



# WVJS



## VOL XXIX-#1 WEST VALLEY JOGGERS & STRIDERS FEBRUARY 1999

### Saturday Workouts

03/06/99 Douglas/Saratoga/Fruitvale (2.75 miles)	05/01/99 Valle Vista (3.0 Miles)
03/13/99 Farwell/Herriman(4.68 miles)	05/08/99 Triangle Run (4.76 Miles)
03/20/99 18 x 0.33-Mile Tennis Court Loops	05/15/99 16 x 300 Relay
03/27/99 16 x 400 Relay	05/22/99 Douglas/Saratoga/Fruitvale (2.75 miles)
04/03/99 Farwell - 3.54 Miles	05/29/99 Farwell/Herriman(4.68 miles)
04/10/99 Short Six - 5.74 Miles	06/05/99 Step-up & Step-down Relay
04/17/99 36 x 200 Relay	06/12/99 One Mile on the track
04/24/99 12 x 600 Relay	06/19/99 8 x 0.66-Mile Tennis Court Loops

The 3-mile warm-up starts at 7:30 AM, and the event starts a little after 8 AM. We meet at the top of the West Valley track.

### Upcoming Races

#### PA-USATF Championships

03/21/99	Fifty Plus 8K
03/28/99	Houlihan's 12K-1.0
04/25/99	Big Sur 5K-1.0
06/06/99	Reno Air 15K-1.0
06/26/99	Capital Challenge 8K-1.0
03/21/99	Fifty Plus 8K-1.0
08/01/99	Alameda 10K-1.0
08/15/99	Fleet Feet Cap. Mile-1.0
09/06/99	Pacific Sun 10K-1.0
10/17/99	Humboldt Half Mar-1.5
11/14/99	Clarksburg 30 K-2.0
12/12/99	Lake Merced Relays-2.0

#### Racer of the Year

Fastest Farwell Time	
Cumulative Saturday Races	
Fastest Marathon	
Fastest of 2 5Ks on the track	
Fastest of 2 One-Miles on the track	
03/21/99	Fifty Plus 8K
03/28/99	Houlihan's 12K
04/25/99	Big Sur 5K
06/06/99	Reno air 15K
06/20/99	Holy city Race
08/01/99	Alameda 10K
08/15/99	Fleet Feet Mile
10/17/99	Humboldt Half Mar
10/30/99	Hollister Mile

#### Other Popular Races

03/07/99	Napa Marathon
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### Wednesday Night Workouts

We run Wednesday night workouts on the WVC track at 5:15 PM. We run intervals with 50% rest, rotating weekly through 12 x 400, 6 x 800, 4 x 1200, and 3 x 1600s. We have now added 200s to the cycle. When we run the 200s, we run continuously while alternating between fast and slow 200s

### Sunday Runs

A group leaves from WVC parking area at 7:00 AM. They run 10-20 miles at 6:30-8:00 pace.

### PA/USATF Grand Prix

#### Grand Prix General

This year we fielded teams in 8 of the 9 divisions that had competition. We got four first place finishes, two seconds, and two fourths.

#### Open Men

Our open men finished 4th out of the 16 clubs that fielded teams in this division. We fielded teams in 9 of the 11 races. Scott Bang was our team captain.

19 different runners scored for us in these races. The top participators were Scott Bang (6 races), Rick Reitz (5 races), Jeff Rohrer (5 races), and Robert Pickens (4 races).

Jose Palalia was our top star as he finished 6th in the long-distance portion of the grand prix based upon his #1 P/A finish at the 30K and 2nd place finish at the marathon.

Hector Delgado won the Pacific Sun grand prix race.

#### Open Women

Our open women finished 4th out of 8 clubs that fielded teams in this division. We fielded teams in 9 of the 11 races.

Becki Kriege was our team captain.

12 different runners scored for us in these races. The top participators were Marian Richard (9 races), Becki Kriege (7 races), Kristina Mathias (6 races), Kelly Emo (5 races), and Tina Lount (5 races).

Becki and Kristina were our top stars as they finished 5th and 7th in the short-distance portion of the grand prix.

### **40+ Men**

Our 40+ men broke the 5-year winning streak of Excelsior with a narrow win over them. They needed to win the final race of the year - the Cal International - and they did.

Todd Hayes was our team captain.

13 different runners scored for us in these races. The top participators were Tim O'Rourke and Brian Davis, who ran in all of the races. Other top participators were Bob Ebert (6 races), Dave Fergus (6 races), Al Murray (4 races), and Charles Lighty (4 races).

Tim O'Rourke, Brian Davis, and Bob Ebert finished in the top 10 (82 scored in this division). Tim finished 2nd. Brian finished 4th. And, Bob finished 7th.

### **40+ Women**

Our 40+ women finished second for the second year in a row.

Sue Francis was our team captain.

9 different runners scored for us in these races. The top participators were Sue Francis (9 races), Joan Dahlkoetter (8 races), Karen Steele (7 races), and Elaine Erickson (3 races).

Karen Steele, Sue Francis, and Joann finished in the top 10 (75 scored in this division). Karen finished 4th. Sue finished 5th. Joann finished 8th. Linda Kidd scored enough points in the last two races to finish 16th.

### **50+ Men**

Our 50+ men finished first for the 6th year in a row. As was the case with the 40+ men, they had to win the last race of the year in order to win the overall title and they did.

Dick Chimenti was our team captain.

16 different runners scored for us on either our #1 or #2 teams. The top participators were Bill Dunn and Jim Reitz, who ran in all 11 races. Joe Hurtado scored in 8 races and Dwight Cornwell scored in 6 races.

Bill Dunn, Jim Reitz, Dwight Cornwell, and Joe Hurtado finished in the top 11 (69 scored in this division). Bill finished 3rd. Jim finished 4th. Dwight finished 7th. And, Joe finished 11th. David Furst and Dick Chimenti finished 16th and 23rd.

This is the fifth year in a row that Jim Reitz ran in all of the grand prix races. He finished first overall in 1994 and has two seconds and two thirds to go with his fourth place finish this year.

### **50+ Women**

Our 50+ women finished first for the first time ever.

Georgia Riley was our team captain.

8 different runners scored for us in these races. Our top participators were Georgia Riley, who ran in all 11 races, Karen Bivens (10 races), Betty Root (4 races), and Marcia Morrison (4 races).

Our stars were Georgia Riley, who finished 4th, Karin Bivens, who finished 9th, and Kathy Frank, who finished 13th. Marcia Morrison finished 17th.

### **60+ Men**

Our 60+ team finished second.

Stan DeMartinis was our team captain.

11 different runners scored for us in these races. Our top participators were Gene Antonides (8 races), Ken Noel (5 races), Karl Misner (4 races), Ed Reyna (3 races), Stan DeMartinis (3 races), and Bill Flodberg (3 races).

Our stars were Gene Antonides, who finished 6th, and Karl Misner, who finished 7th. Ken Noel and Bill Flodberg tied for 12th.

### **70+ Men**

Our 70+ team won for the fourth year in a row.

Stan DeMartinis was our team captain.

5 different runners scored for us in these races. These included Stan DeMartinis (4 races), Boyce Jacques (3 races), Jack Friedlander (2 races), Ray Morris (2 races), and Ray Stewart (1 race).

Ancient Stan DeMartinis finished first for the 4th time in 5 years. Stan finished 2nd to Dave Valles of our club in the only year that he lost. Boyce Jacques finished 2nd, Ray Stewart 7th, and Jack Friedlander 8th.

## **Saturday Workouts**

This could probably be considered the most important function of the club.

During 1998, we had 32 individual and 21 relay races on Saturday.

Ray Russell was again our star with 13 victories out of the 32 individual races. Dave Fergus and Robert Pickens were next at 4 wins each.

