



# WVJS



## VOL XXVIII-#4 WEST VALLEY JOGGERS & STRIDERS NOVEMBER 1998

### Saturday Workouts

- |   |  |
|---|--|
| 11/28/98 Triangle Run (4.76 miles)              | 01/23/98 Short Six (5.74 miles)                |
| 12/05/98 12 x 600 Relay                         | 01/30/98 8 x 0.66-Mile Tennis Court Loop Relay |
| 12/12/98 Doug/Sar/Frtvle (2.75 miles)           | 02/06/98 Valle Vista (3.0 miles)               |
| 12/19/98 Farwell/Herriman (4.68 miles)          | 02/13/98 6 x 1600 Relay                        |
| 12/26/98 All Courses Day                        | 02/20/98 Triangle Run (4.76 miles)             |
| 01/02/99 18 x 0.33-Mile Tennis Court Loop Relay | 02/27/98 4 x 1.46-Mile WVC Loop Relay          |
| 01/09/99 Farwell (3.54 miles)                   | 03/06/98 Doug/Sar/Frtvle (2.75 miles)          |
| 01/16/98 12 x 800 Relay                         | 03/13/98 Farwell/Herriman (4.68 miles)         |

The 3-mile warm-up starts at 7:30 AM, and the event starts a little after 8 AM. We meet at the top of the West Valley track.

### Upcoming Races

#### PA USATF Championships

- 12/05/98 Cal Int'l Marathon
- 01/10/99 California 10

#### Racer of the Year

- Fastest Farwell Time
- Cumulative Saturday Races
- Fastest Marathon

#### Other Popular Races

- 12/20/98 SF Miracle Mile
- 01/17/99 The Juana Run - 5M
- 02/06/99 San Juan Bautosta 10M/5K
- 02/07/99 Las Vegas Marathon
- 02/14/99 Together W/ Love 10K
- 02/21/99 The Great Race
- 03/07/99 Napa Marathon

### Wednesday Night Workouts

We run Wednesday night workouts on the WVC track at 5:15 PM. We run intervals with 50% rest, rotating weekly through 12 x 400, 6 x 800, 4 x 1200, and 3 x 1600s. We have now added 200s to the cycle. When we run the 200s, we run continuously while alternating between fast and slow 200s

#### Sunday Runs

A group leaves from WVC parking area at 7:00 AM. They run 10-20 miles at 6:30-8:00 pace. A more social group leaves from Whalen's at 7:00 and runs 5-10 miles at 8:30 ± :30 pace.

#### PA/USATF Grand Prix

##### Open Men

Scott Bang (378-1292) is in charge of the team. Presently, we are in 6th place (thru the Humboldt Half). Individually, Hector Delgado and Rick Reitz finished 19th and 24th in the short-race division.

##### Open Women

Becki (257-9056) is in charge of the open women's team. Presently, we are in 4th place (thru the Humboldt Half). Individually, Becki Kriege, Kristina Mathias, and Karen Steele finished 5th, 7th, and 10th in the short-race division. Karen Steele is in 12th place

and Becki Kriege is in 16th place in the long-race division.

##### 40+ Men

Todd Hayes (238-2053) is in charge of the team. Presently, we are in 2nd place (thru the Clarksburg 30K), 1 point behind Excelsior. Individually, Tim O'Rourke, Brian Davis, and Bob Ebert are in 2nd, 4th, and 9th place (thru the Humboldt Half).

##### 40+ Women

Antonina Ettare (279-6034) and Sue Francis (732-9173) direct this team. Presently, we are in 2nd place (thru the Humboldt Half). We trail Silver State by 10 points. Individually, Karen Steele, Joann Dahlkoetter, and Sue Francis are in 3rd, 6th, and 8th place.

##### 50+ Men

Dick Chimenti (247-5650) is in charge of our 50+ team. Presently, we are tied for first place with Tamalpa with one race (the Cal International Marathon) to go. Individually (thru the Humboldt Half), Bill Dunn is in 2nd place, Jim Reitz is in 4th place, Dwight Cornwell in 6th place, and Dave Furst is in 13th place.

##### 50+ Women

Georgia Riley (379-4462) is in charge of this team. Presently, we are in 2nd place (thru the Humboldt Half), 2 points behind the Impalas. Individually, Georgia Riley is in 5th place.

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60+ Men

Stan DeMartinis (867-7013) is in charge of our 60+ team. Presently, we are in 2nd place. Individually (thru the Humboldt Half), Gene Antonides is in 5th place, Karl Misner is in 6th, and Ken Noel and Bill Flodberg are tied for 9th. for 10th.

70+ Men

Stan DeMartinis is also in charge of this team. Presently, we are in 1st place. Individually, Stan DeMartinis is in 1st place, Boyce Jacques is in 2nd, and Ray Stewart is in 5th.

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Annual Club Meeting

The annual club meeting will be held at Walt Van Zant's home on Saturday, 12/11/98, beginning at 1PM. All club members are welcome to attend. Please let Walt know if you are coming so that he can plan on how much rug space will be necessary for seating purposes.

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Miscellaneous Drivel

The parking fee at West Valley College is \$2 per day every day of the week from 7AM to 10PM. The Fall and Spring parking fees are \$30 each. The summer fee is \$18. The fine for parking without a permit is \$25.

Remember to let Walt VanZant know as soon as possible on Saturday mornings whether or not you are going to run in the scheduled relay (when we have a relay). He skips the warm up so that he can do a better job of putting balanced teams together and getting the relay started as soon as possible. If you wait until you get back from the warm up and sometimes even later, it is difficult to properly place you.

The Tamalpa RC broke two of our world records. Their 60+ team broke our 4-mile relay record by three seconds with a 22:37 and their 70+ team broke our 4-mile record by 61 seconds with a 27:50.

Todd Hayes and Neil Gelblum ran on the same team at the Hood to Coast relay. Their team finished 31st overall and 5th in the 40+ division. Todd stated that nearly all of his expenses were paid by his team sponsor. His team was provided with two spacious vans, plenty of food and water, team uniforms, and a beach house to stay in after the race.

Some club members believe that Chris Hallen has become too deeply involved in running after hearing her order a "short six" for breakfast rather than a "short stack."

Kelly Emo got a free trip to New York City in early October to run on the Hewlett Packard

corporate team in the Chase Bank Corporate International Challenge. Winning teams from 15 national/international regions and the New York state area were invited to compete in this event. Kelly was the #2 runner on the Hewlett Packard team that finished 8th out of 34 teams. Kelly's 62nd place time for the 3.5 mile race was 23:40.

Two new runners have recently joined our club who are very good. Hector Delgado won the Pacific Sun 10K and has finished high in several other big road races. Jose Palalia ran 2:20 at the Silicon Valley Marathon and then came back to finish second at Clarksburg.

Gene Antonides has sold his home and will be soon moving to Roseville near Sacramento.

Mike Bordoni just finished a very successful cross country season by finishing 3rd in his league frosh finals race.

Charles Lighty surprised everyone by running and finishing the Clarksburg 30K. That's a long way to run for a sprinter. And, his time of 2:01 was respectable.

Bob Ebert also ran his first long race at Clarksburg. He finished in 1:54. Ray Russell says that Bob is now ready for a marathon.

Danny Moon broke the 5-minute mile for the 18th year in a row. Can he make it 19 years? It will be very difficult.



## 1998 WVJS RACER OF THE YEAR CONTEST

Placings in this contest are based upon your best 8 performances in 17 designated events. The top finisher in each division for each event receives 25 points, the second finisher receives 24 points, etc. Since you can only use your best 8 performances, the maximum score is 200 points (8 x 25). Listed below are all who have scored in six or more races for 1998. Remember. You must have paid your club dues in order to be counted in this contest.

### Elite Division

Ray Russell (8)	199
Tim O'Rourke (8)	197
Robert Pickens (8)	189
Dave Fergus (8)	179
Al Murray (8)	171
Jeff Rohrer (8)	161
Scott Bang (6)	149

### B Division

Dick Chimenti (8)	200
Joe Hurtado (8)	196
Sue Francis (8)	181
Cecil Baumgartner (8)	179
Joann Dahlkoetter (8)	174
Marian Richard (8)	163
Dave Norlander (6)	108

### D Division

Georgia Riley (8)	196
Ken Napier (8)	183
Pauline Beatty (7)	164
Antonina Ettare (6)	143
Dave McCarten (6)	126

### A Division

Jim Reitz (8)	194
Becki Kriege (8)	187
Kristina Mathias (8)	185
Todd Hayes (8)	183
Danny Moon (7)	171
Ed Gavin (8)	167
Karen Steele (6)	131

### C Division

Bob Shuck (8)	199
Gene Antonides (8)	193
Karl Misner (8)	191
Kelly Emo (8)	191
Tim Riley (8)	181
Walt Van Zant (8)	179
Ken Noel (8)	178

### E Division

Chris Hallen (8)	198
Stan DeMartinis (8)	187
Karin Bivens (8)	183
Betty Root (8)	182
Elaine Erickson (6)	148

