done even better if she hadn't been grinning for the last 100 meters of the race.

Our open women also finished third in a very competitive field at the club relays. The members of this team included **Becki Kriege, Marian Richard, Nathalie McManamon, Robin Cannon, and Kristina Mathias**. The club won \$300 for their finish in this race.

Also, **Stan DeMartinis** had the misfortune in the latter relay race to miss the handoff at the end of his 4th leg because he did not realize that the handoff was at the entrance into the Golden Gate Park at Sunset Blvd. So, he just kept running and completed the last leg, a 5K. Inasmuch as all of the members of Stan's team were over 70, it is understandable how they became confused and missed the handoff.

**Norm Saucedo** (5:30+), **Gene Antonides** (5:39+), **Karl Misner** (5:50+), and **Joe King** (5:40+) scored an upset win over Tamalpa in July and in the process broke the 60+ record for the 4 x 1600 relay.

**Dave Valles, Ray Stewart, Boyce Jacquez, and Joe King** broke the world record for the 4 x 800 relay at the National Masters championships in August with a time of 11:46.

**Howard Powers, Frank Cunningham, Stan DeMartinis, and Dave Valles** established a new world record for the distance medley relay with a time of 16:50.

The 60+ team of **Gene Antonides (2:26+), Ken Napier (2:46+), Karl Misner (2:38+), and Norm Saucedo (2:30+)** broke the American club record for the 4 x 800 relay with their win at the National Masters championships.

**Kristina Mathias, Becki Kriege, Tina Lount, Sue Francis, Jutta McCormick, Maureen Sweda, and Joann Dahlkoetter** were members of a 100-woman team that broke the women's world record for the 100 x 1-mile relay.

**Tom Warfel** won our Runner of the Year contest for the fifth time and the third time in a row.

During the past year, **Jim Whalen** has made our web page one of the best running web pages in the Bay Area. **Dick Chimenti** has helped Jim with this web page.

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### Miscellaneous Drivel

The parking fee at West Valley College is \$2 per day every day of the week from 7AM to 10PM. The Fall and Spring parking fees are \$25 each. The summer fee is \$15. The fine for parking without a permit is \$25.

Remember to let **Walt VanZant** know as soon as possible on Saturday mornings whether or not you are going to run in the scheduled relay (when we have a relay). He skips the warm up so that he can do a better job of putting balanced teams together and getting the relay started as soon as possible. If you wait until you get back from the warm up and sometimes even later, it is difficult to properly place you.

**Damon Lease** had an exciting 10-mile run recently (which took him 1:55 to complete). He ran into a baby moose and her mother. The latter did not take a liking to **Damon**; so, he quickly abandoned his intended course.

**Bob Rea**, who has now moved to New Zealand, ran a mile race in January and then went to the awards ceremony. Guess, who comes up to Bob and asks him if he is an American. Another club member - **Kent Oglesby**. Kent was visiting New Zealand from Boulder, Colorado and just happened to be at the race.

Our annual club awards' dinner was held at the Los Gatos Lodge on 1/24/98. **Kelly Emo** and **Danny** (no poem this year)

**Moon** did a nice job of MCing the awards. **Ken Napier** organized the dinner. **Jim Whalen** prepared all of the award certificates.

Club member **Joann Dahlkoetter**, who had been competing for the Aggies, will be competing for our women's 40+ team this year, beginning with the Houlihan's 12K.

**Ulrich Kaempf** has returned from his various out-of-state assignments for Hewlett Packard and has settled back home in Los Altos. He may retire soon.

**Kristina Mathias** is now recovered from her injury and is attempting to get back into racing condition. However, **Norm Saucedo** is still on the unable-to-run list.

**Dave Scott** finished 2nd in the Quadruple Dipsea race in a field of 235 while winning the 40+ division.

**George Maes** took pictures before and after the 1/24/98 club workout for inclusion on our web page. Several club members were bloodied in their battle to get into the front row.

**Mark Winitz** has resigned as the Pacific Association LDR commissioner after a 6 1/2 year stint. He was hoping that the Pacific Association's Board of Athletics would create a paid

position for director of the grand prix but they decided not to do so on a vote of 15-13. Mark stated that he had been spending 15-30 hours per week on the grand prix and that he was unwilling to continue doing this on an unpaid basis. It appears that the executive director of the Board of Athletics, John Mansoor, will now direct the grand prix program.

Listed on the last four pages of the club bulletin are the all-time top 20 performances by age group for each of our six Saturday courses and the all-time club marathon list. The marathon list just includes times run while a runner was a member of the club.

As most of you know we have a club web page. If you haven't checked it out, take a look. Its address is: <http://www.accesscom.com/~jwhalen/wvjs.html>

Also we have a very good Pacific Association web page. This has lots of current race results and PA-USATF Standings. Check it out:

<http://home.earthlink.net/~thomtrimble/PAUSATF.html>

We have added to our web page selected race results for club members at various races. Nominal payoffs should be made to Walt Van Zant in order to get your results included in this section.

## Annual Club Dues

The annual club dues of \$15 per person or \$20 per family are now due.

## 1997 WVJS RACER OF THE YEAR CONTEST

Placings in this contest were based upon your best 8 performances in 17 designated events. The top finisher in each division for each event received 25 points, the second finisher received 24 points, etc. Since you could only use your best 8 performances, the maximum score was 200 points (8 x 25). The final results for 1997 for runners who competed in three events or more were as follows:

<u>ELITE DIVISION</u>								
Ray Russell (8)	200	Gold	Steve Kurasch (6)	130		Matt Bordoni (4)	62	
Don Hogue (8)	197	Gold	Russ Kinsch (5)	91		Rich Stiller (4)	54	
Scott Bang (8)	186	Silver	Tim Rostege (4)	63		George Maes (3)	43	
Dave Fergus (8)	185	Silver	Bill Meinhardt (4)	61				
Jim Bordoni (4)	102		Jose Casillas (3)	57				
Dave Furst (4)	90							
Al Murray (4)	87							
Brian Boyle (3)	55							
<u>A DIVISION</u>			<u>B DIVISION</u>			<u>C DIVISION</u>		
Jeff Rohrer (8)	200	Gold	Ed Gavin (8)	197	Gold	Marian Richard (8)	200	Gold
Danny Moon (8)	195	Gold	Cecil Baumgartner (8)	190	Silver	Gene Antonides (8)	196	Gold
Todd Hayes (8)	186	Silver	Sue Francis (8)	186	Silver	Walt Van Zant (8)	181	Silver
Becki Kriege (8)	182	Silver	Norm Saucedo (7)	160		Don Packwood (8)	179	Silver
Joe Hurtado (8)	178	Silver	Tim Riley (8)	151	Bronze	Ken Napier (8)	170	Bronze
Dick Chimenti (8)	159	Bronze	Karl Misner (8)	148	Bronze	Dave McCarten (8)	160	Bronze
Kristina Mathias (7)	156		Rod MacKinlay (6)	141		Mary Vidovich (6)	145	
Brian Schonfeld (7)	154		Mia Howard (6)	136		Brian Low (6)	122	
Bill Johnston (7)	134		Jake White (6)	121		Rich Collins (6)	116	
			Tom Warfel (6)	120		Jutta McCormick (5)	104	
			Jim Myers (5)	116		Kelly Emo (4)	83	
			Rich Hahn (5)	94		Mark Winitz (3)	63	
			Dave Norlander (4)	70		Mike Bordoni (3)	62	