Chris Hallen was our PR (personal record) leader with 8. Scott Bang had 4 and ex-member Mary Vidovich had 4. Even Gene Antonides, at the advanced age of 62 and with several years of running Saturday workouts under his belt, ran 3 PRs.

There were probably many PWs but no runners would fess up to these crimes. A PW is a personal worse on a course while trying hard and while not coming back from an injury or an illness.

As far as I know, there were only two DNF-s at the Saturday workouts -- Walter Williams and Madelyn Moon. Madelyn had a slight excuse in that she tripped and fell hard and had to be driven back to the finish.

During the last event of the year, a woman won an individual race on Saturday for only the third time in the history of the club. Previous winners were Carol Stroud and Christine Kennedy. This time it was Becki. As was the case in the past, all male runners in her race were banned from associating with other club members for 30 days.

### Other Notable Events

Winning a road race outright is a significant achievement. During 1998, the following runners won road races outright.

Rick Reitz won the Almond Blossom 8K in February.

David Furst won the Hernia Hill 10K in July.

Scott Bang won the Lockheed 5K in September and the Santa Cruz 5K in November.

Brad Holbrook won the Hollister mile in October.

Bob Pickens won the Newark 2.5-miler in October.

Bob Ebert won the Holy City race in June for the 6th time in 8 years.

race, in September with a time of 29:57. He later reduced his 10K PR to 29:33.

Karen Steele was the first woman finisher at the Almond Blossom 8K in February.

Sue Francis was the first woman finisher at the Baylands 5K in August.

Kristina Mathias was the first woman finisher at the Holy City Race in June and the Moonlight Run 5K in August.

Jose Palalia broke the club marathon record at the Silicon Valley marathon in October with a time of 2:20:30.

Karl Hiltner won our annual handicap race in September.

Don Packwood had a high finish in the prestigious Newark 2.5-miler in May.

Marion Carter got famous in April for having a crying jag on Boston TV regarding his racing in the Boston Marathon.

Danny Moon broke the 5-minute mile for the 18th year in a row.

Our 60+ team of Ken Noel, Norm Saucedo, Gene Antonides, and Karl Misner broke the world record for the distance medley relay in August. This relay consists of a one-lapper, a two-lapper, a three-lapper, and a four-lapper. One of the best performers in that relay was Gene with a 3:56 for his 3-lapper run.

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### 1999 PA/USATF Grand Prix

The 1999 grand prix season has already started with the Cal 10 ace on 1/10/99. The next three races are the Stanford 8K (all age divisions will compete in this race) on 3/21, Houlihan's on 3/28, and the Big Sur 5K on 4/25. Please let your team captains know which races that you will be competing in. We can use as many runners in the grand prix races as we desire. Thus, if you are concerned that you might hurt our team because you are too slow, you definitely will not. If it turns out that you are not good enough on the day of the race, you just won't be one of our scorers. However, it may turn out that you are good enough to be a scorer. Further, we need extra runners at each race. If one of our potential scorers drops out of a race due to an injury or doesn't show because of illness and we do not have back-up runners in the race, we will have an incomplete team and will

score no points. Scoring no points in a race virtually eliminates any chance of winning the overall title for the year.

The team captains for 1999 are:

Open Men - Scott Bang (378-1292)

Open Women - Becki Kriege (257-9056)

40+ Men - Todd Hayes (238-2053)

40+ Women - Antonina Ettare (279-6034)

Sue Francis (255-8812)

50+ Men - Dick Chimenti (247-5650)

50+ Women - Betty Root (559-0910)

60+ Men - Stan DeMartinis (867-7013)

70+ Men - Stan DeMartinis (867-7013)

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### Miscellaneous Drivel

The parking fee at West Valley College is \$2 per day every day of the week from 7AM to 10PM. The Fall and Spring parking fees are \$25 each. The summer fee is \$15. The fine for parking without a permit is \$25.

Remember to let Walt VanZant know as soon as possible on Saturday mornings whether or not you are going to run in the scheduled relay (when we have a relay). He skips the warm up so that he can do a better job of putting balanced teams together and getting the relay started as

soon as possible. If you wait until you get back from the warm up and sometimes even later, it is difficult to properly place you.

Has anyone noticed that **Danny Moon** appears to have come down with a case of Jakeitis (sudden drop off in running performance). He also appears to have gained 10 pounds.

Recently, we were comparing who was president when various club members graduated from high school. **Stan DeMartinis** said that Roosevelt was president when he graduated but didn't specify whether it was Teddy or Franklin.

**Gene Antonides**, after living in Saratoga for many years, has moved to Roseville. He will still continue to run for the club. Gene says that if any family club members are driving to Reno or North Lake Tahoe, feel free to drop off the kids (especially very young ones) at his place for the weekend.

Several days after **Karl Misner** won the 60+ division at the Great Race, he tripped on a morning run and fell down and banged his chin in the process. Due to the spasms that followed the fall, he had an MRI done on his brain and it was discovered that he had tumors in his brain. The doctors will soon check to determine whether they are malignant.

**Jon Dugdale** had surgery to repair his achilles tendon in January. He hopes to be back in top form within a year.

Sadly, **Dave and Vicki Garcia** will be moving to Colorado in June.

**Dave Norlander** turned 60 on 3/1/99 and is anxious to race as he has been running very well lately.

**Norm Saucedo** underwent foot surgery for the second time in recent months to remove glass imbedded in his foot since childhood. His doctor was shocked when Norm served him with a subpoena upon completion of the surgery for not getting all of the glass during the first operation.

Listed on the last six pages of the club bulletin are the all-time top 20 performances by age group for each of our six Saturday courses and the all-time club marathon list. The marathon list just includes times run while a runner was a member of the club.

As most of you know we have a club web page. If you haven't checked it out, take a look. **The address has changed recently:**

<http://home.earthlink.net/~jtwhalen/wvjs.html>

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### **Annual Club Dues**

The annual club dues of \$15 per person or \$20 per family are now due.

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## 1998 WVJS RACER OF THE YEAR CONTEST

Placings in this contest are based upon your best 8 performances in 17 designated events. The top finisher in each division for each event receives 25 points, the second finisher receives 24 points, etc. Since you can only use your best 8 performances, the maximum score is 200 points (8 x 25). The final results for 1998 for runners who competed in four events or more were as follows:

<u>Elite Division</u>			<u>B Division</u>			<u>D Division</u>		
Ray Russell (8)	199	Gold	Dick Chimenti (8)	200	Gold	Georgia Riley (8)	196	Gold
Tim O'Rourke (8)	198	Gold	Joe Hurtado (8)	196	Gold	Pauline Beatty (8)	191	Silver
Robert Pickens (8)	187	Silver	Sue Francis (8)	181	Silver	Ken Napier (8)	182	Bronze
Dave Fergus (8)	178	Silver	Cecil Baumgartner (8)	179	Silver	Dave McCarten (7)	149	
Scott Bang (8)	172	Bronze	Joann Dahlkoetter (8)	174	Bronze	Antonina Ettare (6)	143	
Al Murray (8)	170	Bronze	Marian Richard (8)	171	Bronze	Madelyn Moon (5)	99	
Jeff Rohrer (8)	161	Bronze	Tom Warfel (5)	115		Rich Collins (4)	95	
Dwight Cornwell (5)	99		Dave Norlander (6)	103				
Don Hogue (4)	89		Tom Frazier (4)	79		<u>E Division</u>		
Karl Hiltner (4)	81		Jim Myers (4)	66		Chris Hallen (8)	198	Gold
Ruth Hiltner (4)	67		<u>C Division</u>			Stan DeMartinis (8)	187	Silver
			Bob Shuck (8)	199	Gold	Karin Bivens (8)	183	Bronze
			Gene Antonides (8)	193	Gold	Betty Root (8)	182	Bronze
			Kelly Emo (8)	192	Gold	Elaine Erickson (6)	148	
			Karl Misner (8)	191	Gold	Marcia Morrison (5)	115	
			Tim Riley (8)	182	Silver	Terri Kinsch (4)	88	
			Ken Noel (8)	179	Bronze			
			Walt Van Zant (8)	178	Bronze			
			Bill Flodberg (5)	100				
			Marion Carter (5)	93				
			Vicki Garcia (4)	73				