## Runner of the Year Contest

Contest points are earned by giving each runner one point for every mile run during the year plus 20 points for each Saturday workout attended. Scoring 4,000 points wins a gold award, those scoring 3,000+ win a silver award, and those scoring 2,000+ earn a bronze award. Your point totals should be given to Tom Warfel. The scores for the first nine months of 1998 are:

Runner	Miles	Sat Pts.	Total	Kelly Emo	1211	560	1771
Tom Warfel	2329	680	3009	Jim Myers	1098	540	1638
Joe Hurtado	2251	680	2931	Dave Norlander	830	680	1510
Cecil Baumgartner	1401	700	2101	Danny Moon	807	560	1367
Tim Riley	1406	660	2066	Ken Napier	750	580	1330
Walt VanZant	1363	660	2023	Madelyn Moon	681	500	1181
Todd Hayes	1204	600	1804	Bob Shuck	692	380	1072
Georgia Riley	1142	640	1782	Dave McCarten	519	440	959

## SATURDAY WORKOUT RESULTS

### 8/15/98 - Short Six - 5.74 Miles

12 Joe Hurtado	38:26	24 Myrriah Cornwell	49:09
13 Tim Rostege	39:33	25 Dwight Cornwell	49:12
14 Sue Francis	39:36	26 Karl Hiltner	50:08
15 Dave Norlander	40:32	27 Terri Kinsch	50:10
16 Cecil Baumgartner	40:42	28 Glen Douglas	50:57
17 Tom Frazier	41:12	29 Jim Camp	52:28
18 Kelly Emo	41:16	30 Stan DeMartinis	55:24
19 Marian Richard	41:37		
<b>20 Elaine Erickson</b>	<b>44:00 PR</b>	<b>Dick Barrett Trophy Winner -</b>	<b>Elaine Erickson</b>
21 Dave McCarten	46:01		
22 Chris Hallen	47:14		
23 <i>Ken Napier</i>	<i>48:30 PU</i>		

**8/22/98 - One Mile on the Track**

44 Walter Williams 29:55

Heat #1 - (5:40 & Over)

1	Dave Garcia	5:47.4
2	Jake White	5:49.7
3	Jim Myers	5:52.8
4	Kelly Emo	5:53.1
5	Dave Norlander	5:56.4
6	Peiten Ting	6:19.4
7	Dwight Cornwell	6:20.7
8	Myrriah Cornwell	6:20.9
9	Elaine Erickson	6:30.7
10	Chris Hallen	6:38.9
11	Karl Hiltner	6:50.3
12	Madelyn Moon	7:04.3
13	Gary Vonderlind	7:04.9
14	Stan DeMartinis	7:34.5
15	Howard Powers	7:59.6
16	Rita Hiltner	10:07.7
17	Ruth Hiltner	10:08.0

Jim Myers, Kelly Emo, and Dave Garcia started fast, passing through the first 440 in 84 before slowing. Dave finally took over the lead near the end of the second lap (2:51) and pulled out to a big lead. He still had a big lead after the 1320, which he hit in 4:19. Then, Jake, who ran his first half in 2:55 and was in 5th place with a lap to go, made a big move and got close to Dave with about 100 meters to go but fell back a little at the end. Jim Myers improved his seasonal best by 21 seconds while finishing 3rd. Kelly improved her track mile seasonal best by 13 seconds. Elaine improved by 26 seconds, Karl by 12 seconds, Madelyn by 13 seconds, and Stan by 35 seconds.

Heat #2 (5:40 & Under)

1	Ray Russell	4:41.7
2	Robert Pickens	4:46.9
3	Eddie Tico	4:50.0
<b>4</b>	<b>Art Mitchum</b>	<b>4:54.0 PR</b>
5	Jim Bordoni	4:56.8
6	Dave Fergus	4:57.9
7	Danny Moon	5:05.2
8	Jonathan Lee	5:09.4
9	Dave Piazza	5:15.7
10	Mike Bordoni	5:17.3
11	Jose Casillas	5:18.9
12	Dick Chimenti	5:20.9
<b>13</b>	<b>Matt Bordoni</b>	<b>5:27.2 PR</b>
14	Ed Gavin	5:28.1
15	Peiten Ting	6:04.5

Ray started fast and kept going as he ran splits of 68, 2:19, 3:32, and 4:41. Slim Pickens and Eddie Tico had a good battle for second and even got close to Ray with a lap to go before falling back. 46-year-old Art Mitchum broke 5:00 for the first time in his life. Four of the six runners who broke 5:00 were 40+ runners. The other two were babes of 38 and 39.

**8/29/98 - Valle Vista - 3.0 Miles**

1	Ray Russell	15:41
<b>2</b>	<b>Bob Pickens</b>	<b>16:17 PR</b>
3	Dave Fergus	16:30
4	Scott Bang	16:45
5	Jeff Rohrer	17:13
6	Eddie Tico	17:30
7	Danny Moon	17:36
8	Dwight Cornwell	17:49
9	Jonathan Lee	18:00
10	Becki Kriege	18:01
11	Amanda Gerhardt	18:18
12	Brian Schonfeld	18:27
13	Tom Warfel	18:42
14	Don Hogue	18:59
15	Cecil Baumgartnr	19:14
16	Sue Francis	19:18
17	Jake White	19:54
18	Rich Stiller	19:56
19	Tom Frazier	19:57
20	Joe Hurtado	20:00
<b>21</b>	<b>Kelly Emo</b>	<b>20:02 PR</b>
22	Dave Norlander	20:38
23	Dan Duston	21:04
24	Walt VanZant	21:05
25	Elaine Erickson	21:52
26	Marian Richard	21:53
27	Antonina Ettare	22:08
28	Pauline Beatty	22:14
29	Ken Napier	22:21
30	Dave McCarten	22:26
31	Jutta McCormick	22:28
32	Vicky Garcia	22:29
33	Ray Stewart	22:31
34	Georgia Riley	23:05
35	Gary Vonderlinden	23:13
<b>36</b>	<b>Chris Hallen</b>	<b>23:15 PR</b>
37	Karl Hiltner	23:34
38	Jim Camp	23:39
39	Ruth Hiltner	24:02
40	Glen Douglas	24:32
41	Madelyn Moon	24:41
42	Terri Kinsch	25:44
43	Marcia Morrison	26:51

**Dick Barrett Trophy Winner - Ray Russell**

Ray Russell, who turned 40 earlier this month, went for the 40+ record but came up short by two seconds. His time put him #2 on the 40+ list. Becki Kriege led the ladies with her 18:01, beating Amanda Gerhardt of the Aggies by a little bit. Sue Francis led the 40+ ladies as she beat Carol Stroud's 45+ course record by 9 seconds. Danny Moon led the 50+ men and Jutta McCormick led the 50+ ladies. Ken Napier led the 60+ runners, nipping Walter Williams by 7+ minutes. Ray Stewart ran 22:31, not his best time because he has been slowed by injuries, but still not bad for a 70+ runner. Slim Pickens improved his PR by 71 seconds. Dwight Cornwell ran the #13 50+ time. Dwight last ran this course in November 1982, when he finished third behind John Clary and Don Dugdale with a 16:32. Tom Warfel broke 19:00 for the first time since June 1995. Don Hogue led the "Runners Pushing a Stroller" division with a time of 18:59. Kelly Emo, who has been running this course since April 1993, broke her PR by 9 seconds. Elaine Erickson has not run this course but her 21:52 was a very good performance for her. Chris Hallen improved her PR by a mere 1 seconds.

**9/5/98 - 36 x 200 Relay**

<u>Pl Team</u>	<u>Strt</u>	<u>Finish</u>
1 T.Kinsch/Hegglund/J.Bordoni	1:00	23:09
2 Beatty/VanZant/Hayes	:30	23:30
3 Powers/D.Moon/Gavin	:45	23:34
4 Ettare/Misner/White	:15	24:01
4 Noel/V.Garcia/Casillas	1:45	24:03
5 Warfel/Napier/McCormick	-0-	24:21
6 M.Moon/Norlander/Ma.Bordoni	:30	25:03

**Dick Barrett Trophy Winner - Terri Kinsch**

Terri Kinsch with minor assistance from Mike Hegglund and Jim Bordoni ran to an easy win this morning. Here team took the lead during the 12th lap and pulled away to win by more than 100 meters. It appeared that Mike Hegglund and Danny Moon ran the fastest splits. Mike said that his 200s ranged from 28 to 32. All teams were rated to finish at 24:00.

seconds. Elaine Erickson broke her PR by a whopping 2 minutes.

### Distance Medley Relay

After the club run, four of our elite 50+ runners went for the world record in the distance medley relay. They were hoping for splits of 59/2:13/3:32/4:54 to break the world record of 11:39 by one second.

Greg Burke, who has a recent best of 2:13 but was feeling under the weather this morning, started with a 2:17.3 for the 800. Dick Chimenti followed with a 59.3 for the 800. Danny Moon ran splits of 67 and 2:19 on his way to a 3:34.1 for the 1200 leg. Bill Dunn finished the relay off with splits of 70, 2:25, and 3:43 on his way to 4:57.5 for the 1600. Their final of 11:48.2 was very good but not good enough to break the world record.