D DIVISION			E DIVISION			
Marion Carter (8)	200	Gold	Dave Valles (4)	87	Terri Kinsch (7)	154
Antonina Ettare (8)	190	Silver	Madelyn Moon (8)	200	Marcia Morrison (6)	145
Georgia Riley (8)	184	Silver	Stan DeMartinis (8)	190	Helen MacKinlay (4)	84
Betty Root (8)	168	Bronze	Howard Powers (8)	170	Frank Cunningham (3)	72
Ray Stewart (7)	167		Ruby Hurtado (7)	163	Annette McPhail (3)	72
Pauline Beatty (7)	160				Sandy Vaurs (3)	72

### Runner of the Year Contest

Contest points are earned by giving each runner one point for every mile run during the year plus 20 points for each Saturday workout attended. Scoring 4,000 points wins a gold award, those scoring 3,000+ win a silver award, and those scoring 2,000+ earn a bronze award. The award winners for 1997 are:

Gold Winners				Others			
Miles	Sat.Pts.	Total					
Tom Warfel	3249	840	4089	Walt Van Zant	1368	940	2308
				Georgia Riley	1449	780	2229
				Ken Napier	1211	840	2051
				Jim Myers	1381	640	2021
Silver Winners				Dick Chimenti	1405	600	2005
Joe Hurtado	2761	940	3701	Stan DeMartinis	1024	980	2004
Bronze Winners							
Don Hogue	2267	660	2927	Annette McPhail	1188	740	1928
Russ Kinsch	1849	980	2829	Dave Norlander	1019	860	1879
Tim Riley	1844	760	2604	Dave McCarten	1091	700	1791
Jutta McCormick	1525	980	2505	Danny Moon	1088	580	1668
Gene Antonides	1735	700	2435	Madelyn Moon	981	400	1381
Marion Carter	1404	960	2364				
Sue Francis	1528	820	2348				

The previous winners have been:

1978	Phil Sanfillipo	4865	1985	Don Dugdale	4084	1992	Jim Whalen	3603
1979	Phil Sanfillipo	5022	1986	Bob Herndon	4303	1993	Tim Rostege	3928
1980	Phil Sanfillipo	5659	1987	Don Dugdale	4341	1994	Joe Hurtado	4037
1981	Ted Pawlak	7103	1988	Frank Ruona	4032	1995	Tom Warfel	4113
1982	Ted Pawlak	6405	1989	Jake White	3841	1996	Tom Warfel	3961
1983	Mike Hicks	5355	1990	Tom Warfel	4231	1997	Tom Warfel	4089
1984	Don Dugdale	5004	1991	Tom Warfel	4118			

### SATURDAY WORKOUT RESULTS

#### 11/22/97 - 16 x 400 Relay

Team	Start	Finish
1 A.Morrison/Gavin	5:00	26:20
2 Goldberg/Tico	5:00	26:53
3 Stiller/Kurasch	5:00	26:55
4 Norlander/Warfel	5:00	28:39
5 Powers/Collins	2:00	?
6 Root/T.Kinsch	-0-	29:04
7 Packwood/McCormck	5:00	29:48

averages at about 80 seconds per quarter.

#### 11/29/97 - Short Six - 5.74 Miles

1	Ray Russell	32:30
2	Dave Fergus	35:06
3	Eddie Tico	35:55
4	Becki Kriege	36:27
5	Neal Chappell	36:54
6	Scott Bang	37:07
7	Tim Rostege	37:08
8	Greg Burke	38:24
9	Bill Meinhardt	38:36
10	Ed Gavin	38:44
11	Al Morrison	38:46

12	Joe Hurtado	38:48
13	Todd Hayes	39:09
14	Bill Johnston	39:12
15	Sue Francis	39:18
16	Russ Kinsch	39:35
17	Tom Warfel	40:57
18	Cecil Baumgartner	41:21
19	<b>Gene Antonides</b>	<b>41:26 PR</b>
20	Dave Norlander	42:05
21	<b>Brian Low</b>	<b>42:10 PR</b>
22	<b>Dave Goldberg</b>	<b>43:06 PR</b>
23	Kelly Emo	43:18
23	Susie Drumm	43:18
23	Marian Richard	43:18
26	Marian Carter	43:46

We had a very small turnout this morning. Don Packwood put the teams together but had no timer. Thus, we did not get the Collins' team finishing time. Al Morrison and Ed Gavin may have had the best

27	Ken Napier	43:50
28	Georgia Riley	45:04
28	Dan Duston	45:04
30	Don Packwood	46:27
31	Dave McCarten	48:40
32	Marcia Morrison	49:32
33	Betty Root	50:27
34	Stan DeMartinis	51:13
35	Annette McPhail	52:27
36	Terri Kinsch	56:21
36	Walter Williams	56:21

**Dick Barrett Trophy Winner - Dave Goldberg**

Ray Russell started two minutes behind everyone but was still able to finish first with a net time of 32:30. Becki Kriege led the ladies with a 4th place finish. Dave Fergus, Neal Chappell, and Gene Antonides led the 40+, 50+, and 60+ men. Sue Francis and Georgia Riley led the 40+ and 50+ ladies. Eddie Tico's time was his best in over three years. Bill Meinhardt ran this course for the first time in over two years. Georgia Riley missed her PR by 20 seconds but claimed that she would have broken her PR if she hadn't had to wait for Dan Duston on the uphill.

**12/6/97 - 12 x 600 Relay**

1	Nellis/O'Rourke	21:54
2	Meinhardt/Kriege	25:18
3	Morrison/Noel	25:52
4	Norlander/R.Kinsch	25:57
5	Riley/Rostege	26:11
6	Chimenti/Warfel	26:13
7	Packwood/D.Garcia	27:37
8	McCormick/Ettare	29:20
9	Collins/Beatty	29:22
10	Emo/McPhail	29:31

**Dick Barrett Trophy Winner - Nellis & O'Rourke**

The weather was threatening but the rain held off long enough for us to finish the workout. All teams started together but did not finish together as the top team won by over two laps. Marion Carter, Todd Hayes, and Stan DeMartinis did an excellent job of managing the workout while saving themselves for the marathon race tomorrow.

**12/13/97 - Valle Vista - 3.0 Miles**

1	Eddie Tico	16:47
2	Don Hogue	16:57
3	Ed Meehan	18:23
4	Scott Bang	18:33
5	Tim Rostege	18:43
6	Al Morrison	18:51
7	Ed Gavin	19:22
8	Todd Hayes	19:34
9	Joe Hurtado	19:42
10	Sue Francis	20:11
11	Kelly Emo	20:25
12	Michael Yang	20:43
13	Ken Noel	20:53
14	Bob Shuck	20:58
15	Walt Van Zant	21:01
16	Gene Antonides	21:26
17	Bill Meinhardt	21:55
18	Dave Goldberg	22:04
19	Dave McCarten	22:31
<b>20</b>	<b>Georgia Riley</b>	<b>22:35 PR</b>
21	Rich Collins	23:13
22	Jutta McCormick	23:45
22	Tom Warfel	23:45
24	Gordon Van Zuiden	23:48
25	Julie Tomer	25:17
26	Don Packwood	25:18
27	Betty Root	25:37

**Dick Barrett Trophy Winner - Eddie Tico**

The temperature was in the low 40s this morning but Eddie Tico was still able to improve his yearly PR by 39 seconds as he cruised to the win. Don Hogue, Ed Gavin, Todd Hayes, Joe Hurtado, Sue Francis, and Gene Antonides recorded respectable times after having run the Cal Intl Marathon just six days before this run.

