



Basic description (from the race director):

Start at Paul Goode field. Run west across the field and then head east up a sandhill toward Lover's Lane. Take a right near the top of the hill toward Pacific Avenue. Run west on the trail along Pacific Avenue before taking a right at a gate entrance. Follow the trail down until the end and return the same way to Paul Goode field. Upon returning to Paul Goode field, run clockwise along the perimeter to the finish.

From Jeff:

This is much like the regular course as it starts and finishes the same way. The course runs the same until the about where I have placed the red arrow. At that point (or perhaps before the clump of trees I have placed the arrow after) we would normally turn left and continue going uphill. This year we head down hill until the turnaround. It is steep and fast which of course means it will be steep and slow coming back (you can see it is a near 300 foot elevation gain in less than a mile). When we get back to Pacific Ave we will finish like we have in the past.