### 9/19/98 - Doug/Sara/Frtvle -

#### 2.75 Miles

1	Dave Fergus	14:49
2	Don Hogue	15:49
3	Danny Moon	16:21
4	Dick Chimenti	16:39
<b>5</b>	<b>Marlon Menezes</b>	<b>16:45</b>
6	Joe Hurtado	17:02
7	Eddie Tico	17:02
8	Ray Russell	17:02
9	Cecil Baumgartner	17:15
10	Tina Lount	17:25
11	Sue Francis	17:29
12	Todd Hayes	17:42
13	Tom Warfel	17:42
14	Jake White	17:55
15	Rich Stillier	18:03
16	Dave Garcia	18:42
17	Bob Shuck	18:45
18	Ken Noel	18:57
19	Elaine Erickson	19:43
20	Ken Napier	20:42
21	Antonina Ettare	20:50
22	Gary Vonderlinden	21:00
23	Rich Collins	21:45
24	Karl Hiltner	21:57
25	Glen Douglas	22:27
26	Madelyn Moon	22:42
27	Terri Kinsch	23:22
28	Walt Van Zant	23:27
29	Howard Powers	24:01
30	Walter Williams	26:51

### **Dick Barrett Trophy Winner - Marlon Menezes**

As can be seen, Dave Fergus ran to an easy win. Tina Lount, although not feeling well, recorded the #12 all-time women's best while leading the women. Dick Chimenti's time moved him into 5th place on the men's 55/59 list. Sue recorded the #1 45/49 women's time, passing Jutta's former record by 2 seconds. Elaine Erickson ran the #8 time for 40/44 women. Marlon improve his PR by 38 seconds. Terri Kinsch was elated to come from way behind to sprint by Walt Van Zant during the last 30 yards.

### 9/26/98 - 16 x 300 Relay

	<u>Start</u>	<u>Finish</u>
1	Hurtado/Casillas	5:15 20:37
2	Mathias/Menezes	5:45 20:56
3	Hogue/Kinsch	5:15 20:59
4	Francis/Richard	4:00 21:16
5	Hayes/Noel	5:00 21:19
6	Garcia/Frazier	5:00 21:30
7	Warfel/Myers	4:45 21:35
8	Baumgrtnr/Norlndr	5:00 21:52
9	T.Kinsch/R.Hurtado	-0- 22:00
10	Moon/Moon	4:00 22:03
11	Beatty/Root	1:45 22:08
12	Chimenti/Winitz	4:00 23:52

### **Dick Barrett Trophy Winner - Joe Hurtado**

### 10/3/98 - Farwell-Herriman - 4.68

#### Miles

1	Robert Pickens	27:50
2	Jim Bordoni	28:08
3	Eddie Tico	28:34
4	Danny Moon	28:38
5	Kristina Mathias	28:49
6	Becki Kriege	28:53
7	Don Hogue	29:33
8	Marlon Menezes	29:40
9	Ed Gavin	30:04
10	Cecil Baumgartner	30:11
11	Sue Francis	30:20
12	Joe Hurtado	30:40
13	Jake White	31:19
14	Jim Myers	32:56
15	Dave Norlander	34:20
16	Tom Frazier	35:13
17	Dave Goldberg	35:24

### 9/12/98 - Triangle Run - 4.76

#### Miles

<b>1</b>	<b>Slim Pickens</b>	<b>26:31</b>	<b>PR</b>
2	Dave Fergus	26:39	
3	Mike Hegglund	27:29	
4	Kristina Mathias	29:52	
5	Ed Gavin	30:23	
6	Marlon Menezes	30:30	
7	Joe Hurtado	30:33	
8	Sue Francis	30:46	
9	Tom Warfel	31:03	
10	Cecil Baumgartnr	31:46	
11	Rick Kananen	32:38	
12	Jake White	32:45	
13	Eddie Tico	33:21	
14	Ken Noel	33:56	
15	Jim Myers	34:00	
16	Tom Frazier	34:24	
17	Marian Richard	34:26	
18	Walt VanZant	35:08	
<b>19</b>	<b>Elaine Erickson</b>	<b>35:56</b>	<b>PR</b>
20	Dave Valles	36:10	
21	Antonina Ettare	36:12	
22	Dave Goldberg	36:22	
23	Ken Napier	36:40	
24	Karen McSwain	37:41	
<b>25</b>	<b>Chris Hallen</b>	<b>37:53</b>	<b>PR</b>
26	Pauline Beatty	38:58	
27	Karl Hiltner	39:11	
28	Jim Camp	41:12	
29	Betty Root	41:32	
30	Howard Powers	42:47	
31	Marcia Morrison	43:18	

### **Dick Barrett Trophy Winner - Elaine Erickson**

Bob Pickens and Dave Fergus battled it out for most of the race before Bob got away during the last downhill mile. Kristina Mathias scored an easy win over the other ladies. Sue broke the 45+ course record for women by 36 seconds. Chris Hallen broke her PR by 34

18	Walt Van Zant	35:32
19	Ken Napier	36:09
20	Rich Hahn	36:19
21	Gene Antonides	37:12
22	Dave McCarten	37:55
23	Karl Hiltner	38:58
24	Tom Warfel	39:41
25	Terri Kinsch	40:16
26	Marcia Morrison	41:04
27	Betty Root	41:14
28	Walter Williams	DNF
29	Madelyn Moon	DNF

**Dick Barrett Trophy Winner - Sue Francis**

Slim Pickens cruised to an easy win, Jim Bordoni led the men 40+ runners, Danny Moon led the men 50+ runners, Ken Napier led the men 60+ runners, Sue Francis broke her own women's 45+ course record by 43 seconds, Kristina led the women despite running a 5K race the night before, Becki finished 2nd as part of her 2-hour run for the morning.

**10/10/98 - 6 x 1600 Relay**

Pl	Team	Start	Finish
1	Gavin/Fergus	7:15	41:57
1	Sand/Kriege	6:15	41:57
3	Francis/Baumgartner	7:00	42:19
4	T.Kinsch/Pickens	3:00	42:20
5	J.Hurtado/Gerhardt	7:00	43:18
6	K.Hiltner/Casillas	4:30	43:22
7	Beatty/Menezes	5:30	43:32
8	Cioll/Mathias	4:30	43:39
9	Saucedo/Noel	4:00	43:42
10	V.Garcia/D.Garcia	6:15	43:49
11	McSwain/Ettare	-0-	44:04
12	R.Hurtado/Russell	3:30	44:07
13	R.Kinsch/D.Moon	8:45	44:18
14	Collins/Norlander	4:15	44:21
15	McCarten/Emo	3:30	44:29
16	Napier/Richard	3:30	44:55
17	Root/Schonfeld	3:30	45:28
18	Lauris/Krantz/Councilman	-0-	

**Dick Barrett Trophy Winner - Cecil Baumgartner**

The Fergus and Kriege teams were given favorable handicaps and took full advantage of it to finish first. The Baumgartner team was given the trophy because Cecil had a very good day (showing off for his beloved spouse).

Ray Russel had the best average at 4:59. Kristina led the ladies with a 5:31 average. The Garcia team had an interesting experience. Each would watch their two kids while the other was running. Dave had to change a dirty diaper during one of his rest periods. After that, Vicki refused to allow him to touch her on the handoffs.

**10/17/98 - 8 x 0.66-Mile Tennis Court Loop Relay**

Pl	Team	Strt	Finish
1	Bronson/D.Moon	2:00	35:51
2	K.Hiltner/Low	-0-	35:53
3	Goldberg/Mathias	3:00	36:15
4	T.Kinsch/R.Kinsch	-0-	36:44
5	Noel/R.MacKinlay	3:30	36:47
6	Saucedo/VanZant	3:30	36:49
7	Napier/Warfel	:15	36:55
8	Norlander/Menezes	5:45	36:59
9	J.Hurtado/Pickens	7:45	37:02
10	Jose/Castillo	7:45	37:16
11	Gavin/Chimenti	6:45	37:29
12	White/Meinhardt	5:15	38:08
13	Hahn/V.Garcia	3:30	38:15
14	McCarten/Ettare	:15	38:16
15	Collins/Lewis	3:00	39:33

**Dick Barrett Trophy Winner - Brian Low**

Danny Moon started his last lap in third place, 32 seconds behind the leading team, and was able to make it all up and win by two seconds. Lucas Castillo brought his friend, Jose, out to run and he zoomed through the workout at a 3:09.5 average. Slim Pickens led the mortal men with a 3:26 average. Kristina, although loafing, led the ladies with a 3:56.8 average. Jerry Lewis, who hasn't run with us in about a year, got a bad handicap and then got saddled with a weak partner. The result was a last place finish.