**3/5/88 - Valle Vista - 3.0 Miles (from 4/88 Club Bulletin)**

1	Dave Furst	15:42
2	Pat Mitchell	16:00
3	Frank Ruona	16:23
4	Ron Nelson	16:28
5	Dave Garcia	16:40
6	Dave Scott	16:43
7	Bob Dalton	16:48
8	Danny Moon	16:52
9	Rick Kananen	16:56
10	Tim Souza	17:09
11	Roger Bryan	17:11
12	Rich Stiller	17:18
13	Jake White	17:21
14	John Clary	17:22

15	Joyce Rankin	17:36
16	Tom Warfel	17:42
17	Dave Combs	17:51
18	Ken Drew	17:56
19	Ken Napier	18:04
20	Keith Grimes	18:08
21	Dick Chimenti	18:17
22	Gary Vergho	18:27
23	Mike Paradis	19:01
23	Bill Stacy	19:01
25	Dave Bauer	19:14
26	Jim Myers	19:27
27	Jim Whalen	19:39
28	Norm Saucedo	19:39
29	Sue Francis	20:11
30	Walt Van Zant	20:34
31	Don Rebal	20:36
<b>32</b>	<b>Madelyn Moon</b>	<b>21:08 PR</b>
33	Sandy Carpenter	21:22
34	Bob Read	22:22
<b>35</b>	<b>Antonina Ettare</b>	<b>22:27 PR</b>
36	Joe Sordi	24:29

**Dick Barrett Trophy Winner - Dave Furst**

After a fast start by Danny Moon (a noted great uphill runner) and Frank Ruona, Dave Furst took over the lead at about one mile, then held off Pat Mitchell the remainder of the way. Dave's time was a new master course record, bettering by 4 seconds the old record held by Ron Nelson and Jake White. Roger Bryan led the 50+ runners but was 18 seconds over his own 50+ record. John Clary continued to improve with his 17:22. Joyce Rankin, a visiting 40+ runner, bettered Carol Stroud's women's course record by 25 seconds. Norm Saucedo's time put him #9 on the 50+ list. Sue Francis was pleased as punch because she skunked Walt VanZant by 23 seconds. Madelyn Vassigh (now Moon) and Sandy Carpenter moved to #10 and #11 on the women's list. Antonina ran another PR. Joe Sordi took the lead in the Cumulative Saturday contest as he is the only one to have completed all of the courses.

**12/20/97 - Triangle Run - 4.76 Miles**

1	Don Hogue	27:39
<b>2</b>	<b>Eddie Tico</b>	<b>27:49 PR</b>
3	Jeff Rohrer	28:37
4	Danny Moon	28:57

5	Becki Kriege	29:39
6	Tim Rostege	29:58
7	Dick Chimenti	30:16
8	Bill Meinhardt	30:21
9	Al Morrison	30:23
10	Bill Johnston	30:36
11	Joe Hurtado	30:41
12	Ed Gavin	31:20
13	Rod MacKinlay	31:33
14	Sue Francis	31:45
15	Michael Yang	32:13
16	Tim O'Rourke	32:17
17	Ray Russell	32:19
<b>18</b>	<b>Maureen Sweda</b>	<b>32:25 PR</b>
19	Dave Norlander	32:41
20	Marian Richard	32:58
21	Ken Noel	33:35
22	Bob Shuck	33:38
23	Walt Van Zant	33:49
24	Dave McCarten	37:03
25	Pauline Beatty	39:04
26	Tom Warfel	39:04
27	Sue Devlin	39:11
28	Marcia Morrison	40:01
29	Chris Hallen	40:03
30	Julie Tomer	40:24
31	Don Packwood	42:16
32	Grace Voss	42:22
33	Walter Williams	43:44

**Farwell (3.54 Miles)**

1	Rick Kananen	23:14
2	Ed Gavin	23:58
3	Bill Johnston	24:14

**Farwell-Herriman (4.68 Miles)**

1	Becki Kriege	29:04
2	Tim Rostege	29:16
3	Joe Hurtado	29:19
4	Ken Noel	33:35
4	Walt Van Zant	33:35
6	Grace Voss	42:25

**Triangle Run (4.76 Miles)**

1	Jim Bordoni	35:18
2	Matt Bordoni	39:35

**Short Six (5.74 Miles)**

1	Grey Mavhera	30:50
2	Don Hogue	34:23
3	Gene Antonides	43:09
4	Todd Hayes	43:10
5	Dave McCarten	49:54
5	Tom Warfel	49:54

**Dick Barrett Trophy Winner - Tim Rostege**

This was our final Saturday run of the year and it was very cold (30 degrees?). Everyone was allowed to choose their own course in order to improve on their Cumulative Saturday time. Becki Kriege, despite losing several seconds when she and Tim Rostege missed the signal at Saratoga and Big Basin Way, made the most improvement, taking nearly 8 minutes off her Farwell-Herriman time. Tim Rostege took home the trophy because of his hard work to come back to form after his injury. He improved his Farwell-Herriman time by nearly two minutes. Bill Flodberg brought out a visiting friend from Mozambique - Grey Mavhera. Grey has run a 27:56 10K. He strided the Short Six course as part of his morning workout. Dave Bauer visited us from Colorado.

**1/3/98 - Doug/Sar/Frtvle - 2.75 M**

1	Ray Russell	15:11
2	Mike Hegglund	15:17 PR
3	Jim Bordoni	16:16
4	Todd Hayes	16:46
5	Tim Rostege	17:07
6	Al Morrison	17:10

7	Joe Hurtado	17:23
8	Sue Francis	17:59
9	Tom Frazier	18:12
10	Tim Riley	18:15
11	Matt Bordoni	18:19 PR
12	Jonathan Lee	18:23
13	Mary Vidovich	18:27
14	Marian Richard	18:27
15	Tom Warfel	18:30
16	Russ Kinsch	18:30
17	Bob Shuck	18:41
18	Dave Norlander	18:56
19	Ken Noel	19:12
20	Karl Misner	19:34
21	Mike Bordoni	19:39 PR
22	Walt Van Zant	19:56
23	Dave McCarten	20:15
24	Georgia Riley	20:52
25	Don Packwood	21:19
26	Ken Napier	21:47
27	Dave Goldberg	22:41
28	Grace Voss	23:21
29	Betty Root	23:51
30	Terri Kinsch	23:59
31	Cecil Baumgartner	24:00
32	Walter Williams	24:58

**Phantom Dick Barrett Trophy Winner - Mike Hegglund**

This was a good morning for running (moderate temperature and no wind). However, there were no spectacular times. Ray Russell ran with Mike Hegglund until there was about a mile to go and then stepped up the pace to pull away for the win. Mike improved his PR by 87 seconds. Both Matt and Mike Bordoni PRd. Sue Francis led the ladies.

**9/6/80 - Doug/Sar/Fruitvle - 2.75 Miles (from 9/80 Club Bulletin)**

1	Ray Russell	13:54 PR
2	Bill Meinhardt	14:01 PR
3	Jake White	14:10 PR
4	Jim Doran	14:41
5	George Maes	14:47 PR
6	Walt Van Zant	15:19 PR
7	Tom Warfel	15:27 PR
8	Danny Moon	15:38
9	Bob Rea	15:38
10	Ken Napier	15:48
11	Malcolm Stewart	15:57
12	Charlie Roskosz	16:07
13	Jim Wurm	16:16
14	Rick Kananen	16:34

**Dick Barrett Trophy Winner - Don Hogue**

Danny Moon led early but got caught by Don Hogue and Eddie Tico between miles 1 and 2. And, then Don went on for the win. Danny led all of the 40+ and 50+ runners. Tim Rostege led the 55/59 runners (There were 8 of them). Becki led the ladies and Sue Francis led the 40+ ladies.