## Runner of the Year Contest

Contest points are earned by giving each runner one point for every mile run during the year plus 20 points for each Saturday workout attended. Scoring 4,000 points wins a gold award, those scoring 3,000+ win a silver award, and those scoring 2,000+ earn a bronze award. The award winners for 1998 are:

<u>Gold Winners</u>											
	<u>Miles</u>	<u>Sat.Pt</u>	<u>Total</u>								
Joe Hurtado	3072	940	4012	Tim Riley	1862	800	2662	Stan DeMartinis	1057	960	2017
				Dick Chimenti	1702	840	2542	Todd Hayes	1268	740	2008
				Georgia Riley	1537	860	2397	Bob Pickens	1502	500	2002
				Kelly Emo	1620	740	2360	<u>Others</u>			
				Jutta McCormick	1451	880	2331	Danny Moon	1072	780	1852
				Russ Kinsch	1363	880	2243	Ken Napier	992	780	1772
				Jim Myers	1491	740	2231	Madelyn Moon	845	600	1445
				Dave Norlander	1204	940	2144	Dave McCarten	820	600	1420
				Scott Bang	1764	340	2104				
				Gene Antonides	1360	700	2060				

The previous winners have been:

1978	Phil Sanfillipo	4865	1982	Ted Pawlak	6405	1986	Bob Herndon	4303
1979	Phil Sanfillipo	5022	1983	Mike Hicks	5355	1987	Don Dugdale	4341
1980	Phil Sanfillipo	5659	1984	Don Dugdale	5004	1988	Frank Ruona	4032
1981	Ted Pawlak	7103	1985	Don Dugdale	4084	1989	Jake White	3841



1990	Tom Warfel	4231	1993	Tim Rostege	3928	1996	Tom Warfel	3961
1991	Tom Warfel	4118	1994	Joe Hurtado	4037	1997	Tom Warfel	4089
1992	Jim Whalen	3603	1995	Tom Warfel	4113	1998	Joe Hurtado	4012

## SATURDAY WORKOUT RESULTS

### 11/21/98 - Valle Vista - 3.0 Miles

1	Jose Palalia	15:49*
<b>2</b>	<b>Scott Bang</b>	<b>16:08 PR*</b>
3	Jim Angelopoulos	16:13
4	Danny Moon	18:03
5	Jose Casillas	18:33
6	Becki Kriege	18:52
7	Brian Schonfeld	18:53*
8	Joe Hurtado	18:56*
9	Ed Gavin	19:08*
10	Tom Warfel	19:12
11	Rich Stiller	19:29
12	Lucas Castillo	19:36
13	Jake White	19:48
14	Dave Norlander	19:58*
15	Rod MacKinlay	20:15
16	Walt VanZant	20:48
17	Rich Hahn	21:01
18	Karl Misner	21:01
19	Russ Kinsch	21:32
20	Kelly Emo	22:12*
21	Elaine Erickson	22:15*
22	Dave Goldberg	23:32
23	Rich Collins	24:49
24	Dave Garcia	24:50
25	Karl Hiltner	25:03*
26	Terri Kinsch	25:14
27	Betty Root	25:37
28	Marcia Morrison	27:41*
29	Stan DeMartinis	28:03*

Phantom Dick Barrett Trophy Winner - Rod MacKinlay

We had excellent weather conditions for racing this morning - cool and no wind. The top three finishers left the field immediately as they raced up the hill. Once Jose was sure of the course, he left his two fellow runners and cruised to the win in 15:49. Becki, who had not run in over a week because of a cortisone injection in her hip, led the ladies with a respectable 18:52. Rod MacKinlay won the phantom trophy because he was Mr. mediocre (he finished exactly in the middle of the field). All marked with an asterisk ran the Clarksburg 30K six days ago. Some runners not marked with an asterisk ran as if they had run the 30K.

### 11/28/98 - Triangle Run - 4.76 Miles

1	Ray Russell	28:23
<b>1</b>	<b>Tim O'Rourke</b>	<b>28:23 PR</b>
3	Frank Ruona	28:48
4	Becki Kriege	28:57
5	Danny Moon	29:18
6	Dick Chimenti	29:40
7	Joe Hurtado	31:06
8	Tom Warfel	31:18
9	Todd Hayes	31:44
10	Ralph Poole	31:45
11	Rick Kananen	32:12
12	Jake White	32:25
13	Dave Norlander	32:26
14	Bob Shuck	32:42
15	Kelly Emo	33:00
16	Ken Noel	33:08
17	Bob Pickens	33:12
18	Neal Chappell	33:13
19	Russ Kinsch	33:15
20	Rich Hahn	33:36
21	Tim Riley	33:42
22	Kristina Mathias	34:02
22	Marian Richard	34:02
24	Brian Low	34:19
25	Bill Flodberg	34:52
26	Walt VanZant	34:59
27	Jim Myers	35:18
28	Jutta McCormick	36:32
29	Tom Frazier	36:41
30	Elaine Erickson	36:48
31	Ken Napier	36:58
32	Dave McCarten	37:22
33	Dave Goldberg	37:44
34	Pauline Beatty	37:54
35	Georgia Riley	38:09
36	Karl Hiltner	41:59
37	Betty Root	42:57
38	Stan DeMartinis	43:16
39	Walter Williams	45:40

Dick Barrett Trophy Winner - Ralph Poole

40+ runners Ray Russell and Tim O'Rourke cruised to any easy win this morning. Visting 50+ runner Frank Ruona finished 3rd. Becki Kriege ran her fastest time on this course since she ran

28:43 in May 1992 to lead the ladies. Ralph Poole recorded the #4 60+ time to lead the 60+ runners. Newly-turned 60+ runner Bob Shuck recorded the #8 60+ time. Jutta McCormick led the 50+ ladies and Elaine Erickson led the 40+ ladies. Jake White improved his 55+ time by 20 seconds. Neal Chappell, who will turn 60 in May, was running well and staying with Dick Chimenti until he pulled his hamstring muscle.

### 12/5/98 - 12 x 600 Relay

1	Poole/Norlander	3:00	29:01
2	Garcia/Noel	3:00	29:13
3	Goldberg/Emo	2:00	29:51
4	McCormick/Napier	1:30	30:47
5	Menezes/R.Kinsch	5:00	30:52
6	Saucedo/Ettare	-0-	30:57
7	Russell/D.Moon	7:30	30:59
8	Frazier/Myers	4:00	31:10
9	Chimenti/Hayes	6:00	31:23

Phantom Dick Barrett Trophy Winner - Saucedo and Ettare

This was a cold morning but 18 hardy souls (or is it 36 soles) gave this relay a try. The phantom trophy was given to Norm and Antonina because this was Norm's first run in two months (He had foot surgery). Antonina carried the team but Norm gave it a good effort.