**10/24/98 - Farwell - 3.54 Miles**

1	Dave Fergus	20:10
2	Scott Bang	21:17
3	Dick Chimenti	21:57
4	Kristina Mathias	22:00
5	Tim O'Rourke	22:06
6	Brian Schonfeld	22:27
7	Marlon Menezes	22:34

8	Rod MacKinlay	23:48
9	Ralph Poole	23:49
10	Ken Noel	25:15
11	Cecil Baumgartner	26:21
12	Jim Myers	26:33
13	Tom Warfel	27:09
14	Sue Francis	27:21
15	Russ Kinsch	27:26
16	Karl Hiltner	27:36
17	Ken Napier	27:41
18	Slim Pickens	30:08
18	Nick Cioll	30:08
20	Terri Kinsch	31:04
21	Rich Stiller	32:08
22	Stan DeMartinis	32:32
23	Helen MacKinlay	33:04

**Dick Barrett Trophy Winner - Dave Fergus**

When all of us arrived at the club workout this morning, it was not raining. During the warmup, it started sprinkling. And, during the actual run it started raining a fair amount. Most of us survived in good enough shape to have breakfast at the Ranch House after the run. Scott Bang led until he reached the firehouse and then disappeared off course. Thereafter, Dave Fergus cruised to an easy win. Ralph Poole recorded the #7 60+ time for this course. We may have had a record number of 30+ performances. As a minimum, the number of 30+ performances as compared to total finishers was a record. Congratulations to all of those who made this record possible.

**11/7/98 - Short Six - 5.74 Miles**

1	Jose Palalia	32:29
1	Scott Bang	32:29
3	Slim Pickens	32:51
4	Danny Moon	37:05
5	Becki Kriege	37:53
5	Marlon Menezes	37:53
7	Dick Chimenti	39:45
8	Joe Hurtado	40:59
9	Tom warfel	42:13
10	Ken Noel	42:53
11	Dave Norlander	44:23
12	Marian Richard	46:12
12	Ralph Poole	46:12
12	Kelly Emo	46:12
15	Pauline Beatty	48:43
16	Georgia Riley	49:05

17	Dave McCarten	49:15
18	Mike Linsey	49:19
19	Chris Hallen	50:03
20	Karl Hiltner	53:50
21	Stan DeMartinis	57:49

**Dick Barrett Trophy Winner -  
Jose Palalia**

As can be seen, 21 hardy souls ventured out on this very windy and rainy morning and all returned (although not at a very fast pace). Jose, Scott, and Bob Pickens posted respectable times. The rest of us struggled.

**11/14/98 - 4 x 1.46-Mile WVC**

**Campus Relay**

Pl	Team	Start	Finish
1	Casillas/Tico	8:00	42:06
2	Hayes/Menezes	7:30	42:31
3	Gavin/Poole	6:00	42:39
4	T.Kinsch/D.Moon	2:00	42:51
5	Warfel/R.Kinsch	6:00	43:22
6	McCormick/Myers	4:00	43:57
7	Napier/Ettare	-0-	44:37
8	Meinhardt/R.MacKinlay	7:00	
9	Frazier/Lindsay	6:00	48:39

**Dick Barrett Trophy Winner -  
Tom Frazier and Mike Lindsay**

We had a small turnout this AM as many of us were saving ourselves for the Claksburg 30K. Jose and Eddie won while averaging 8:32 per loop. The trophy was given to the last place team as they hung in there and finished over 6 minutes after the first place team (after starting 2 minutes ahead of them). And, last but not least, it should be noted that the Napier/Ettare team had the slowest scratch ~~4:14~~ -- they started first and finished 7th while averaging 11:09 per loop.

**RACE RESULTS**

**3/16/98 - Felton 10K**

<b>Bob Ebert</b>	<b>36:30</b>	<b>1-40+</b>
Kelly Emo	48:29	
Howard Powers	62:20	

The winning time on this very difficult course was 35:50. As per Kelly, two miles of this run was through deep sand and one mile was up a very steep hiking trail with roots and rocks.

**3/16/98 - Baylands Run For the Community 5K**

<b>Sue Francis</b>	<b>20:05</b>	<b>1<sup>st</sup> Wom</b>
<b>C. Baumgartner</b>	<b>20:15</b>	<b>2nd-40+</b>

Cecil alleges that this was a very competitive race. However, the facts indicate otherwise. Cecil finished 2nd in his division. Therefore, the conclusion is that this was a race for slugs. Sue and Cecil may have finished 5th and 6th but they are not sure because the results were never posted.

**3/22/98 - Dammit Race**

<b>Joe Hurtado</b>	<b>35:45</b>	<b>1st-55+</b>
Cecil Baumgartner	37:00	
<b>Sue Francis</b>	<b>37:05</b>	<b>1st-40+</b>
<b>Jerry Lewis</b>	<b>39:15</b>	<b>1st-60+</b>
<b>Bill Flodberg</b>	<b>39:17</b>	<b>2nd-60+</b>

**3/30/98 - Seacliff Run For the Parks - 5K**

<b>Bill Flodberg</b>	<b>22:24</b>	<b>1st-60+</b>
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**3/30/98 - Vine To Wine 5K**

<b>Rick Reitz</b>	<b>16:10</b>	<b>2nd-20+</b>
<b>Dave Furst</b>	<b>17:37</b>	<b>1st-50+</b>
<b>Ron Kiyono</b>	<b>17:59</b>	<b>2nd-50+</b>
<b>Kelly Emo</b>	<b>20:34</b>	<b>5th-30+</b>

**8/30/98 - Vine to Wine 10K**

<b>Dan Anderson</b>	<b>36:14</b>	<b>1st-40+</b>
<b>Brian Davis</b>	<b>37:11</b>	<b>3rd-40+</b>
<b>Charles Lighty</b>	<b>37:36</b>	<b>5th-40+</b>
<b>Jim Reitz</b>	<b>37:53</b>	<b>1st-50+</b>

**8/30/98 - World Masters Games - 20K**

<b>Todd Hayes</b>	<b>79:23</b>	<b>5th-45+</b>
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**9/7/98 - Pacific Sun 10K**

<b>Hector Delgado</b>	<b>29:57</b>	<b>1st- Overall</b>
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<b>Bob Ebert</b>	<b>32:23</b>	<b>3rd-40+</b>
<b>Tim O'Rourke</b>	<b>34:05</b>	<b>6th-40+</b>
Jim Angelopoulos	34:12	
Ray Russell	34:30	
Dave Fergus	35:18	
Scott Bang	35:38	
Brian Davis	35:49	

**Dwight Cornwell 35:52 4th-50+**

Dan Anderson	36:00	
Robert Pickens	36:02	
Bill Dunn	36:29	
Rick Reitz	36:45	
Jeff Rohrer	36:56	
Jim Reitz	37:23	
Todd Hayes	38:46	
<b>Becki Kriege</b>	<b>38:13</b>	<b>5th-30+</b>
<b>Kristina Mathias</b>	<b>38:39</b>	<b>2nd- 19/29</b>

Marty Beene	38:46	
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Brian Schonfeld	39:38	
<b>Joe Hurtado</b>	<b>39:48</b>	<b>7th-55+</b>
<b>Sue Francis</b>	<b>40:36</b>	<b>3rd-45+</b>
Ed Gavin	40:43	
Joann Dahlkoetter	41:01	
Tina Lount-Pretre	41:24	
Cecil Baumgartner	41:42	
<b>Karl Misner</b>	<b>41:52</b>	<b>7th-60+</b>
Kelly Emo	42:49	
Marian Richard	43:13	
Dave Norlander	43:23	
<b>Judi Shade</b>	<b>43:59</b>	<b>3rd-50+</b>
Tim Riley	44:43	
Gene Antonides	45:05	
<b>Joe King</b>	<b>45:42</b>	<b>2nd-70+</b>
Becy Norlander	47:38	
<b>Biyce Jacques</b>	<b>49:05</b>	<b>3rd-70+</b>
<b>Georgia Riley</b>	<b>49:48</b>	<b>8th-50+</b>
Chris Hallen	49:53	
Ed Reyna	51:22	
Betty Root	55:55	
Stan DeMartinis	55:56	
Marcia Morrison	57:06	
Jack Friedlander	59:51	

Hector Delgado made our club famous this morning as he became the first club member to win a grand prix race outright. He won by over 200 meters. Our open men finished 4th, our open women finished 4th, our 40+ men won, our 40+ women finished 4th, our 50+ men finished 2nd, our 50+ women finished 3rd, our 60+ men finished 2nd, and our 70+ men won.

**9/12/98 - GG Park 4-Mile XC Race**

Ray Russell	23:08
Jave Nellis	23:20
<b>Jave Furst</b>	<b>24:57 2nd-50+</b>
Ron Kiyono	25:54
Bob Shuck	27:54
Gene Antonides	30:01
Tim Riley	31:50
Georgia Riley	34:31

**3/13/98 - Ron's Wildlife 5K**

<b>Greg Burke</b>	<b>19:10 1st-50+</b>
<b>Mike Bordoni</b>	<b>20:05 2nd-13+</b>
<b>Bill Flodberg</b>	<b>22:34 1st-60+</b>

**3/13/98 - Ron's Wildlife 10K**

<b>Jim Angelopoulos</b>	<b>34:07 1st-30+</b>
<b>Ed Meehan</b>	<b>40:49 4th-40+</b>
<b>Brian Low</b>	<b>44:20 1st-50+</b>

Jim won this race outright.