**12/27/97 - All Courses Day**

Dou/Sar/Frtvle (2.75 Miles)

1	Danny Moon	16:10
2	Dick Chimenti	17:12
3	Sue Francis	18:28
4	Dave Norlander	20:27
<b>5</b>	<b>Pauline Beatty</b>	<b>21:08 PR</b>
6	Rich Collins	21:39
7	Chris Hallen	23:11

**Valle Vista (3.0 Miles)**

1	Mary Vidovich	20:33
2	Marian Richard	20:37



<b>15 Joe Sordi Jr</b>	<b>16:43</b>	<b>PR</b>
16 Jack Matau	17:05	
<b>17 Art Brookman</b>	<b>17:18</b>	<b>PR</b>
<b>18 Jim Wagenschultz</b>	<b>17:22</b>	<b>PR</b>
<b>19 Keith Fraker</b>	<b>17:27</b>	<b>PR</b>
20 Al King	17:29	
21 Peter Symonds	17:37	
<b>22 Dave Garcia</b>	<b>20:36</b>	<b>PW</b>
23 Marjorie Hershfield	22:41	
24 Ken Spring	22:48	

favorable handicap because we had no line on Tom Frazier and Tom Warfel claimed that he would be running very slow. Eddie Tico led the open men with his 14:43. Danny Moon led the 40+ and 50+ men. Jutta led the open ladies, the 40+ ladies, and the 50+ ladies.

continued his consistent runs on this course. His last three efforts have resulted in times of 32:35, 32:38, and 32:38.

**1/17/98-Frwell/Herri/Frtvle-4.68 M**

1 Ray Russell	25:37	
2 Don Hogue	26:31	
3 Danny Moon	28:41	
4 Dave Fergus	28:52	
5 Tim Rostege	29:13	
6 Al Morrison	29:37	
7 Joe Hurtado	29:39	
8 Todd Hayes	30:14	
9 Dick Chimenti	30:17	
10 Tom Frazier	30:37	
11 Ed Gavin	30:48	
12 Bob Shuck	31:10	
13 Mary Vidovich	31:45	
14 Dave Norlander	32:14	
15 Ken Noel	32:31	
16 Gene Antonides	32:38	
17 Walt Van Zant	33:16	
18 Jonathan Lee	33:34	
19 Russ Kinsch	33:52	
19 Tom Warfel	33:52	
21 Kelly Emo	34:58	
22 Marian Richard	34:58	
23 Ken Napier	36:19	
24 Dave McCarten	36:23	
25 Rich Collins	36:54	
26 Pauline Beatty	38:29	
27 John Bronson	38:29	
28 Chris Hallen	38:50	
29 Eileen Erickson	39:42	
<b>30 Grace Voss</b>	<b>39:54</b>	<b>PR</b>
31 Marcia Morrison	39:54	
32 Stan DeMartinis	43:35	
33 Walter Williams	48:09	

**1/24/98-4 x 1.46-Mile WVC Loop Relay**

<u>Pl</u>	<u>Team</u>	<u>Start</u>	<u>Finish</u>
1	Noel/Warfel	9:00	46:36
2	Shuck/Richard	9:00	46:47
3	Chimenti/Fergus	12:15	47:00
4	B.Low/Emo	7:30	47:16
5	D.Moon/Hogue	15:00	47:23
6	J.Hurtado/A.Morrison	12:15	47:24
7	McCarten/Napier	5:45	47:29
8	Norlander/Misner	9:00	47:30
9	Erickson/Hallen	:30	47:33
10	T.Kinsch/M.Moon	-0-	47:44
11	McPhail/Bronson	1:45	47:56
12	Baumgartner/Kriege	11:30	48:38
13	D.Garcia/Meinhardt	11:00	48:40
14	D.Lease/VanZant	7:30	48:44
15	Antonides/Mathias	11:00	49:23

\* Ran too far on their first run

**Dick Barrett Trophy Winner - Ken Noel & Tom Warfel**

Tom Warfel moved from 7th place to first during the last lap to lead his team to victory. Don Hogue led the men with a cumulative time of 15:21. Becki Kriege led the ladies at 17:28. Kristina Mathias made her first appearance in a long time (due to an injury). Damon and Cheryl Lease dropped by to visit us from Anchorage. Dave Garcia and Gene Antonides ran all of the way out to Fruitvale Ave on their first run. We took pictures so that we could replace the old club picture now on our web page.

**7/28/79 - 4 x 1.46-Mile WVC Loop Relay (from 7/79 Club Bulletin)**

<u>Pl</u>	<u>Team</u>	<u>Start</u>	<u>Finish</u>
1	Martin/Wurm	7:04	40:13
2	Meinhardt/Mahon	11:00	40:29
3	Clary/White	11:00	40:31
4	Napier/VanZant	8:30	40:34
5	Stiller/Garcia	11:00	40:42
6	Sordi/Barrett	-0-	41:31
7	Roskosz/Collins	8:30	41:34
8	Walter/Russell	10:00	41:50
9	Schultz/Sordi Jr	2:00	43:19

**Dick Barrett Trophy Winner - Grace Voss**

We had excellent running weather this morning - no wind, no rain, and the temperature was about 50 degrees. Ray Russell and Don Hogue ran together for about 2 miles before Ray stepped up the pace and cruised to the win. Danny Moon led all of the 40-and-over crowd. Mary Vidovich led the ladies. Pauline Beatty led the 40+ ladies. Grace Voss improved her PR by 74 seconds. Gene Antonides

This was one of our best quality competitive Saturday races as the first three runners broke Jake White's former course record of 14:18. It seemed that the first five runners sprinted the first half mile before George Maes and Jim Doran had to give up. After that, Jake, Ray, and Bill ran together until there was a mile to go. Ray surged and this got rid of Jake. However, Bill hung on until Ray surged again with a half mile to go as Ray pulled out to a 7-second victory. We had 10 PRs and one PW.

**1/10/98 - 8 x 0.66-Mile Tennis**

**Court Loop Relay**

<u>Pl</u>	<u>Team</u>	<u>Start</u>	<u>Finish</u>
1	Sheaffer/Stewart	2:00	36:51
2	Frazier/Warfel	5:00	37:21
3	Napier/Hallen	-0-	38:32
4	Rostege/Norlander	6:30	38:40
5	Casillas/McPhail	2:00	38:41
6	VanZant/Collins	3:00	38:47
7	Chimenti/Stiller	6:39	38:55
8	McCormick/Noel	5:00	39:14
9	Baumgartner/Tico	7:00	39:55
10	M.Moon/D.Moon	4:00	40:34

**Dick Barrett Trophy Winner - Sheaffer & Stewart**

The scheduled workout was the step-up and step-down relay. However, there were puddles on the track and it was raining; so, we changed the workout to the tennis court loop relay. Doug Sheaffer and Malcolm Stewart showed up for the first time in many moons and claimed to be in very poor condition. Malcolm went so far as to state that he did not think that he would be able to complete the workout. After receiving a favorable handicap, they went out and cruised to an easy win. The second place team also received a

We had one of our best ever competitive races over the 1.46-mile WVC course as 5 runners broke the previous course record of 14:51 for two laps. Jake White set the new record at 14:41 and Dave Garcia set

the one-loop record with his 7:13. The first team won by 16 seconds but the next 4 teams were within 13 seconds of each other. Manny Mahon and Jake White had a good battle over the last quarter mile

with Manny barely holding on for second place.