### 12/12/98 - Dou/Sara/Frtvle - 2.75 Miles

<b>1</b>	<b>Scott Bang</b>	<b>14:49 PR</b>
2	Bob Pickens	15:34
3	Eddie Tico	16:18
<b>4</b>	<b>Marlon Menezes</b>	<b>16:28 PR</b>
5	Dick Chimenti	16:55
6	Bill Meinhardt	17:14
7	Joe Hurtado	17:16
8	Becki Kriege	17:38
9	Dave Norlander	17:47
10	Kristina Mathias	17:49
11	Rod MacKinlay	18:22
12	Karl Misner	18:39
13	Rich Hahn	18:53
14	Ken Noel	18:54

15	Walt Van Zant	19:13
16	Dave Goldberg	21:20
17	Rich Collins	21:30
18	Jutta McCormick	21:51
18	Jim Myers	21:51
20	Dave Fergus	22:00
20	Tim O'Rourke	22:00
22	Ray Russell	22:03
23	Karl Hiltner	23:28
<b>24</b>	<b>Ruby Hurtado</b>	<b>24:03 PR</b>
25	Howard Powers	24:41
26	Walter Williams	24:56
27	Russ Kinsch	25:50
27	Rich Stiller	25:50

27	Betty Root	43:51
28	Stan DeMartinis	45:50

Dick Barrett Trophy Winner - Brian Low

Bob Pickens saved the dignity of the club men runners by winning this morning as the women dominated the field with three finishers in the top five. Bob improved his PR by 56 seconds. Brian Low improved his PR by 43 seconds. Dick Chimenti led the 40+, 50+, and 55+ runners with his fourth place finish. Karl Misner led the 60+ runners. Pauline was the top woman 40+ runner and Betty Root was the top 50+ woman runner.

Dick Barrett Trophy Winner - Scott Bang

Scott and Bob took off fast this morning. Bob slowed later but Scott kept going for the win and an 8-second improvement on his PR. Marlon knocked 17 seconds off his PR. Ruby, at the advanced age of 57, improved her PR by 39 seconds. Dave Norlander, 3 months shy of 60, improved his 55+ time by 8 seconds. We had clear and crisp weather this morning.

**12/19/98 - Farwell/Herriman - 4.68 Miles**

<b>1</b>	<b>Slim Pickens</b>	<b>26:44 PR</b>
2	Becki Kriege	28:44
3	Kristina Mathias	29:05
4	Dick Chimenti	29:16
5	Amanda Gerhardt	29:43
6	Tom Warfel	29:52
7	Dave Fergus	29:58
8	Jose Casillas	30:16
9	Joe Hurtado	31:32
10	Dave Norlander	31:36
11	Ed Lock	32:07
12	Karl Misner	32:26
13	Jake White	32:53
<b>14</b>	<b>Brian Low</b>	<b>33:00 PR</b>
15	Tim Rostege	33:30
16	Walt Van Zant	33:53
17	Jose Casillas Jr	34:17
18	Ken Noel	34:27
19	Tom Frazier	36:02
20	Jim Myers	37:40
20	Russ Kinsch	37:40
22	Pauline Beatty	38:36
23	Cecil Baumgartnr	38:45
24	Rich Stiller	38:47
25	Elaine Erickson	38:57
25	Marian Richard	38:57

**12/26/98 - All Courses Day**

1	Becki Kriege	16:13	Doug
2	Dick Chimenti	16:19	Doug
3	Kristina Mathias	16:22	Doug
4	Danny Moon	16:59	Doug
5	Brian Low	19:35	Doug
6	Pauline Beatty	21:11	Doug
7	Marian Richard	21:12	Doug
8	Dave McCarten	21:20	Doug
9	Dave Norlander	21:28	Doug
9	Becky Norlander	21:28	Doug
11	Ken Noel	22:22	Doug
12	Rick Kananen	23:35	VV
13	Dave Fergus	23:40	Farw
14	Tim Rostege	23:44	Farw
15	Stan DeMartinis	26:17	Doug
16	Don Dugdale	27:15	VV
17	Tim Riley	33:22	F-H
18	Howard Powers	35:02	Farw
19	Bob Shuck	35:22	F-H
20	Tom Warfel	38:14	SS

Dick Barrett Trophy Winner - Tom Warfel

This was our traditional all-courses day that we run on the last Saturday of each year so that any who desire can improve one of their weak times or complete a course that they have had a chance to complete during the year. Inasmuch as it was very cold, most chose to run the shortest course even though we had just run the Douglas course last Saturday.

Danny Moon charged to the lead of the Douglas course runners, pulling out to a 40-yard lead by the time that the runners reached Saratoga Ave. Becki, Dick, and

Kristina ran together, catching Danny with a mile to go. Becki then pushed the pace so that Dick and Kristina would not be close enough to outsprint her at the end. And, she was successful as she held them off for the win. This is the third time that a woman has won a club run during the 30-year existence of the club.

Tom Warfel was awarded the weekly trophy for having the willpower to run the longest course on this cold day and running it well. Don Dugdale, who has a best time of 15:47 for the Valle Vista course, ran a scintillating 27:15. Don has been suffering from an achilles tendon problem for 8 years and has decided to have surgery on 1/13/99 so that the podiatrist can re-attach his achilles tendon to the heel bone as the tendon has partly torn away from the bone.

**1/2/99 - 18 x 0.33-Mile Tennis Court Loop Relay**

Pl	Team	Start	Finish
1	Kinsch/Rohrer/Kinsch	-0-	37:19
2	Lawson/VanZant/Hurtad	3:00	37:23
3	Lock/Norlndr/D.Garcia	3:00	37:36
4	Napier/Warfel/Bronson	1:15	37:55
5	DeMart/Russell/Hallen	-0-	38:13
6	Valles/Baumgrtnr/Beatty	-0-	38:34
7	Emo/Rostege/Hahn	2:45	38:39
8	Powrs/D.Moon/Erickso	:45	38:59
9	K.Hiltnr/T.Rily/McCor	:45	39:18
10	G.Riley/Hayes/Frazier	2:30	39:39

Dick Barrett Trophy Winner - Terri Kinsch

Jeff Rohrer came roaring from 10 seconds out of the lead to give his team a 3-second lead with a half lap to go. Russ Kinsch, who was not feeling well, was then forced to run his little heart out to hold off Joe Hurtado for the win. All teams were rated to finish in 37:30. The Powers team started 30 seconds later than their scheduled start.

**1/9/99 - Farwell - 3.54 Miles**

1	Jose Palalia	20:56
2	Scott Bang	21:03
3	Eddie Tico	21:40
4	Dave Fergus	21:49
5	Danny Moon	21:58
<b>6</b>	<b>Robert Pickens</b>	<b>22:10 PR</b>

7	Al Murray	22:38
8	Tim Rostege	22:53
9	Brian Schonfeld	23:05
10	Jim Bordoni	23:09
11	Rod MacKinlay	23:19
12	Todd Hayes	23:38
13	Dave Norlander	23:53
14	Jose Casillas	24:33
15	Tom Warfel	25:12
16	Tim Riley	25:26
17	Jim Myers	26:34
18	John Bronson	26:57
19	Dave Garcia	27:57
20	Jutta McCormick	28:03
21	Dick Chimenti	28:07
21	Joe Hurtado	28:07
21	Walt Van Zant	28:07
24	Ken Napier	28:21
25	Tom Frazier	28:38
25	Cecil Baumgartner	28:38
27	Antonina Ettare	28:52
28	Dave McCarten	29:30

Dick Barrett Trophy Winner - Jose Palalia

Jose would have run the Farwell-Herriman course this cold morning if Slim Pickens hadn't sprinted about 300 yards down Saratoga-Sunnyvale Rd to let Jose know that he should have turned onto to Saratoga Ave at the firehouse. Jose was able to recover and come back to win. Slim just jogged to the finish.