**3/19/98 - Sierra College XC Race - 4M**

<b>Jave Furst</b>	<b>24:43 2nd-50+</b>
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**3/19/98 - Chevy's 5K - Sacramento**

<b>Neal Chappell</b>	<b>18:20 1st-55+</b>
<b>Gary Brooks</b>	<b>18:33 1st-50+</b>

**3/20/98 - Fresno Cross City Race - 10K**

<b>Hector Delgado</b>	<b>29:33 1st-20+</b>
<b>Neal Chappell</b>	<b>38:18 1st-55+</b>
<b>Christine Kennedy</b>	<b>38:40 1st-40+</b>
<b>Bill Flodberg</b>	<b>? 3rd-60+</b>

Hector ran a PR 29:33 to get 3rd in this prestigious race. Two Tanzanians edged him out. The winner ran 29:20 and the 2nd place finisher ran 29:28. Neal Chappell said the trophies were bigger than Christine Kennedy.

**3/24/98 - Lockheed 5K**

<b>1 Scott Bang</b>	<b>16:54 1-30+</b>
<b>2 Danny Moon</b>	<b>18:05 1-50+</b>
<b>12 Joe Hurtado</b>	<b>19:13 2-50+</b>
<b>15 Dan Garcia</b>	<b>19:23 3-40+</b>
<b>19 Ralph Poole</b>	<b>19:57 1-60+</b>
<b>24 Marian Richard</b>	<b>20:23 1-30+</b>
<b>36 Judy Fulton</b>	<b>21:33 1-40+</b>
<b>42 Jerry Lewis</b>	<b>21:36 2-60+</b>

<b>50 Pauline Beatty</b>	<b>22:12 2-40+</b>
57 Rich Collins	22:31
72 Gary Vonderlinden	23:46
98 Brad Whitaker	25:28
115 Amanda Krantz	26:22
<b>126 Ruby Hurtado</b>	<b>26:59 2-50+</b>
136 Mike Lindsey	27:17

This is the first time that Scott has won a road race since 1986.

**9/27/98 - Great America 5K**

Scott Emo	28:20
Scott pushed baby Dana in a baby through this race.	

**9/27/98 - Great America 10K**

<b>J. Angelopoulos</b>	<b>33:34 2nd-30+</b>
<b>Dan Anderson</b>	<b>35:24 3rd-30+</b>
Scott Bang	35:33
<b>Jim Reitz</b>	<b>37:54 1st-50+</b>
Bob Shuck	42:30
Kelly Emo	42:35
<b>Georgia Riley</b>	<b>50:15 1st-50+</b>

**9/27/98 - Reno Journal 8K**

<b>Neal Chappell</b>	<b>30:48 2nd-55+</b>
<b>Gary Brooks</b>	<b>31:50 5th-50+</b>

**9/27/98 - Stanford 5K**

Cecil Baumgartner	20:23
Sue Francis	20:46

As per Cecil and Sue, this race should not be on the Hit Parade of races. It was a cross country style course, there were no mile markers, a course monitor told the runners to follow the arrows but there were no arrows, and the lead bicyclist led the leaders off the course within 200 meters into the race.

**9/27/98 - 27th Annual Shettler Handicap Race - 3.06 Miles**

Start	Finish	
PI	Name	Time
1	Karl Hiltner	2:30 25:16
2	Madelyn Moon	1:00 25:57
3	Danny Moon	8:15 26:01
4	Tom Warfel	7:00 26:02
5	Dick Chimenti	8:00 26:10
6	Rich Collins	3:45 26:19

7 Robert Pickens	9:30 26:35
8 Stan DeMartinis	-- 26:43
9 Betty Root	1:00 26:45
10 Joe Hurtado	7:15 26:48
11 Ken Napier	3:45 26:53
12 Dave Norlander	6:00 26:56
13 Becki Kriege	7:45 27:25
14 Cecil Baumgartne	6:45 28:36
15 Kelly Emo	5:45 28:37
16 Sue Francis	6:30 28:59
17 Walt Van Zant	5:15 32:20
18 Ray Russell	10:00 DNF

Karl ran to an easy win on this annual run. Afterwards, Rich and Judy Collins put on a very nice dinner for us. This year the handicap race was a 3-looper that started and finished in front of the Collins' home.

**10/2/98 - Moonlight Run - 5K**

<b>Matt Bordoni</b>	<b>18:37 1st-Under12</b>
<b>Kristina Mathias</b>	<b>18:40 1st-Woman</b>

**10/3/98 - Empire XC Race - 8K**

<b>Dave Furst</b>	<b>29:44 4th-50+</b>
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**10/4/98 - Bridge to Bridge Run - 12K**

<b>2 Hector Delgado</b>	<b>37:11</b>
<b>16 Dan Anderson</b>	<b>43:11 4th-40+</b>
17 Bob Pickens	43:18
80 Art Mitchum	48:38
<b>23 Joann Dahlkoetter</b>	<b>52:40 5th-40+</b>

This was another good race for Hector. He finished within 3 seconds of the winner.

**10/10/98 - Mills College 5K XC Race**

<b>Dave Furst</b>	<b>18:19 1st-50+</b>
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**10/11/98 - Newark 2.5-Mile Race**

**Slim Pickens won this race outright with a time of 12:40.**

**10/11/98 - Primo's Run - 5K**

<b>Brian Davis</b>	<b>16:34 1st-40+</b>
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**10/11/98 - Primo's Run - 10K**



Rick Reitz 33:38 1st-19/29  
 Jim Reitz 37:44 1st-50+

**10/22/98 - Primo's Run - Half Marathon**

Jan Anderson 1:17:23 2nd-40+

**10/17/98 - Cal Poly 8K XC**

Jeff Rohrer 33:11

**10/18/98 - Arturio Barrios 10K**

Lector Delgado 30:39

Lector crashed and burned in this race. He opened up with splits of 4:27 and 3:08 before fading to 5-flat pace.

**10/18/98 - Arturio Barrios 5K**

Neal Chappell 18:17 1st-50+

**10/18/98 - Habitat For Humanity 5K**

Kelly Emo 20:55 2nd-30+

**10/18/98 - Humboldt Half Marathon**

		<u>Men</u>
21	Tim O'Rourke	1:13:42 2nd-40+
33	Brian Davis	1:16:02
45	Dwight Cornwell	1:17:31 2nd-50+
48	Bill Dunn	1:17:39 3rd-50+
54	Ray Russell	1:18:16
59	John Hale	1:19:25
75	Jim Reitz	1:21:29
79	Al Murray	1:22:06
87	Dave Fergus	1:22:57
94	Art Mitchum	1:24:01
	Brian Schonfeld	1:25:56
130	Todd Hayes	1:29:12
135	Cecil Baumgartner	1:29:49
221	Tim Riley	1:40:56
228	Gene Antonides	1:41:22 5th-60+
304	Ed Reyna	1:49:42 3rd-65+
385	Stan DeMartinis	1:58:16 1st-75+

**Women**

27 Sue Francis 1:29:04  
2nd-45+

49 Joann Dahlkoetter 1:33:25  
3rd-45+

96 Elaine Erickson 1:43:37

168 Chris Hallen 1:51:51

177 Georgia Riley 1:52:30

308 Marcia Morrison 2:03:21

336 Karin Bivens 2:06:17

Our open men finished 6th, our 40+ men finished 2nd, our 50+ men won, our 60+ men finished 2nd, our 40+ women finished 3rd, and our 50+ women finished 3rd.

**10/24/98 - Crystal Springs XC Race - 4.2 Miles**

Dave Furst 27:47 3rd-50+

Due to the rain, the course was muddy and slippery today.

**10/25/98 - Hollister Mile**

1 Brad Holbrook 4:34 1st-30+

2 Ray Russell 4:41 1st-40+

3 Robert Pickens 4:44 2nd-30+

5 Danny Moon 4:53 1st-50+

10 Bob Shuck 5:36 2nd-50+

11 Jake White 5:39 3rd-50+

13 Walt VanZant 5:48

15 Kelly Emo 5:50 1st-30+

21 Gene Antonides 5:58 1st-60+

27 Ken Napier 6:31 2nd-60+

39 Stan DeMartinis 7:27 1st-70+

68 Yvette Moss 12:31 3rd-20+

As can be seen, 10 of the 11 club members who ran this race won awards.

**10/25/98 - Silicon Valley 5K**

Dave Piazza 17:09 1st-40+

**10/25/98 - Silicon Valley Half Marathon**

Mike Cygar 1:18:52 4th-25+

Becki Kriege 1:24:36 2nd-30+

Hillary Sand 1:28:17 2nd-25+

Marian Richard 1:31:14 3rd-35+

Jim Barker 1:34:24 3rd-50+

Tina Lount-Pretre 1:36:46 8th-30+

Dave Norlander 1:40:11 3rd-55+

Sandy Carpenter 1:42:51 7th-40+

Jerry Lewis 1:45:15 2nd-60+

Becky Norlander 1:48:20

Antonina Ettare 1:50:51 13th-40+

Marcia Morrison 2:05:12 4th-50+

Becki and Hillary finished 3rd and 4th overall in a field of 702 women. A woman won this race outright in a time of 1:13:58.