Individual Splits

Jake White 7:19- 7:22 = 14:41  
 Bill Meinhardt 7:19- 7:26 = 14:45  
 Manny Mahon 7:18- 7:26 = 14:46  
 Dave Garcia 7:13- 7:33 = 14:46  
 John Clary 7:18- 7:32 = 14:50  
 Rich Stiller 7:21- 7:35 = 14:56

Pat Walter 7:48- 7:47 = 15:35  
 Walt Van Zant 7:57- 7:56 = 15:53  
 Jim Wurm 8:01- 7:54 = 15:55  
 Ken Napier 8:00- 8:11 = 16:11  
 Ray Russell 7:43- 8:32 = 16:15  
 Rich Collins 8:10- 8:19 = 16:29  
 Charlie Roskosz 8:10- 8:25 = 16:35

Carl Martin 8:40- 8:30 = 17:10  
 Joe Sordi Jr 9:41- 9:35 = 19:16  
 Dick Barrett 10:33-10:10 = 20:43  
 Joe Sordi Sr 10:21-10:27 = 20:48  
 Wymond Schultz 11:18-10:45 = 22:03

**RACE RESULTS**

**10/19/97 - Half Moon Bay 10K**

Tina Lount 39:03 PR

**11/16/97 - Clarksburg 30K**

Brian Davis 1:51:42 5th-40/44  
 Chuck MacDonald 1:57:02 1st-50/54  
 Dwight Cornwell 1:59:02 2nd-50/54  
 Bill Dunn 1:59:04 3rd-50/54  
 Jim Reitz 2:02:07 6th-50/54  
 Joe Hurtado 2:02:45 1st-55/59  
 Todd Hayes 2:03:03  
 Joann Dahlkoetter 2:17:12 2nd-40/44  
 Sue Francis 2:18:23 2nd-40/44  
 Karl Misner 2:20:59 3rd-60/64  
 Sue MacDonald 2:26:24 3rd-45/49  
 Gene Antonides 2:29:25 4th-60/64  
 Bill Flodberg 2:35:46 6th-60/64  
 Ed Reyna 2:40:21 4th-65/69  
 Marion Carter 2:43:44 5th-65/69  
 Stan DeMartinis 3:06:54 2nd-70/79

Our open men finished 8th, our 40+ men finished 4th, Our 50+ men finished 1st, our 60+ men finished 2nd, and our 40+ women finished 3rd. We had incomplete or no teams in the other divisions.

**11/16/97 - Clarksburg 5K**

Neal Chappell 18:42 2nd-55/59  
 Cecil Baumgartner 20:54  
 Walt Van Zant 22:08

**11/22/97 - PA/USATF XC**

Championships - GG Park

**40+ Master Men - 6 Miles**

Bob Ebert 34:32  
 Dennis Kurtis 35:42

Sal Vasquez 35:48 1st-55/59  
 Bill Dunn 37:09 2nd-50/54  
 Jim Reitz 38:26  
 Dick Chimenti 40:22  
 Danny Moon 39:50  
 Todd Hayes 40:56  
 Joe Hurtado 40:57  
 Jose Casillas 41:43  
 Cecil Baumgartner 44:52  
 Karl Misner 45:05  
 Bill Flodberg 45:43  
 Gene Antonides 46:16  
 Marion Carter 47:57 1st-65/69  
 Ken Napier 48:40 2nd-65/69  
 Stan DeMartinis 59:51 2nd-70/74

**Women - 4 Miles**

Christine Kennedy 25:01 1st-40/44  
 Becki Kriege 25:28  
 Tina Lount 25:56  
 Karen Steele 26:32 3rd-40/44  
 Joann Dahlkoetter 27:42 4th-40/44  
 Sue Francis 28:00 2nd-45/49  
 Marian Richard 28:06  
 Kelly Emo 29:51  
 Sue MacDonald 30:25 5th-45/49  
 Antonina Ettore 33:18  
 Sandy Vaurs 37:31

**Open Men - 6 Miles**

Dave Nellis 36:12  
 Jeff Rohrer 37:46  
 Scott Bang 40:11

Our open men finished 7th, our 40+ men finished 5th, our 50+ men finished 2nd (just 15 seconds in front of the 3rd place team), our 60+ men finished 2nd, our

open women finished 6th, and our 40+ women won. We had incomplete or no teams in the other divisions.

**11/29/97 - Quadruple Dipsea - 28.4**

**Miles**

Dave Scott finished second in this difficult race with a time of 4:15:23. This was good enough to win the 40+ division. 235 runners started this race and 196 finished.

**12/7/97 - Cal International Marathon**

Jim Angelopoulos 2:47:30  
 Don Hogue 2:51:35  
 Dwight Cornwell 2:55:10 3rd-50/54  
 Natha McManamon 2:56:28  
 Dennis Kurtis 2:57:29  
 Todd Hayes 3:01:42  
 Jim Reitz 3:01:54  
 Joe Hurtado 3:02:25 2nd-55/59  
 Robin Cannon 3:04:21  
 Keith Grimes 3:14:48  
 Tina Lount 3:25:16  
 Sue Francis 3:25:30  
 Ed Gavin 3:26:19  
 Jose Casillas 3:26:32  
 Chuck MacDonald 3:31:00  
 Gene Antonides 3:33:56  
 Sue MacDonald 3:36:07  
 Karl Misner 3:53:01  
 Marion Carter 4:06:21 3rd-65/69  
 Ed Reyna 4:13:02  
 Stan DeMartinis 5:11:43

All 21 club members who finished this race should be proud of themselves. The weather conditions were terrible. It rained hard. It blew hard. And, it was cold.

Several of our runners finished the race while shivering. The highlight of the race was our 50+ team winning their division and thereby finishing first for the year (the 5th year in a row that they have won their division). Another highlight was Nathalie's performance. Her time put her #2 on our all-time women's marathon list. Robin recorded the #7 time. Our open men finished 8th, our open women finished 4th, our 40+ men finished 5th, our 40+ women finished 4th, and our 60+ men finished 2nd.

**12/14/97 - Lake Merced Relays**

Ray Russell and Becki Kriege ran with two non-club members in the coed division to win with a time of 1:43:36. Ray ran 24:30 and Becki ran 26:59. Tim O'Rourke ran a quick 23:10 while running with another team. Other times included Kelly Emo at 30:31, Dave Nellis at 25:00 and Jutta McCormick at 32:51.

**12/21/97 - Miracle Mile/5K**

Jutta McCormick won the 50+ division of the mile race in 5:40 and then came back a few minutes later to win the 50+ division of the 5K with a time of 22:33. These were impressive performances. Antonina Ettare finished second in the 40+ division of the mile with a time of 6:04 and came back to record a 24:04 in the 5K.

**1/1/98 - Resolution 5-Miler**

Greg Burke	29:59	1st-50+
Sue Francis	33:23	1st-40+
Rick Kananen	33:45	
Bill Johnston	34:17	
Tim Riley	35:05	
Cecil Baumgartner	35:43	
Dan Duston	37:55	
Georgia Riley	37:55	1st-50+
Pauline Beatty	39:59	
Chris Hallen	41:42	
Judi Shade	42:59	
Bethany Mayer	43:03	
Betty Root	44:52	
Ruby Hurtado	Walker	

**Cecil Baumgartner wanted it noted that** Tim Riley ran very slow. Obviously, Cecil was trying to get us to overlook his abysmal performance.