### 1/16/99 - 12 x 800 Relay

<u>Pl</u>	<u>Team</u>	<u>Start</u>	<u>Finish</u>
1	C.Palalia/J.Palalia	6:30	38:33
2	Bronson/Hayes	3:30	39:23
3	Myers/Baumgartner	3:45	39:48
4	White/Warfel	4:30	39:50
5	Norlander/Meinhardt	4:15	40:04
6	Kananen/Tico	6:30	40:15
7	Napier/Pickens	4:15	40:28
8	Misner/Rostege	4:15	40:41
9	R.Kinsch/Hahn	4:15	40:55
10	T.Riley/J.Hurtado	4:15	40:56
11	G.Riley/Chimenti	3:00	41:00
12	Beatty/Schonfeld	3:15	41:18
13	Powers/Frazier	-0-	41:46
14	Hallen/D.Moon	4:15	43:01

Dick Barrett Trophy Winner - Jake White

All teams were rated to finish in 40:30 except for the Palalia team. They were a

late-minute addition and were allowed to start with the Tico team. John Bronson led his team to a second place finish with a 3:07 average, 78 seconds under his rating. Rick Kananen celebrated the expected Minnesota win over Atlanta tomorrow by wearing a Viking outfit during his runs. Jose Palalia, Slim Pickens, and Eddie Tico had the best averages at 2:19, 2:33, and 2:38. Danny Moon was apparently paid off by gamblers as he threw in splits of 2:50, 2:47, 2:47, and 2:57 along with his other splits of 2:29 and 2:41. Jake White was very happy with his average of 3:01 and thought that he deserved the weekly trophy. So, he was given it.

### 1/23/99 - Short Six - 5.74 Miles

<b>1</b>	<b>Jose Palalia</b>	<b>31:17 PR</b>
2	Al Murray	36:22
3	Slim Pickens	36:22
4	Danny Moon	37:19
5	Eddie Tico	37:48
6	Dick Chimenti	37:57
7	Tom Warfel	38:00
8	Jim Bordoni	38:14
9	Tim Rostege	38:24
10	Kristina Mathias	39:05
11	Joe Hurtado	39:05
12	Becki Kriege	39:10
13	Rod MacKinlay	40:19
14	Rich Hahn	40:48
15	Dave Norlander	40:50
16	Hillary Sand	41:10
17	Kelly Emo	41:17
18	Karl Misner	41:22
19	Mike Bordoni	41:52
20	Tim Riley	43:58*
21	Ken Napier	47:29
22	Georgia Riley	48:34*
23	Chris Hallen	49:31*
24	Cecil Baumgartner	49:54
25	Jutta McCormick	49:56
25	Antonina Ettare	49:56
27	Glen Douglas	51:06
28	Terri Kinsch	51:20*
29	Dave McCarten	54:55
30	Howard Powers	56:40
31	Stan DeMartinis	59:53

\*Started at 7:30AM

Dick Barrett Trophy Winner - Gene Antonides

Jose Palalia, ably assisted by Marion Carter who drove his car to direct Jose around the course, ran to the 8th fastest time ever run on this course and the easy win. It was rainy and cold this morning. So, it was surprising that 31 hardy souls showed up for this run. Kristina, Becki, Hillary, and Cecil ran the course as part of a 20-mile run for the morning. Howard ran in an outfit that appeared to be pajamas but was still good enough to beat Stan. Antonina was pleased to post her first time as a 45-year-old (her birthday was on 1/19).

### 1/30/99 - 5K on the Track

#### Heat #1 (7:30AM)

1	Don Hogue	17:58.8
2	Slim Pickens	18:07.3
3	Brian Schonfeld	19:46.2
4	Jim Myers	22:29.1
5	Ken Napier	25:28.1
6	Terri Kinsch	26:05.7
7	Don Packwood	26:29.7

#### Heat #2 (8:15AM)

1	Dwight Cornwell	17:35.8
2	Katie Spink	17:48.3
3	Kristina Mathias	18:11.1
4	Jeff Rohrer	18:12.3
5	Amanda Gerhardt	18:25.9
6	Eddie Tico	18:33.6
7	Mike Bordoni	18:37.8
8	Jim Bordoni	18:39.5
9	Danny Moon	18:52.7
10	Jose Casillas	18:56.5
11	Marlon Menezes	19:13.7
12	THE DOG	19:14.9
13	Cecil Baumgartner	19:31.4
14	Joe Hurtado	19:32.9
15	Tom Warfel	19:35.4
16	Tim Rostege	19:39.9
17	Rick Kananen	20:01.5
18	Kelly Emo	20:36.1
19	Rich Hahn	20:52.0
20	Dave Garcia	21:24.4
21	John Bronson	21:28 Est
22	Walt VanZant	22:10.4
23	Rich Collins	23:22.5
24	Cedric Jernigan	23:31.2
25	Pauline Beatty	23:36.0
26	Dave McCarten	24:11.3
27	Howard Powers	28:27.3
	Tom Frazier	19:59.3 *



Bob Shuck	DNF	18	Walt VanZant	20:56	12	Casillas/Pickens	9:45	43:02
		19	Todd Hayes	21:49	13	Chimenti/D.Moon	8:45	43:26
*Miscounted laps and ran 1 lap short.		20	Marian Richard	22:57	14	Powers/D.Garcia	-0-	43:48
		20	Elaine Erickson	22:57	15	McCormick/Napier	1:15	44:45

Dick Barrett Trophy Winner - Dwight Cornwell

This was the first of two 5Ks that we will run this year for purposes of our Racer of the Year contest. The next 5K will be run in July. The runners in the first heat had to run in freezing cold temperatures. A warm flow of air came in for the next heat and it seemed like it was 10 or 15 degrees warmer for that heat.

Don Hogue opened with a 5:29 mile in the first heat to build a 50-yard lead on Bob Pickens and held that lead the remainder of the way. 52-year-old Dwight immediately grabbed the lead in the second heat and held it the rest of the way for the win. He had 1600 and 3200 splits of 5:35 and 11:10. Women took three of the next four places with Katie Spink leading the way with a 17:48. Kristina Mathias bettered her best time from last year by 4 seconds. Mike Bordoni edged his dad by a little bit. A dog followed Marlon from Valle Vista during his warmup back to the track. We thought that we had locked the dog out of the track but he circled around to find another gate and caught up with Marlon after about 150 meters and then dogged him the rest of the race.

### 2/6/99 - Valle Vista - 3.0 Miles

1	Eddie Tico	17:32
2	Slim Pickens	17:32
3	Frank Ruona	17:42
4	Jim Bordoni	18:14
5	Dave Fergus	18:20
6	Danny Moon	18:23
7	Dick Chimenti	18:27
8	Marlon Menezes	18:39
<b>9</b>	<b>The Dog</b>	<b>18:40</b>
<b>DQd</b>		
10	Brian Schonfeld	18:49
11	Kristina Mathias	18:50
12	Tim Rostege	19:08
13	Tom Warfel	19:47
14	Rod MacKinlay	20:10
15	Kelly Emo	20:20
16	Dave Norlander	20:32
<b>17</b>	<b>Rich Hahn</b>	<b>20:50 PR</b>

Dick Barrett Trophy Winner - Tim Rostege

22	Ken Napier	23:24
23	Gene Antonides	23:30
24	Pauline Beatty	23:50
25	Jim Myers	23:52
26	Rich Stillier	23:55
27	Nick Cioil	26:21
28	Don Packwood	26:22
29	Marcia Morrison	26:46
30	Betty Root	26:49
31	Howard Powers	32:36

Dick Barrett Trophy Winner - Tim Rostege

We had good cool (but not cold) conditions for running this morning but there were no outstanding performances. Eddie Tico hung onto Slim Pickens shoulder throughout the run and then sprinted by him at the end for the victory. Frank Ruona of Tamalpa ran well to lead all of the 50+ runners while finishing 3rd. Kristina ran 18:50 as part of her long run of the week to lead the ladies. The same dog that followed Marlon last week ran with him again. However, the dog was disqualified because he only ran the last half of the course. Ken Napier was delighted with his performance. He ran 25:28 for 5K last week. Then, came down with the flu and did not run all week. Yet, he ran 23:24 for a hilly 3 miles this morning. Tim Rostege, who has been training hard over the last couple of months to get back into top form received the weekly trophy because of his strong run this morning.