**10/25/98 - Silicon Valley Marathon**

Jose Palalia 2:20:30 2nd-25+

Joe Hurtado 2:55:08 1st-55+

Jim Angelopoulos 2:55:34

Yvonne Lund 2:55:58 1st-30+

Ed Gavin 3:25:05

Abby Seyoum 4:03:13

Elaine Erickson 4:13:08

Yvonne was the 4th woman overall finisher. Joe Hurtado not only beat all of the 55+ runners but he also beat all of the 50+ runners.

Dave Furst 27:07 1st-50+

Jeff Rohrer 27:18

Marty Beene 28:56

**11/14/98 - Pennsylvania XC Race**

Jeff Rohrer 18:57

Jeff won the middle of the pack award in this race by finishing 22nd of 43 finishers. Jeff said that it was a beautiful day for running. But, alas, he was suffering from a cold on the day of the race.

**11/15/98 - Clarksburg 30K**

Jose Palalia 1:40:17 2nd-Overall

Tim O'Rourke 1:48:16 3rd-40/44

Robert Pickens 1:51:28 5th-35/39

Brian Davis 1:52:44 6th-

**40/44**  
**Bob Ebert 1:54:46 8th-**

**40/44**  
**Dwight Cornwell 1:57:02 3rd-**

**50/54**  
**Jim Reitz 2:01:24 1st-**  
**55/59**

Charles Lighty 2:01:45  
**Bill Dunn 2:02:23 6th-**

**50/54**  
**Joe Hurtado 2:03:51 2nd-**  
**55/59**

Kristina Mathias 2:10:06  
 Cecil Baumgartner 2:12:20  
**Linda Kidd 2:12:27 4th-**  
**40/44**

Scott Bang 2:13:42  
 Ed Gavin 2:15:31  
 Brian Schonfeld 2:15:43  
**Sue Francis 2:17:39 1st-**  
**45/49**

Marian Richard 2:22:03  
 Jave Norlander 2:26:36  
 Kelly Emo 2:30:02  
 Elaine Erickson 2:45:43

**Karin Bivens 2:46:59 3rd-**  
**50/54**

Pauline Beatty 2:46:57  
 Georgia Riley 2:52:13  
 Chris Hallen 2:52:17  
 Jave McCarten 3:05:22  
 Marcia Morrison ?  
 Stan DeMartinis 3:17:52  
 Bill Flodberg DNF  
 Karl Hiltner DNF

It appears that our men's 40+ team won by about 20 seconds. Bill Flodberg had to drop out because of a rhythm problem with his heart. We are unsure why Karl Hiltner dropped out. He alleged that he turned his ankle on a pebble.

**Los Gatos All-Comers Track Meet Results**

100 Meters      8/6      8/13  
 Mike Bordoni 13.8  
**Matt Bordoni 15.3 14.7 PR**  
**Jack Bordoni 26.9 24.3 PR**

200 Meters  
 Art Mitchum 26.4 25.8  
 Danny Moon 27.5 27.5

400 Meters  
 Steve Kautz 53.9r  
 Jonathan Lee 57.4  
 Art Mitchum 58.4  
 Dick Chimenti 59.9 59.9  
 Danny Moon 62.4  
 Mike Bordoni 68.8  
 Joe Hurtado 69.9r  
 Dave Garcia 70.0  
 Mike Bordoni 70.5  
 Jack Bordoni 129.9 125.4

800 Meters  
 Steve Kautz 1:59.0 2:05.1  
 Art Mitchum 2:11  
 Greg Burke 2:15  
 Jose Casillas 2:18  
 Jonathan Lee 2:20.5  
 Mike Bordoni 2:23  
 Dick Chimenti 2:23

1500 Meters  
 Brad Holbrook 4:17.3  
 Scott Bang 4:21.2  
 Jim Bordoni 4:29.8  
 Art Mitchum 4:32.8  
 Marty Beene 4:38.9  
 Jeff Rohrer 4:45.5  
 Hank Lawson 4:45.7

Mile  
 Scott Bang 4:41  
 Danny Moon 5:04 4:58.5  
 Bob Anderson 5:13  
 Jose Casillas 5:23  
 Ron Landrum 5:34  
 Jake White 5:51  
 Madelyn Moon 7:16 7:23.4

2 Mile  
 Ray Russell 10:04  
 Bob Anderson 10:53  
 Dick Chimenti 11:45 11:57  
 Joe Hurtado 12:10

5000 Meters  
 Bob Anderson 17:25  
 Jeff Rohrer 18:19  
 Joe Hurtado 19:31

When Danny Moon ran 4:58, it was the 18th year in a row that he had dipped under the 5-minute barrier.

**11/1/98 - 20th Annual WVJS Xmas Relays**

5.37 Miles Per Leg

Team	1st Leg	2nd Leg	Finish
1-Fergus/T.Kinsch/O'Rourke	30:54	1:18:16	1:49:08
2-Shuck/Mathias/D.Garcia	38:56	1:13:28	1:51:52
3-V.Garcia/Warfel/R.Kinsch	40:22	1:16:48	1:53:58
4-Russell/DeMartinis/D.Moon	30:52	1:20:55	1:55:17
5-Pickens/Napier/Hahn	31:33	1:14:49	1:55:28
6-Rohrer/Collins/VanZant	35:25	1:17:55	1:58:04
7-Bang/Emo/Root	31:29	1:09:49	1:58:38

Individual Splits

Tim O'Rourke	30:51.8
Ray Russell	30:51.9
Dave Fergus	30:54.0
Scott Bang	31:29.0
Robert Pickens	31:33.1
Danny Moon	34:22.0
Kristina Mathias	34:32.4
Marlon Menezes	35:15.9
Jeff Rohrer	35:25.1
Tom Warfel	36:26.0
Russ Kinsch	37:10.1
Kelly Emo	38:19.9
Dave Garcia	38:24.0
Bob Shuck	38:55.9
Cecil Baumgartner	39:03.0
Walt Van Zant	40:08.5
Vicki Garcia	40:22.4
Ken Noel	40:22.4
Rich Hahn	40:39.2
Rich Collins	42:30.2
Ken Napier	43:15.6
Sue Francis	45:21.0
Terri Kinsch	47:22.3
Betty Root	48:49.3
Stan DeMartinis	50:02.9



### CUMULATIVE SATURDAY CONTEST

The Cumulative Saturday Contest is your best time for the year on each of our six Saturday race courses. The following table shows the current status. The number in italics represents your equivalent 10K time for that particular course (a relative figure of merit).