**1/4/98 - East/West 5K**

Jutta McCormick won the 50+ division of this race in a time of 18:38. This race was way short of the advertised distance and continued the trend during the past year of races at Stanford being inaccurately measured.

**1/10/98 - Richmond (N.Z.) Mile**

Bob Rea 5:03

This was a downhill mile race.

**1/6/80 - Cal 10 (from 1/80 Club Bulletin)**

27-Jake White	53:37	1st-35/39
29-Don Dugdale	53:44	5th-30/34
31-Kent Guthrie	53:54	1st-40/44
42-Tim Rostege	54:47	2nd-35/39
45-Dave Garcia	54:55	
50-Rich Stillier	55:18	
54-John Clary	55:31	
60-Nick Winter	55:55	
104-Myr Nevraumt	57:39	1st-45/49
119-Bob Rea	58:13	
141-Walt VanZant	58:49	
179-Bob Blonder	59:56	
211-Walt Williams	61:44	
282-Wayne Meyer	64:35	

This was a hot race with 175 runners breaking the 60-minute barrier. John Clary's plane was late; so, travel affected his performance. Jake averaged 5:21 per mile and asked, "where's Meinhardt?"

**1/9/83 - Cal 10 (from 4/83 Club Bulletin)**

53-Bob Gomez	52:40	PR
58-Tim Rostege	52:53	PR
76-John Clary	53:28	
91-Don Dugdale	53:57	
93-Dave Garcia	54:01	
101-Bert Johnson	54:34	PR
110-Jake White	54:50	
134-Walt Radloff	55:31	PR
137-Gil Uresti	55:33	
140-Norm Gould	55:37	PR
207-Jerry Lewis	57:20	
212-Ken Drew	57:26	
246-Steve Selbrede	58:29	
262-Mike Hicks	58:50	
285-Walt Van Zant	59:09	
333-Don Rebal	59:44	PR

441-Dave Branning	63:39
514-Ken Napier	66:22
543-Becki Van Zant	67:05
549-Carol Stroud	67:18
563-Ray Holzworth	67:40
581-Mike Andrakin	68:32
586-Anne Kendrick	68:51
809-Ken Spring	93:35

**Non-WVJS Members (but joined the club later)**

39-Sal Vasquez	51:26
44-Dan Anderson	51:53
78-Bill Dunn	53:34
174-Jim Bordoni	56:33

Surprisingly, we had 23 club members travel all the way to Stockton for this Pacific Association TAC championship race. Our master's team earned \$150 for the club coffers for their slim 70-second victory over Tamalpa from Marin county. The Excelsior Track Club from San Francisco was a close third.

Tim Rostege improved his PR by 90 seconds with his 2nd place finish in the 40-44 division. Bert Johnston's PR got him a 5th in the 40-44 division. Jerry Lewis got 2nd in the 45-49 division. Becki and Carol won awards in their divisions with 4th place finishes. Fifteen of our men won T-shirts for their sub-60 times and all 3 of our women runners won T-shirts for their sub-70 times. Don Rebal was elated with his fabulous performance, which he polished off by kicking by a defenseless female runner. Norm Gould probably improved his PR by over 2 minutes. Bob Gomez not only led all club runners but also improved his PR by 2 minutes.

This is a well organized race run on a flat course. This year, 341 of the 820 finishers broke 60:00. All runners were treated to a spaghetti lunch after the race.

**1/11/98 - Cal 10**

26-Tim O'Rourke	54:25	3rd-40/44
50-Brian Davis	57:27	
59-Ray Russell	58:01	
69-Dwight Cornwl	58:29	1st-50/54
73-Dave Scott	58:36	
77-Bill Dunn	58:39	3rd-50/54

81-Dan Anderson	59:12	
106-Dave Nellis	60:59	
116-Jim Reitz	61:47	
120-Becki Kriege	62:01	2nd-30/34
121-Norm Gould	62:12	
135-Jeff Rohrer	63:40	
139-Joe Hurtado	64:04	1st-55/59
140-Karen Steele	64:08	1st-40/44
145-Todd Hayes	64:29	
161-Walt Radloff	65:26	
163-N. McManamo	65:32	
171-Tina Lount	65:55	
194-JDahlkoetter	67:55	3 <sup>rd</sup> -40/44
215-Sue Francis	69:13	2nd-45/49
221-Ed Gavin	69:35	
227-Marian Richrd	69:58	
230-Mary Vidovich	70:29	
252-Gene Antonids	72:55	
254-Tim Riley	73:02	
261-C. Baumgartnr	73:43	
263-Karl Misner	73:46	
305-Georgia Riley	80:27	3rd-50/54
307-Antonina Ettare	80:46	
313-Ed Reyna	81:37	
326-Dave McCartn	84:06	
333-Karin Bivens	85:59	
342-F Cunningham	87:24	2nd-70/74
358-Stan DeMrtins	91:24	1st-75-79
359-Mar.Morrison	91:56	
360-Betty Root	92:14	

Tim O'Rourke was our star of the day as he led our 40+ men to a 3rd place finish behind Excelsior and the Aggies. Dwight Cornwell edged Bill Dunn to lead our 50+

team to a win (Tamalpa finished 3rd). Becki Kriege was the third woman finisher overall to lead our open women's team to their highest finish in a grand prix race - 2nd - since they won the Danny's relay back in September 1992. Karen Steele won the 40/44 division and Sue Francis finished 2nd in the 45-49 division to lead our 40+ women to a 4th place finish. Our men's 60+ team finished 2nd behind Tamalpa. Our open men's team finished 11th.

**1/18/98 - Juana 5-Mile Run**

2-Tim O'Rourke	26:31	1st-40+
5-J. Angelopoulos	27:24	1st-30+
16-Jim Bordoni	30:11	
18-Dave Furst	30:21	2nd-50+
28-Matt Bordoni	31:53	1st-15-
41-Brian Vickery	33:20	3rd-50+

**1/18/98 - SF Zoo Run - 3 Miles**

Kelly Emo	21:03
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**1/18/98 - SF Zoo Run - 7 Miles**

Tina Lount	44:xx
Jutta McCormick	51:38
Antonina Ettare	55:11

No age division awards were given in this race. Tina was the 3rd woman finisher. Jutta finished 22nd.

**1/18/98 - San Diego Half Marathon**

Tim Riley	1:39:45
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Georgia Riley	1:46:40
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1/24/98 - Forest of Nisene Marks 50K  
Todd Hayes ran this race as a fun run, finishing 9th out of a field of 27 with a time of 5:08:23. He ran out of water with 8 miles to go. This slowed him a lot during the last few miles.

**1/25/98 - San Francisco 5K**

Tim Rostege	18:37	1st-50+
Tim Riley	20:25	5th-50+
Jutta McCormick	21:18	1st-50+

**1/25/98 - SF Half Marathon**

Dan Anderson	1:17:37	3rd-45+
Norm Gould	1:21:59	
Natha McManamon	1:23:40	
Walt Radloff	1:26:26	
Tina Lount	1:32:43	
Dan Duston	1:40:52	
Sandy Carpenter	1:42:23	
Antonina Ettare	1:45:51	

Nathalie was the 6th woman finisher overall. Tina said that she had an off day as she ran 5 minutes slower than the year before. Sandy was pleased with her performance. She has cut back her mileage and had added a class wherein she spins on a bike twice a week. Antonina ran with a blister the entire race but still managed to finish and to run 7:44 for the final 1.1 miles.



**CUMULATIVE SATURDAY CONTEST**

The Cumulative Saturday Contest is your best time for the year on each of our six Saturday race courses. The following table shows the current status. The number in italics represents your equivalent 10K time for that particular course (a relative figure of merit).