### 2/13/99 - 6 x 1600 Relay

Pl	Team	Start	Finish
1	Lipow/Warfel	1:30	40:34
2	Almas/Hayes	1:00	41:00
3	Bordoni/Scherry	9:30	41:30
4	VanZant/White	1:45	41:55
5	Ettare/Kananen	1:45	42:24
6	Schonfeld/Russell	9:45	42:26
7	C.Palalia/J.Palalia	9:45	42:33
8	DeMartinis/Tico	1:15	42:45
9	Myers/Rostege	5:30	42:50
10	Beatty/Norlander	2:30	43:00
11	G.Riley/Bronson	1:15	43:02

Dick Barrett Trophy Winner - Nathan Scherry

The Warfel team scored an easy win over the Hayes team but the trophy was given to the third place team as the first two teams were given generous handicaps because they had two new runners. Jose Palalia was our top runner with a 4:54 average.

### 2/20/99 - Triangle Run - 4.76 Miles

<b>1</b>	<b>Tim O'Rourke</b>	<b>27:00 PR</b>
2	Nathan Scherry	27:05
3	Slim Pickens	28:04
4	Jim Bordoni	29:34
5	Becki Kriege	29:44
<b>6</b>	<b>Marlon Menezes</b>	<b>29:45 PR</b>
7	Kristina Mathias	29:48
8	Amanda Gerhardt	30:10
<b>9</b>	<b>Danny Moon</b>	<b>30:26 PW</b>
10	Tom Warfel	30:46
11	Dave Norlander	31:29
12	Todd Hayes	32:02
13	Mike Bordoni	32:10
<b>14</b>	<b>Rich Hahn</b>	<b>32:15 PR</b>
15	Eddie Tico	33:40
16	Cecil Baumgartner	33:52
<b>17</b>	<b>John Bronson</b>	<b>34:28 PR</b>
18	Jim Myers	35:37
19	Ken Napier	37:21
20	Gene Antonides	38:01
<b>21</b>	<b>Walt VanZant</b>	<b>38:57 PW</b>
22	Chris Hallen	40:20
22	Elaine Erickson	40:20
24	Betty Root	42:26
<b>25</b>	<b>Glen Douglas</b>	<b>43:44 PW</b>
26	Gary Vonderlinden	44:46
27	Howard Powers	46:31
28	Rich Collins	DNF

Dick Barrett Trophy Winner - Tim O'Rourke

Tim O'Rourke hung with Nathan all of the way and then sprinted away from him at the start of the college entrance for the victory. Tim improved his weak PR by 83 seconds. Becki Kriege led the group of all-star lady runners by a few seconds.

John Bronson improved his PR by 104 seconds. Marlon improved his PR by 45 seconds (and was not followed by his favorite dog). Rich Hahn improved his PR by 8 seconds. Chris Hallen, although loafing, still recorded the #8 women's 50+ time for this course. Dave Norlander ran his best time on this course since he recorded a 31:17 in April 1994. Dave turns 60 in 9 days. If he runs the same time as he did today when he runs the course again, he will move to #3 on the 60+ list. And, now for the hall of ill fame. Danny Moon, who has slipped a lot lately, ran his slowest time in 18 years of running this course. His time was 68 seconds slower than his previous worst. Gene Antonides ran 106 seconds over his previous worst but has an excuse in that he is coming back from an injury. Glen Douglas exceeded his previous worst, set in February 1989, by nearly 2 minutes. And, Walt VanZant, who has been running this course for over 20 years, exceeded his previous worst (set in 1995) by a little over 2 minutes. Rich Collins, after being passed by Elaine and Chris on Los Gatos-Saratoga Rd, claimed an achilles injury and got a ride back to the finish.

**2/27/99 - 4 x 1.46-Mile WVC Loop Relay**

Pl	Team	Start	Finish
1	Andrakin-McCormk	-0-	44:42
2	Gerhardt-Russell	13:15	44:53
3	Hallen-Napier	2:00	45:09
4	Frazier-Rostege	8:00	45:42
5	DeMartinis-Lee	2:00	45:46
6	Murray-Spink	13:15	45:47
7	Cioll-Mathias	6:00	45:48
8	Myers-Norlander	7:15	45:56
9	Tico-Pickens	13:30	46:44
10	Schonfeld-Scherry	13:30	47:33

11	G.Riley-T.Riley	4:30	47:46
12	Wans-Hayes	9:00	50:07

Phantom Dick Barrett Trophy Winner - Mike Andrakin & Tim O'Rourke

The Andrakin/McCormick team started first and finished first although the Russell team gave them a scare at the end. Ray Russell led the men with splits of 7:19 and 7:29. Katie Spink of the Aggies led the ladies with splits of 7:53 and 7:53.

**3/6/99 - Doug/Sara/Frvle - 2.75 Miles**

1	Jose Palalia	14:04
2	Ray Russell	14:21
3	Nathan Scherry	14:28
4	<b>Tim O'Rourke</b>	<b>15:07 PR</b>
5	<b>Bob Pickens</b>	<b>15:12 PR</b>
6	Katie Spink	15:12
7	Eddie Tico	15:34
8	Jim Bordon	16:08
9	Amanda Gerhardt	16:08
10	Dennis Cedy	16:19
11	Danny Moon	16:23
12	<b>Mike Bordon</b>	<b>16:29 PR</b>
13	Dave Fergus	16:44
14	Jennifer Frere	16:57
15	Brian Schonfeld	17:01
16	Jose Casillas	17:02
17	Tim Rostege	17:07
18	Al Morrison	17:09
19	Tom Warfel	17:17
20	Carlos Palalia	17:32
21	Cecil Baumgartner	17:46
22	Becki Kriege	17:50
23	Todd Hayes	17:59
24	Ed Lock	18:03
25	<b>Rich Hahn</b>	<b>18:16* PR</b>
26	Rich Still	18:20
27	Marian Richard	18:31
28	Jake White	18:38

29	Tim Riley	18:53
30	Dick Chimenti	18:54
31	Ron Nelson	18:55
32	Jim Myers	19:14
33	Tom Frazier	19:51
34	Russ Kinsch	19:54
35	Jutta McCormick	20:27
35	Dave McCarten	20:27
37	Dave Garcia	20:30
38	Pauline Beatty	21:20
39	Don Packwood	21:51
40	Georgia Riley	22:05
41	Terri Kinsch	23:13
42	Nick Cioll	23:13
43	Scott Bang	23:16**
44	Madelyn Moon	23:29
45	Betty Root	23:46
46	Mike Andrakin	23:47
47	Howard Powers	24:21
48	Walt Van Zant	27:23
49	Tracy Sayyah	28:00
50	Stan DeMartinis	DNF

\* Ran at 7:30AM

\*\* Actual time after subtracting for the 4:00 late start

Jose and Nathan ran together this morning until Jose accelerated away with a mile to go. Ray then came off to pass Nathan with a little over a quarter mile to go to get second while tying for #5 on the 40+ list with Bill Meinhardt. Jose's time tied him for #6 on the overall list. Tim O'Rourke improved his PR by 7 minutes. Katie Spink ran 23 seconds under the female course record (However, you must be a club member to be listed). Katie is a member of the Aggies. Danny Moon led the men 50+ runners. Mike Bordon improved his PR by 3 minutes. Al Morrison ran with us for the first time in about a year. Tom Warfel improved his 50+ PR by 25 seconds. Jutta McCormick led the 50+ ladies.