Elite Div.	DOUGLASS	VALLE VISTA	FARWELL	FARWEL HERR	TRIANGLE	SHORT SIX	TOTAL
Russel, Ray	0:14:30 <i>0:34:08</i>	0:15:41 <i>0:33:12</i>	0:18:52 <i>0:33:41</i>	0:25:37 <i>0:34:15</i>	0:26:32 <i>0:34:33</i>	0:33:25 <i>0:35:19</i>	2:14:37
Fergus, Dave	0:14:49 <i>0:34:52</i>	0:16:30 <i>0:34:56</i>	0:20:10 <i>0:36:01</i>	0:28:52 <i>0:38:36</i>	0:26:39 <i>0:34:42</i>	0:32:57 <i>0:34:50</i>	2:19:57
Pickens, Robert	0:15:15 <i>0:35:54</i>	0:16:17 <i>0:34:28</i>	0:30:08 <i>0:53:49</i>	0:27:40 <i>0:36:59</i>	0:26:31 <i>0:34:32</i>	0:32:51 <i>0:34:44</i>	2:28:42
Hiltner, Karl	0:21:57 <i>0:51:40</i>	0:23:34 <i>0:49:53</i>	0:27:36 <i>0:49:17</i>	0:38:58 <i>0:52:06</i>	0:39:11 <i>0:51:01</i>	0:50:08 <i>0:53:00</i>	3:21:24
Bang, Scott	0:00:00 <i>0:00:00</i>	0:16:14 <i>0:34:22</i>	0:21:17 <i>0:38:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:32:29 <i>0:34:20</i>	0:00:00
Camp, Jim	0:00:00 <i>0:00:00</i>	0:23:39 <i>0:50:04</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:41:12 <i>0:53:39</i>	0:52:28 <i>0:55:28</i>	0:00:00
Cornwell, Dwight	0:00:00 <i>0:00:00</i>	0:17:49 <i>0:37:43</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:49:12 <i>0:52:01</i>	0:00:00
Cyger, Mike	0:00:00 <i>0:00:00</i>	0:16:43 <i>0:35:23</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Hegglund, Mike	0:15:17 <i>0:35:58</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:27:29 <i>0:35:47</i>	0:00:00 <i>0:00:00</i>	0:00:00
Hiltner, Ruth	0:00:00 <i>0:00:00</i>	0:24:02 <i>0:50:52</i>	0:26:43 <i>0:47:43</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Hogue, Don	0:14:43 <i>0:34:38</i>	0:16:18 <i>0:34:30</i>	0:00:00 <i>0:00:00</i>	0:26:31 <i>0:35:27</i>	0:00:00 <i>0:00:00</i>	0:34:58 <i>0:36:58</i>	0:00:00
McSwain, Karen	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:37:41 <i>0:49:04</i>	0:00:00 <i>0:00:00</i>	0:00:00
Murray, Al	0:00:00 <i>0:00:00</i>	0:17:10 <i>0:36:20</i>	0:20:16 <i>0:36:11</i>	0:27:31 <i>0:36:47</i>	0:28:31 <i>0:37:08</i>	0:34:50 <i>0:36:49</i>	0:00:00
Nellis, Dave	0:00:00 <i>0:00:00</i>	0:17:20 <i>0:36:41</i>	0:20:42 <i>0:36:58</i>	0:25:48 <i>0:34:30</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Norcia, Mike	0:16:54 <i>0:39:47</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:29:37 <i>0:39:36</i>	0:31:25 <i>0:40:54</i>	0:00:00 <i>0:00:00</i>	0:00:00
O'Rourke, Tim	0:00:00 <i>0:00:00</i>	0:16:02 <i>0:33:56</i>	0:20:33 <i>0:36:42</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Piazza, Dave	0:00:00 <i>0:00:00</i>	0:16:50 <i>0:35:38</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:27:32 <i>0:35:51</i>	0:00:00 <i>0:00:00</i>	0:00:00
Rohrer, Jeff	0:00:00 <i>0:00:00</i>	0:17:13 <i>0:36:27</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:28:41 <i>0:37:21</i>	0:35:21 <i>0:37:22</i>	0:00:00
Seyoum, Abby	0:00:00 <i>0:00:00</i>	0:21:27 <i>0:45:24</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Tico, Eddie	0:17:02 <i>0:40:05</i>	0:17:10 <i>0:36:20</i>	0:20:56 <i>0:37:23</i>	0:28:34 <i>0:38:11</i>	0:32:38 <i>0:42:29</i>	0:00:00 <i>0:00:00</i>	0:00:00
Yang, Mike	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:23:11 <i>0:41:24</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
A Div.	DOUGLASS	VALLE VISTA	FARWELL	FARWEL HERR	TRIANGLE	SHORT SIX	TOTAL
Moon, Danny	0:16:21 <i>0:38:29</i>	0:17:36 <i>0:37:15</i>	0:21:22 <i>0:38:09</i>	0:28:38 <i>0:38:17</i>	0:29:19 <i>0:38:10</i>	0:36:16 <i>0:38:20</i>	2:29:32
Hayes, Todd	0:16:46 <i>0:39:28</i>	0:18:42 <i>0:39:35</i>	0:21:22 <i>0:38:09</i>	0:28:36 <i>0:38:14</i>	0:29:23 <i>0:38:16</i>	0:36:21 <i>0:38:25</i>	2:31:10
Mathias, Kristina	0:16:51 <i>0:39:40</i>	0:18:02 <i>0:38:10</i>	0:21:59 <i>0:39:15</i>	0:28:49 <i>0:38:31</i>	0:29:27 <i>0:38:21</i>	0:37:42 <i>0:39:51</i>	2:32:50
Menezes, Marlon	0:17:23 <i>0:40:55</i>	0:18:24 <i>0:38:57</i>	0:22:34 <i>0:40:18</i>	0:29:40 <i>0:39:40</i>	0:30:30 <i>0:39:43</i>	0:37:29 <i>0:39:37</i>	2:36:00
Gavin, Ed	0:17:39 <i>0:41:33</i>	0:19:45 <i>0:41:48</i>	0:22:23 <i>0:39:58</i>	0:30:04 <i>0:40:12</i>	0:30:23 <i>0:39:34</i>	0:37:47 <i>0:39:56</i>	2:38:01
Howe, Jim	0:17:50 <i>0:41:58</i>	0:19:56 <i>0:42:12</i>	0:24:05 <i>0:43:00</i>	0:31:05 <i>0:41:33</i>	0:32:14 <i>0:41:58</i>	0:42:08 <i>0:44:32</i>	2:47:18
Bordoni, Jim	0:16:16 <i>0:38:17</i>	0:00:00 <i>0:00:00</i>	0:20:58 <i>0:37:26</i>	0:28:08 <i>0:37:37</i>	0:00:00 <i>0:00:00</i>	0:36:03 <i>0:38:06</i>	0:00:00
Burke, Greg	0:15:46 <i>0:37:07</i>	0:17:43 <i>0:37:30</i>	0:21:08 <i>0:37:44</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Casillas, Jose	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:22:46 <i>0:40:39</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Johnston, Bill	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:39:23 <i>0:41:38</i>	0:00:00
Kananen, Rick	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:22:41 <i>0:40:30</i>	0:34:06 <i>0:45:35</i>	0:32:38 <i>0:42:29</i>	0:00:00 <i>0:00:00</i>	0:00:00
Kinsch, Russ	0:18:30 <i>0:43:33</i>	0:19:01 <i>0:40:15</i>	0:23:51 <i>0:42:35</i>	0:33:52 <i>0:45:17</i>	0:00:00 <i>0:00:00</i>	0:47:28 <i>0:50:11</i>	0:00:00
Kriege, Becki	0:00:00 <i>0:00:00</i>	0:18:01 <i>0:38:08</i>	0:21:37 <i>0:38:36</i>	0:28:53 <i>0:38:37</i>	0:30:03 <i>0:39:08</i>	0:36:09 <i>0:38:13</i>	0:00:00
Kurasch, Steve	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Lee, Jonathan	0:17:01 <i>0:40:03</i>	0:18:00 <i>0:38:06</i>	0:22:55 <i>0:40:55</i>	0:33:34 <i>0:44:53</i>	0:00:00 <i>0:00:00</i>	0:37:20 <i>0:39:28</i>	0:00:00
Lount, Tina	0:17:25 <i>0:41:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
McFeely, John	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Schonfeld, Brian	0:00:00 <i>0:00:00</i>	0:18:27 <i>0:39:03</i>	0:22:27 <i>0:40:05</i>	0:00:00 <i>0:00:00</i>	0:33:09 <i>0:43:10</i>	0:37:46 <i>0:39:55</i>	0:00:00
Rostege, Tim	0:17:04 <i>0:40:10</i>	0:18:32 <i>0:39:14</i>	0:00:00 <i>0:00:00</i>	0:29:13 <i>0:39:04</i>	0:31:02 <i>0:40:24</i>	0:36:48 <i>0:38:54</i>	0:00:00