<b>Elite Div.</b>	<b>DOUGLASS</b>	<b>VALLE VISTA</b>	<b>FARWELL</b>	<b>FARWEL HERR</b>	<b>TRIANGLE</b>	<b>SHORT SIX</b>	<b>TOTAL</b>
Russel, Ray	0:14:18 <i>0:33:39</i>	0:15:34 <i>0:32:57</i>	0:18:48 <i>0:33:34</i>	0:25:03 <i>0:33:29</i>	0:25:54 <i>0:33:43</i>	0:32:30 <i>0:34:21</i>	2:12:07
Hogue, Don	0:14:07 <i>0:33:14</i>	0:15:51 <i>0:33:33</i>	0:18:31 <i>0:33:04</i>	0:25:31 <i>0:34:07</i>	0:26:31 <i>0:34:32</i>	0:33:21 <i>0:35:15</i>	2:13:52
Fergus, Dave	0:14:34 <i>0:34:17</i>	0:16:02 <i>0:33:56</i>	0:19:43 <i>0:35:12</i>	0:25:48 <i>0:34:30</i>	0:26:40 <i>0:34:43</i>	0:33:05 <i>0:34:58</i>	2:15:52
Bang, Scott	0:15:08 <i>0:35:37</i>	0:16:46 <i>0:35:29</i>	0:19:44 <i>0:35:14</i>	0:26:11 <i>0:35:00</i>	0:29:21 <i>0:38:13</i>	0:34:14 <i>0:36:11</i>	2:21:24
Tico, Eddie	0:19:08 <i>0:45:02</i>	0:16:47 <i>0:35:32</i>	0:21:01 <i>0:37:32</i>	0:29:24 <i>0:39:18</i>	0:27:49 <i>0:36:13</i>	0:35:55 <i>0:37:58</i>	2:30:04
Bordoni, Jim	0:20:22 <i>0:47:56</i>	0:23:36 <i>0:49:57</i>	0:22:29 <i>0:40:09</i>	0:31:15 <i>0:41:47</i>	0:35:18 <i>0:45:58</i>	0:35:56 <i>0:37:59</i>	2:48:56
Goldberg, Dave	0:19:11 <i>0:45:09</i>	0:21:48 <i>0:46:09</i>	0:26:25 <i>0:47:10</i>	0:33:22 <i>0:44:36</i>	0:35:33 <i>0:46:17</i>	0:43:06 <i>0:45:34</i>	2:59:25
Babbitt, Dave	0:15:51 <i>0:37:18</i>	0:18:09 <i>0:38:25</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Bradley, Vince	0:00:00 <i>0:00:00</i>	0:20:27 <i>0:43:17</i>	0:25:10 <i>0:44:56</i>	0:32:45 <i>0:43:47</i>	0:36:31 <i>0:47:33</i>	0:00:00 <i>0:00:00</i>	0:00:00
Boyle, Brian	0:00:00 <i>0:00:00</i>	0:20:22 <i>0:43:07</i>	0:24:55 <i>0:44:30</i>	0:31:53 <i>0:42:37</i>	0:32:45 <i>0:42:39</i>	0:00:00 <i>0:00:00</i>	0:00:00
Cyger, Mike	0:00:00 <i>0:00:00</i>	0:16:42 <i>0:35:21</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Dunn, Bill	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:21:12 <i>0:37:51</i>	0:00:00 <i>0:00:00</i>	0:28:17 <i>0:36:50</i>	0:00:00 <i>0:00:00</i>	0:00:00
Frye, Cathy	0:00:00 <i>0:00:00</i>	0:22:38 <i>0:47:55</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Furst, Dave	0:18:08 <i>0:42:41</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:26:54 <i>0:35:58</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Nellis, Dave	0:15:23 <i>0:36:12</i>	0:17:09 <i>0:36:18</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Murray, Al	0:00:00 <i>0:00:00</i>	0:17:26 <i>0:36:54</i>	0:00:00 <i>0:00:00</i>	0:27:10 <i>0:36:19</i>	0:34:02 <i>0:44:19</i>	0:35:01 <i>0:37:01</i>	0:00:00
Nunez, Chris	0:18:13 <i>0:42:53</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Souza, Tim	0:00:00 <i>0:00:00</i>	0:17:19 <i>0:36:39</i>	0:00:00 <i>0:00:00</i>	0:27:29 <i>0:36:45</i>	0:28:22 <i>0:36:56</i>	0:35:34 <i>0:37:36</i>	0:00:00
Yang, Mike	0:00:00 <i>0:00:00</i>	0:20:43 <i>0:43:51</i>	0:22:55 <i>0:40:55</i>	0:31:37 <i>0:42:16</i>	0:32:13 <i>0:41:57</i>	0:35:34 <i>0:37:36</i>	0:00:00
Wilson, Gar	0:15:52 <i>0:37:21</i>	0:17:26 <i>0:36:54</i>	0:00:00 <i>0:00:00</i>	0:27:07 <i>0:36:15</i>	0:00:00 <i>0:00:00</i>	0:35:21 <i>0:37:22</i>	0:00:00
<b>A Div.</b>	<b>DOUGLASS</b>	<b>VALLE VISTA</b>	<b>FARWELL</b>	<b>FARWEL HERR</b>	<b>TRIANGLE</b>	<b>SHORT SIX</b>	<b>TOTAL</b>
Rohrer, Jeff	0:15:44 <i>0:37:02</i>	0:17:29 <i>0:37:01</i>	0:20:35 <i>0:36:45</i>	0:27:27 <i>0:36:42</i>	0:28:25 <i>0:37:00</i>	0:35:51 <i>0:37:54</i>	2:25:31
Moon, Danny	0:15:50 <i>0:37:16</i>	0:17:25 <i>0:36:52</i>	0:21:00 <i>0:37:30</i>	0:28:02 <i>0:37:29</i>	0:28:41 <i>0:37:21</i>	0:35:39 <i>0:37:41</i>	2:26:37
Schonfeld, Brian	0:16:27 <i>0:38:43</i>	0:17:37 <i>0:37:17</i>	0:21:53 <i>0:39:05</i>	0:28:46 <i>0:38:27</i>	0:28:53 <i>0:37:37</i>	0:35:57 <i>0:38:00</i>	2:29:33
Kriege, Becki	0:16:23 <i>0:38:34</i>	0:17:42 <i>0:37:28</i>	0:21:29 <i>0:38:22</i>	0:29:04 <i>0:38:52</i>	0:29:39 <i>0:38:36</i>	0:35:54 <i>0:37:57</i>	2:30:11
Mathias, Kristina	0:16:28 <i>0:38:45</i>	0:17:38 <i>0:37:20</i>	0:21:28 <i>0:38:20</i>	0:28:55 <i>0:38:40</i>	0:29:47 <i>0:38:47</i>	0:36:22 <i>0:38:27</i>	2:30:38
Hayes, Todd	0:16:18 <i>0:38:22</i>	0:18:19 <i>0:38:46</i>	0:21:40 <i>0:38:41</i>	0:29:05 <i>0:38:53</i>	0:29:44 <i>0:38:43</i>	0:35:44 <i>0:37:46</i>	2:30:50
Kurasch, Steve	0:16:11 <i>0:38:05</i>	0:18:12 <i>0:38:32</i>	0:21:27 <i>0:38:18</i>	0:29:49 <i>0:39:52</i>	0:29:30 <i>0:38:25</i>	0:36:08 <i>0:38:12</i>	2:31:17
Hurtado, Joe	0:16:37 <i>0:39:07</i>	0:18:36 <i>0:39:22</i>	0:22:11 <i>0:39:37</i>	0:28:52 <i>0:38:36</i>	0:29:38 <i>0:38:35</i>	0:36:42 <i>0:38:48</i>	2:32:36
Johnston, Bill	0:16:44 <i>0:39:23</i>	0:18:15 <i>0:38:38</i>	0:22:27 <i>0:40:05</i>	0:28:54 <i>0:38:38</i>	0:29:14 <i>0:38:04</i>	0:37:20 <i>0:39:28</i>	2:32:54
Rostege, Tim	0:16:41 <i>0:39:16</i>	0:18:43 <i>0:39:37</i>	0:21:52 <i>0:39:03</i>	0:29:16 <i>0:39:08</i>	0:29:58 <i>0:39:01</i>	0:37:08 <i>0:39:15</i>	2:33:38
Morrison, Al	0:17:23 <i>0:40:55</i>	0:18:31 <i>0:39:12</i>	0:22:14 <i>0:39:42</i>	0:30:21 <i>0:40:34</i>	0:30:23 <i>0:39:34</i>	0:37:12 <i>0:39:19</i>	2:36:04
Chimenti, Dick	0:17:12 <i>0:40:29</i>	0:18:24 <i>0:38:57</i>	0:21:51 <i>0:39:01</i>	0:31:16 <i>0:41:48</i>	0:29:49 <i>0:38:49</i>	0:38:40 <i>0:40:52</i>	2:37:12
Kinsch, Russ	0:16:36 <i>0:39:04</i>	0:18:13 <i>0:38:34</i>	0:21:50 <i>0:38:59</i>	0:30:14 <i>0:40:25</i>	0:31:24 <i>0:40:53</i>	0:39:35 <i>0:41:51</i>	2:37:52
Meinhardt, Bill	0:16:34 <i>0:39:00</i>	0:21:44 <i>0:46:00</i>	0:23:59 <i>0:42:50</i>	0:29:42 <i>0:39:42</i>	0:29:33 <i>0:38:29</i>	0:38:36 <i>0:40:48</i>	2:40:08
Casillas, Jose	0:16:48 <i>0:39:32</i>	0:18:48 <i>0:39:48</i>	0:22:41 <i>0:40:30</i>	0:29:16 <i>0:39:08</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Chappeil, Neal	0:00:00 <i>0:00:00</i>	0:18:54 <i>0:40:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:36:54 <i>0:39:00</i>	0:00:00
Drew, Ken	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:23:42 <i>0:42:19</i>	0:29:18 <i>0:39:10</i>	0:00:00 <i>0:00:00</i>	0:38:15 <i>0:40:26</i>	0:00:00
Garcia, Dave	0:18:07 <i>0:42:38</i>	0:24:57 <i>0:52:49</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:41:51 <i>0:44:14</i>	0:00:00
Gelblum, Neil	0:15:59 <i>0:37:37</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:30:10 <i>0:40:20</i>	0:29:14 <i>0:38:04</i>	0:00:00 <i>0:00:00</i>	0:00:00
Howe, Jim	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:30:45 <i>0:40:02</i>	0:00:00 <i>0:00:00</i>	0:00:00
Kananen, Rick	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:23:14 <i>0:41:29</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:47:51 <i>0:50:35</i>	0:00:00
Lee, Jonathan	0:00:00 <i>0:00:00</i>	0:19:56 <i>0:42:12</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
McFeely, John	0:15:44 <i>0:37:02</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:41:09 <i>0:43:30</i>	0:00:00
Nelson, Ron	0:16:55 <i>0:39:49</i>	0:19:12 <i>0:40:39</i>	0:00:00 <i>0:00:00</i>	0:28:52 <i>0:38:36</i>	0:30:09 <i>0:39:15</i>	0:00:00 <i>0:00:00</i>	0:00:00
Shingai, Randy	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:30:03 <i>0:39:08</i>	0:00:00 <i>0:00:00</i>	0:00:00
<b>B Div</b>	<b>DOUGLASS</b>	<b>VALLE VISTA</b>	<b>FARWELL</b>	<b>FARWEL HERR</b>	<b>TRIANGLE</b>	<b>SHORT SIX</b>	<b>TOTAL</b>
Gavin, Ed	0:16:59 <i>0:39:58</i>	0:18:32 <i>0:39:14</i>	0:22:10 <i>0:39:35</i>	0:29:10 <i>0:39:00</i>	0:30:41 <i>0:39:57</i>	0:38:10 <i>0:40:21</i>	2:35:42
MacKinlay, Rod	0:17:49 <i>0:41:56</i>	0:19:10 <i>0:40:34</i>	0:22:35 <i>0:40:20</i>	0:29:33 <i>0:39:30</i>	0:30:14 <i>0:39:22</i>	0:37:27 <i>0:39:35</i>	2:36:48
Myers, Jim	0:16:52 <i>0:39:42</i>	0:18:59 <i>0:40:11</i>	0:21:46 <i>0:38:52</i>	0:32:03 <i>0:42:51</i>	0:30:49 <i>0:40:08</i>	0:37:05 <i>0:39:12</i>	2:37:34
Saucedo, Norm	0:16:58 <i>0:39:56</i>	0:18:38 <i>0:39:27</i>	0:22:18 <i>0:39:49</i>	0:29:52 <i>0:39:56</i>	0:30:46 <i>0:40:04</i>	0:39:06 <i>0:41:20</i>	2:37:38
Francis, Sue	0:17:28 <i>0:41:07</i>	0:19:34 <i>0:41:25</i>	0:23:06 <i>0:41:15</i>	0:30:24 <i>0:40:39</i>	0:31:19 <i>0:40:47</i>	0:38:36 <i>0:40:48</i>	2:40:27
Warfel, Tom	0:17:41 <i>0:41:37</i>	0:19:16 <i>0:40:47</i>	0:24:03 <i>0:42:57</i>	0:31:11 <i>0:41:41</i>	0:30:57 <i>0:40:18</i>	0:38:16 <i>0:40:27</i>	2:41:24