**RACE RESULTS**

**11/21/98 - Moffett 5K**

**Jutta McCormick 22:04 2nd-50+**

**11/21/98 - Moffett 10K**

John Bronson 47:45

**11/22/98 - Santa Cruz 5K**

**1 Scott Bang 17:09**

Sarah McAleer 20:09

This was Scott's second road win of the year. Sarah was the first female finisher.

**11/29/98- Run to the Farside 5K**

**5 Jose Palalia 15:43**

49 Art Mitchum 18:39

**11/29/98-Run tothe Farside 10K**

4 Hector Delgado 31:33

9 Rick Reitz 33:11

32 Dave Piazza 36:38

37 John Hale 37:09

<b>50 Jim Reitz</b>	<b>37:57</b>	<b>1st-50+</b>
7 Kristina Mathias	39:27	
<b>8 Tina Lount</b>	<b>41:05</b>	<b>3rd-50+</b>
Jose Casillas	41:21	
Ed Lock	42:49	

### 11/29/98 - Seattle Half Marathon

Jennis Lewis	1:47:26	
Jerry Lewis	1:50:45	10th-60+

### 12/6/98 - Cal International

#### Marathon

Jose Palalia	2:24:08	
<b>Tim O'Rourke</b>	<b>2:40:57</b>	<b>PR</b>
Bob Ebert	2:44:24	
Brian Davis	2:46:45	
Bill Dunn	2:54:16	
Joe Hurtado	2:55:34	
Ed Casey	2:58:41	
<b>Mike Cyger</b>	<b>2:58:45</b>	<b>PR</b>
Jim Reitz	2:59:45	
Hillary Sand	3:03:53	
Charles Lighty	3:08:25	
Linda Kidd	3:10:05	
Cecil Baumgartner	3:11:49	
Ed Gavin	3:15:35	
Jose Casillas	3:21:09	
Marian Richard	3:31:10	
Art Mitchum	3:38:53	
<b>Elaine Erickson</b>	<b>3:47:54</b>	<b>PR</b>
Dave McCarten	3:54:41	
Pauline Beatty	3:58:08	
<b>Chris Hallen</b>	<b>4:06:09</b>	<b>PR</b>
Georgia Riley	4:13:52	
Larry Cunningham	4:21:15	
Karin Bivens	4:21:19	
Marcia Morrison	4:26:55	
<b>Stan DeMartinis</b>	<b>5:00:55</b>	<b>1st-75+</b>

26 club members ran in this final grand prix event of the year and there were many highlights. Our men's 40+ and 50+ teams won and thereby finished first for the season in the grand prix. Our 50+ women finished second, which was good enough to give them the overall win in their division for the year. Our 40+ ladies won as they finished second overall for the season in their division. Our open women finished 5th and our open men finished 7th. We did not field teams in any other division today.

Jose was our star runner today with his 2:24:08. This was his second marathon within a two-month span plus he threw in a 30K for good measure. Hillary Sand led the ladies, recording the 7th best-ever

time by a female club runner. Linda Kidd's time put her #15 on the all-time list. Tim O'Rourke, Bob Ebert, and Brian Davis were great in the 40+ division. This was a PR for Tim and I believe that it was the first try at a marathon by Bob and Brian. Charles and Art Mitchum, who specialties are the shorter races, even ran and completed the marathon. Bill Dunn, Joe Hurtado, and Jim Reitz all broke 3:00 to lead our 50+ men to victory. Pauline Beatty ran very well in her first try at the marathon. Elaine improved her PR by a whopping 26 seconds.

### 12/13/98 - Xmas Relays at Lake

#### Merced 55+

Kelly Emo	29:58	
Kelly Emo	33:23	
<b>Jutta McGormick</b>	<b>32:44</b>	<b>PR</b>

This relay consists of four 4.464-mile runs around Lake Merced for each team. Kelly ran her 29:58 on the winning women's corporate team -- Hewlett Packard.

### 12/13/98 - Lodi Xmas Tree Run - 5K

<b>4 David Furst</b>	<b>18:01</b>
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### 12/20/98 - Christmas Classic 5K

<b>9 Dave Piazza</b>	<b>17:45</b>	<b>2nd-40</b>
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### 1/1/99 - Rio Resolution 3-Mile Run

<b>1 Brad Holbrook</b>	<b>16:49</b>	
<b>9 Kathy Frank</b>	<b>27:13</b>	<b>2nd-50</b>

### 1/10/99 - East-West Run -

#### 2.1456 Miles

<b>Greg Burke</b>	<b>12:59</b>	<b>1st-50+</b>
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### 1/10/99 - East-West Run - 4.285 Miles

<b>Jack Friedlander</b>	<b>42:26</b>	<b>2nd-70+</b>
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### 1/10/99 - Cal 10

Brian Davis	54:57	
Tim O'Rourke	54:59	
Jim Angelopoulos	55:00	
<b>Dan Anderson</b>	<b>56:23</b>	<b>2nd-45+</b>
John Hale	58:10	
Steve Beebe	58:20	
<b>Becki Kriege</b>	<b>59:35</b>	<b>2nd-Wom</b>
Ray Russell	59:42	

Norm Gould	60:23	
<b>Jim Reitz</b>	<b>60:49</b>	<b>1st-55+</b>
<b>Kristina Mathias</b>	<b>61:06</b>	<b>2nd-25</b>
Robert Pickens	61:37	
Charles Lighty	61:56	
Chuck MacDonald	61:58	
Scott Bang	62:29	
Hillary Sand	63:36	
Art Mitchum	63:54	
<b>Dick Chimenti</b>	<b>64:16</b>	<b>3rd-55+</b>
Joe Hurtado	64:25	
Linda Kidd	66:10	
Cecil Baumgartner	67:32	
Jim Barker	68:28	
Marian Richard	69:09	
Walt Radloff	69:48	
Rich Hahn	70:44	
Kelly Emo	70:59	
Karl Misner	72:25	
<b>Sue MacDonald</b>	<b>74:03</b>	<b>3rd-45+</b>
Karin Bivens	80:02	
Pauline Beatty	80:51	
Georgia Riley	81:12	
<b>Ed Reyna</b>	<b>81:27</b>	<b>1st-65+</b>
<b>Frank Cunningham</b>	<b>82:27</b>	<b>1st-75+</b>
Dave McCarten	83:26	
Marcia Morrison	93:46	
Howard Powers	99:11	
<b>Stan DeMartinis</b>	<b>99:46</b>	<b>2nd-75</b>

The stars for the men were Brian Davis and Tim O'Rourke, who both broke 55. Becki Kriege and Kristina Mathias led the ladies as Becki finished 2nd overall and Kristina finished about 5th.

Our open men's team finished 9th, our men's 40+ team won, our men's 50+ team finished 2nd (6+ minutes behind the #1 Tamalpa team and 7 seconds in front of the #2 Tamalpa team and 35 seconds in front of Excelsior), our men's 60+ team finished 2nd, our women's open team finished 2nd, our women's 40+ team finished 5th, and our women's 50+ team finished 3rd.

### 1/31/99 - Pacific Shoreline

#### Marathon

<b>Dave Norlander</b>	<b>3:29:58</b>	<b>4th-55+</b>
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This qualified Dave for the Boston Marathon.