B Div	DOUGLASS	VALLE VISTA	FARWELL	FARWEL HERR	TRIANGLE	SHORT SIX	TOTAL
Chimenti,Dick	0:16:39 0:39:11	0:17:44 0:37:32	0:21:44 0:38:49	0:30:17 0:40:29	0:29:12 0:38:01	0:35:56 0:37:59	2:31:32
Hurtado,Joe	0:17:02 0:40:05	0:18:54 0:40:00	0:23:15 0:41:31	0:29:39 0:39:38	0:30:33 0:39:47	0:38:26 0:40:38	2:37:49
Warfel,Tom	0:17:42 0:41:40	0:18:42 0:39:35	0:22:34 0:40:18	0:30:48 0:41:11	0:30:58 0:40:19	0:39:36 0:41:52	2:40:20
Francis,Sue	0:17:29 0:41:09	0:19:18 0:40:51	0:23:39 0:42:14	0:30:20 0:40:33	0:30:46 0:40:04	0:39:36 0:41:52	2:41:08
Frazier,Tom	0:17:15 0:40:36	0:19:10 0:40:34	0:24:32 0:43:49	0:30:37 0:40:56	0:32:33 0:42:23	0:39:05 0:41:19	2:43:12
Baumgartner,Cecil	0:17:15 0:40:36	0:19:14 0:40:43	0:25:13 0:45:02	0:30:11 0:40:21	0:31:46 0:41:22	0:40:42 0:43:01	2:44:21
Norlander,Dave	0:18:56 0:44:34	0:19:47 0:41:53	0:24:14 0:43:16	0:32:14 0:43:06	0:33:48 0:44:01	0:40:32 0:42:51	2:49:31
Myers,Jim	0:18:43 0:44:03	0:20:46 0:43:58	0:24:36 0:43:56	0:32:56 0:44:02	0:34:00 0:44:16	0:41:12 0:43:33	2:52:13
Richard,Marian	0:18:27 0:43:25	0:20:11 0:42:43	0:28:01 0:50:02	0:32:52 0:43:56	0:33:36 0:43:45	0:39:51 0:42:07	2:52:58
Bordoni,Matt	0:18:19 0:43:07	0:19:14 0:40:43	0:23:59 0:42:50	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Dahlkoetter,Joann	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:39:03 0:41:17	0:00:00
MacKinlay,Rod	0:17:22 0:40:53	0:00:00 0:00:00	0:23:48 0:42:30	0:31:22 0:41:56	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Meinhardt,Bill	0:17:17 0:40:41	0:00:00 0:00:00	0:23:03 0:41:10	0:00:00 0:00:00	0:31:50 0:41:27	0:00:00 0:00:00	0:00:00
Morrison,Al	0:17:10 0:40:24	0:00:00 0:00:00	0:22:37 0:40:23	0:29:37 0:39:36	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Poole, Ralph	0:00:00 0:00:00	0:19:07 0:40:28	0:23:49 0:42:32	0:00:00 0:00:00	0:00:00 0:00:00	0:46:12 0:48:50	0:00:00
Purdy,Terry	0:17:58 0:42:17	0:19:46 0:41:50	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Saucedo, Norm	0:00:00 0:00:00	0:19:13 0:40:41	0:00:00 0:00:00	0:00:00 0:00:00	0:32:37 0:42:28	0:39:43 0:41:59	0:00:00
Stillier,Rich	0:18:03 0:42:29	0:19:56 0:42:12	0:27:58 0:49:56	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Vidovich,Mary	0:17:36 0:41:25	0:19:19 0:40:53	0:23:15 0:41:31	0:31:45 0:42:27	0:00:00 0:00:00	0:38:48 0:41:01	0:00:00
White,Jake	0:17:55 0:42:10	0:19:54 0:42:07	0:00:00 0:00:00	0:31:19 0:41:52	0:32:45 0:42:39	0:00:00 0:00:00	0:00:00
<b>C Div.</b>							
Shuck,Bob	0:18:12 0:42:50	0:19:10 0:40:34	0:23:16 0:41:33	0:31:10 0:41:40	0:31:41 0:41:15	0:39:40 0:41:56	2:43:09
Misner,Karl	0:18:03 0:42:29	0:19:47 0:41:53	0:23:39 0:42:14	0:31:56 0:42:41	0:31:43 0:41:18	0:39:31 0:41:46	2:44:39
Noel,Ken	0:17:56 0:42:13	0:20:09 0:42:39	0:24:22 0:43:31	0:32:31 0:43:28	0:32:43 0:42:36	0:41:43 0:44:06	2:49:24
VanZant,Walt	0:18:22 0:43:14	0:20:35 0:43:34	0:24:21 0:43:29	0:32:46 0:43:48	0:33:52 0:44:06	0:41:19 0:43:41	2:51:15
Riley,Tim	0:18:15 0:42:57	0:20:06 0:42:33	0:24:42 0:44:06	0:33:42 0:45:03	0:34:53 0:45:25	0:40:42 0:43:01	2:52:20
Erno,Kelly	0:20:03 0:47:11	0:20:02 0:42:24	0:24:17 0:43:22	0:34:58 0:46:45	0:33:26 0:43:32	0:40:41 0:43:00	2:53:27
McCormick,Jutta	0:20:34 0:48:24	0:22:28 0:47:33	0:26:37 0:47:32	0:36:36 0:48:56	0:36:32 0:47:34	0:45:44 0:48:21	3:08:31
Antonides,Gene	0:00:00 0:00:00	0:20:33 0:43:30	0:23:45 0:42:25	0:31:41 0:42:21	0:32:33 0:42:23	0:41:46 0:44:09	0:00:00
Bordoni, Mike	0:19:39 0:46:15	0:20:38 0:43:41	0:25:45 0:45:59	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Carter,Marion	0:00:00 0:00:00	0:21:56 0:46:26	0:28:11 0:50:20	0:00:00 0:00:00	0:36:02 0:46:55	0:47:47 0:50:31	0:00:00
Duston,Dan	0:00:00 0:00:00	0:21:04 0:44:36	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Flodberg,Bill	0:00:00 0:00:00	0:20:27 0:43:17	0:24:55 0:44:30	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Garcia,Vicki	0:00:00 0:00:00	0:22:29 0:47:36	0:28:40 0:51:11	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Goldberg,Dave	0:19:36 0:46:08	0:23:50 0:50:27	0:26:39 0:47:35	0:35:24 0:47:20	0:36:22 0:47:21	0:00:00 0:00:00	0:00:00
Jernigan,Cedrick	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:47:29 0:50:12	0:00:00
Low,Brian	0:00:00 0:00:00	0:00:00 0:00:00	0:25:07 0:44:51	0:00:00 0:00:00	0:35:37 0:46:23	0:44:15 0:46:47	0:00:00
Packwood,Don	0:21:19 0:50:10	0:21:13 0:44:55	0:26:28 0:47:16	0:36:23 0:48:38	0:00:00 0:00:00	0:47:27 0:50:10	0:00:00
<b>D Div.</b>							
Collins,Rich	0:20:23 0:47:59	0:21:53 0:46:19	0:26:56 0:48:06	0:36:54 0:49:20	0:36:59 0:48:09	0:45:25 0:48:01	3:08:30
Ettare,Antonina	0:20:18 0:47:47	0:22:08 0:46:51	0:27:03 0:48:18	0:38:11 0:51:03	0:36:12 0:47:08	0:46:17 0:48:56	3:10:09
Napier,Ken	0:20:26 0:48:06	0:22:09 0:46:53	0:27:17 0:48:43	0:36:09 0:48:20	0:36:33 0:47:35	0:48:30 0:51:16	3:11:04
McCarten, Dave	0:20:15 0:47:40	0:22:26 0:47:29	0:28:55 0:51:38	0:36:23 0:48:38	0:37:46 0:49:11	0:46:01 0:48:39	3:11:46
Moon,Madelyn	0:22:42 0:53:26	0:24:41 0:52:15	0:31:38 0:56:29	0:41:08 0:54:59	0:40:50 0:53:10	0:51:23 0:54:19	3:32:22
Beatty,Pauline	0:00:00 0:00:00	0:22:14 0:47:04	0:27:54 0:49:49	0:34:27 0:46:03	0:38:58 0:50:44	0:46:34 0:49:13	0:00:00
Bronson,John	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:38:29 0:51:27	0:36:12 0:47:08	0:00:00 0:00:00	0:00:00
Carpenter,Sandy	0:19:33 0:46:01	0:00:00 0:00:00	0:25:41 0:45:52	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Norlander,Becky	0:00:00 0:00:00	0:21:50 0:46:13	0:00:00 0:00:00	0:00:00 0:00:00	0:38:08 0:49:39	0:00:00 0:00:00	0:00:00
Riley,Georgia	0:20:52 0:49:07	0:22:59 0:48:39	0:27:03 0:48:18	0:36:21 0:48:36	0:00:00 0:00:00	0:49:05 0:51:53	0:00:00
Sarosiek,Ana	0:00:00 0:00:00	0:00:00 0:00:00	0:26:31 0:47:21	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Stewart, Ray	0:00:00 0:00:00	0:21:49 0:46:11	0:27:57 0:49:55	0:00:00 0:00:00	0:00:00 0:00:00	0:44:22 0:46:54	0:00:00
Valles,Dave	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:36:10 0:47:06	0:49:36 0:52:26	0:00:00
<b>E Div.</b>							
Erickson,Elaine	0:19:43 0:46:24	0:21:52 0:46:17	0:28:06 0:50:11	0:37:29 0:50:07	0:35:56 0:46:47	0:44:00 0:46:31	3:07:06
Hallen,Chris	0:22:17 0:52:27	0:23:15 0:49:13	0:27:37 0:49:19	0:36:37 0:48:57	0:37:53 0:49:20	0:46:47 0:49:27	3:14:26
Root,Betty	0:22:45 0:53:33	0:24:44 0:52:21	0:29:43 0:53:04	0:39:45 0:53:09	0:40:00 0:52:05	0:50:16 0:53:08	3:27:13
Douglas,Glen	0:21:50 0:51:23	0:24:32 0:51:56	0:30:48 0:55:00	0:40:04 0:53:34	0:40:18 0:52:28	0:50:22 0:53:15	3:27:54
Bivens,Karin	0:00:00 0:00:00	0:00:00 0:00:00	0:35:32 1:03:27	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Brookman,Art	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
DeMartinis,Stan	0:00:00 0:00:00	0:25:39 0:54:18	0:32:32 0:58:06	0:43:35 0:58:16	0:42:55 0:55:53	0:53:24 0:56:27	0:00:00
Hurtado,Ruby	0:25:41 1:00:27	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:42:13 0:54:58	0:00:00 0:00:00	0:00:00
Kinsch,Terri	0:23:22 0:55:00	0:25:43 0:54:26	0:31:04 0:55:29	0:40:16 0:53:50	0:00:00 0:00:00	0:50:10 0:53:02	0:00:00
MacKinlay, Helen	0:00:00 0:00:00	0:00:00 0:00:00	0:33:04 0:59:03	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00
Morris,Ray	0:00:00 0:00:00	0:26:52 0:56:52	0:00:00 0:00:00	0:00:00 0:00:00	0:45:28 0:59:12	0:00:00 0:00:00	0:00:00
Morrison,Marcia	0:00:00 0:00:00	0:25:15 0:53:27	0:30:02 0:53:38	0:39:54 0:53:21	0:41:16 0:53:44	0:54:03 0:57:08	0:00:00
Nerio,Edna	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:54:18 0:57:24	0:00:00
Powers,Howard	0:24:01 0:56:32	0:00:00 0:00:00	0:00:00 0:00:00	0:00:00 0:00:00	0:42:47 0:55:42	0:00:00 0:00:00	0:00:00
Voss,Grace	0:23:21 0:54:57	0:00:00 0:00:00	0:31:47 0:56:45	0:39:54 0:53:21	0:00:00 0:00:00	0:51:43 0:54:40	0:00:00
Williams,Walter	0:24:28 0:57:35	0:29:55 1:03:20	0:32:08 0:57:23	0:48:09 1:04:22	0:44:48 0:58:20	0:00:00 0:00:00	0:00:00