Brookman, Art	0:22:37	0:53:14	0:25:10	0:53:16	0:30:17	0:54:05	0:41:44	0:55:48	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Hurtado, Ruby	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:55:04	0:58:13	0:00:00
MacKinlay, Helen	0:24:18	0:57:12	0:26:56	0:57:01	0:32:34	0:58:09	0:43:16	0:57:51	0:00:00	0:00:00	0:56:16	0:59:29	0:00:00
McPhail, Annette	0:21:33	0:50:43	0:25:52	0:54:45	0:29:49	0:53:15	0:00:00	0:00:00	0:39:21	0:51:14	0:50:23	0:53:16	0:00:00
Morrison, Marcia	0:22:10	0:52:10	0:00:00	0:00:00	0:28:56	0:51:40	0:39:43	0:53:06	0:40:01	0:52:06	0:48:42	0:51:29	0:00:00
Morimoto, Yukito	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:45:31	1:00:51	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Vaurs, Sandy	0:24:52	0:58:32	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Voss, Grace	0:23:16	0:54:46	0:00:00	0:00:00	0:00:00	0:00:00	0:41:08	0:54:59	0:42:22	0:55:10	0:50:50	0:53:44	0:00:00
Williams, Walter	0:27:50	1:05:31	0:00:00	0:00:00	0:34:12	1:01:04	0:43:35	0:58:16	0:43:44	0:56:57	0:56:21	0:59:34	0:00:00