

The race starts in a rough surface full of cut weeds and after no more than 100 meters heads uphill on a dirt road to the rim of the former quarry. After running along the rim for a short time you head down a hill into the quarry and turn right. For the rest of the first mile you run on this side of the quarry on a serpentine trail where at one point you loop back and can see the runners behind you. At times the trail can be a bit rough, especially one section just past the mile mark. Just past that you return to the main road and go right. You are now heading to the opposite side of the quarry rim and you go up the steep hill and go right at the top. At this point there is a short section of two-way traffic (unless you are in the lead few runners) until you go right to run what is essentially a tiny loop (like if you were running along the outside of the eye of a needle). After running the loop you pass where you came up and now run the other side of this part of the rim. This side has a serpentine pattern during which you pass the 2 mile mark. Shortly after you head back to the main road heading in the opposite direction than what you were previously running. You are heading back on a flat relatively smooth road toward the hill you came down when you entered the quarry. Before you get to that hill you go right and head clockwise around the bottom of the quarry. This section (next mile and a quarter) rolls a bit and about 100 meters after you make the right you join the trail you will be coming back on so those in the back will experience 2-way traffic. Another 100 meters and you pass the 3 mile mark. You now run perhaps as far as a half mile until you do a hairpin turn and head back eventually passing the trail you entered on and shortly after that coming to the 4 mile mark. Here you go right and go up the hill you came down to enter the quarry. You run up the hill, run along the rim, and down another 10th of a mile to the finish line that is on one side of the field you started in to complete the 7K course.



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Storin Perkins Rd

300 yds

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