**1/31/99 - SF Home Depot 5K+ (3.2 miles)**

<b>Brian Davis</b>	<b>16:54</b>	<b>1st-40+</b>
<b>Jave Piazza</b>	<b>17:19</b>	<b>4th-40+</b>
<b>Tim Riley</b>	<b>21:06</b>	<b>6th-50+</b>
<b>Jutta McCormick</b>	<b>21:37</b>	<b>1st-50+</b>
<b>Georgia Riley</b>	<b>24:05</b>	<b>2nd-50+</b>
<b>Jim Camp</b>	<b>28:01</b>	

**1/31/99 - Home Depot Half Marathon**

<b>Bob Pickens</b>	<b>1:18:42</b>
<b>Ed Casey</b>	<b>1:21:51</b>
<b>Sandy Carpenter</b>	<b>1:45:37</b>
<b>Antonina Ettare</b>	<b>1:48:10</b>
<b>Karin Bivens</b>	<b>1:49:38 3rd-50+</b>
<b>Cecil Baumgartner</b>	<b>1:59:16</b>
<b>Jack Friedlander</b>	<b>2:33:54</b>

**2/6/99 - San Juan Bautista 5K**

<b>Jete Kraus</b>	<b>?</b>	
<b>Tim Riley</b>	<b>20:25</b>	
<b>Bill Flodberg</b>	<b>?</b>	
<b>Jave Valles</b>	<b>21:42</b>	<b>1st-70+</b>
<b>Georgia Riley</b>	<b>22:35</b>	<b>1st-50+</b>
<b>Chris Hallen</b>	<b>23:45</b>	<b>2nd-50+</b>

**2/6/99 - Orient Express 4-Miler (Very hilly)**

**David Furst finished 7th overall and 1st in in the 50+ division with a time of 23:59. This broke the 50+ course record by 25 seconds.**

**2/7/99 - Las Vegas Half Marathon**

<b>Jose Palalia</b>	<b>1:07:16</b>
<b>Norm Gould</b>	<b>1:19:55</b>

**2/7/99 - Las Vegas Marathon**

**Joe Hurtado 2:58:12 1st-55+**

**2/13/99 - Ojai 5K**

**Cecil Baumgartner 19:24 3rd-40+**

**2/13/99 - Ojai 10K**

**Cecil Baumgartner 43:08**

The 10K was run 10 minutes after Cecil finished his 5K race.

**2/13/99 - Campbell Valentine's 10K**

<b>Kelly Emo</b>	<b>42:21</b>	<b>5th-30+</b>
<b>Marcia Morrison</b>	<b>57:21</b>	<b>1st-50+</b>

**2/13/99 - Together With Love 5K**

**Glynn Wood 22:48 2nd-60+**

**2/13/99 - Together With Love 10K**

<b>Nathan Scherry</b>	<b>34:25</b>	<b>3rd-20+</b>
<b>Bill Meinhardt</b>	<b>40:00</b>	<b>3rd-50+</b>
<b>Jim Barker</b>	<b>41:43</b>	<b>4th-40+</b>

**2/14/99 - 21st Annual WVJS**

**Relays - 5.37M Per Leg**

Team	1st Leg	2nd Leg	Total
1-J.Bordoni/M.Bordoni	34:06.0	38:15.1	1:12:21.1
2-B.Kriege/VanZant	37:16.7	38:56.6	1:16:13.3
3-Chimenti/Napier	34:10.7	44:45.1	1:18:55.8
4-Myers/Hahn	41:16.8	38:07.3	1:19:24.1
5-Hayes/Bronson	37:56.6	41:33.0	1:19:29.6
6-Emo/Erickson	38:12.7	42:34.2	1:20:46.9
7-Beatty/Habib	42:58.8	39:02.3	1:22:01.1
8-Warfel/Packwood	36:15.1	46:32.2	1:22:47.3
9-D.Moon/Root	34:56.1	49:15.8	1:24:11.9
10-Russell/DeMartinis	31:44.7	53:28.2	1:25:12.9
11-Pickens/Powers	31:55.2	59:00.8	1:30:56.0

**2/21/99 - The Great Race - 4.0 Miles**

Men

<b>2 Jose Palalia</b>	<b>19:37</b>
<b>11 Rick Reitz</b>	<b>20:54 5th-19+</b>
<b>15 Ray Russell</b>	<b>21:09 1st-40+</b>
<b>20 Jim Angelopoulos</b>	<b>21:23</b>
<b>22 Nathan Scherry</b>	<b>21:29</b>

<b>25 Scott Bang</b>	<b>21:41</b>
<b>41 Robert Pickens</b>	<b>22:38</b>
<b>52 Jim Reitz</b>	<b>23:11 2nd-50</b>
<b>53 Jeff Rohrer</b>	<b>23:14</b>
<b>60 Norm Gould</b>	<b>23:42</b>
<b>71 Greg Burke</b>	<b>24:10 5th-50+</b>
<b>73 Dick Chimenti</b>	<b>24:12</b>
<b>77 Edward Meehan</b>	<b>24:26</b>
<b>80 Paul Walters</b>	<b>24:30</b>
<b>85 Tim Rostege</b>	<b>24:48</b>
<b>102 Matt Bordoni</b>	<b>25:22 1st-6/13</b>
<b>105 Ce Baumgartner</b>	<b>25:27</b>
<b>107 Ron Landrum</b>	<b>25:32</b>
<b>139 Rick Kananen</b>	<b>26:39</b>
<b>150 Karl Misner</b>	<b>26:49 1st-60+</b>
<b>153 Brian Vickery</b>	<b>26:53</b>
<b>200 Dean Mayer</b>	<b>27:49</b>
<b>277 Bill Flodberg</b>	<b>29:26 3rd-60+</b>
<b>339 Ray Stewart</b>	<b>30:30 1st-70+</b>
<b>415 E.Romesberg</b>	<b>31:39 5th-60+</b>
<b>686 JFriedlander</b>	<b>36:54 5th-70+</b>

Women

<b>28 Judi Shade</b>	<b>27:20 1st-50+</b>
<b>49 J.McCormick</b>	<b>28:47 2nd-50+</b>
<b>54 Sandy Carpenter</b>	<b>29:13</b>
<b>78 Antonina Ettare</b>	<b>30:16</b>
<b>273 Betty Root</b>	<b>35:22</b>
<b>282 Marcia Morrison</b>	<b>35:40</b>
<b>624 J.Friedlander</b>	<b>42:42 3rd-60+</b>

**2/27/99 - Almond Blossom Run - 1 Mile**

<b>1 Rick Reitz</b>	<b>4:40</b>
<b>3 Charles Lighty</b>	<b>4:46</b>

**2/27/99-Almond Blossom Run-8K**

<b>3 Rick Reitz</b>	<b>26:59</b>
<b>11 Charles Lighty</b>	<b>28:37</b>
<b>16 Jim Reitz</b>	<b>28:56</b>
<b>17 David Furst</b>	<b>29:06</b>
<b>25 Ron Kiyono</b>	<b>30:13</b>

This race started 10-15 minutes after the one mile run. Charles finished 4th in the 40+ division and Jim, David, and Ron finished 1 thru 3 in the 50+ division.



## CUMULATIVE SATURDAY CONTEST

The Cumulative Saturday Contest is your best time for the year on each of our six Saturday race courses. The following table shows the current status. The number in *italics* represents your equivalent 10K time for that particular course (a relative figure of merit).

Elite Div.	DOUGLASS	VALLE VISTA	FARWELL	FARWEL HERR	TRIANGLE	SHORT SIX	TOTAL
Russell, Ray	0:14:30 <i>0:34:08</i>	0:15:41 <i>0:33:12</i>	0:18:52 <i>0:33:41</i>	0:25:37 <i>0:34:15</i>	0:26:32 <i>0:34:33</i>	0:33:25 <i>0:35:19</i>	2:14:37
Fergus, Dave	0:14:49 <i>0:34:52</i>	0:16:30 <i>0:34:56</i>	0:20:10 <i>0:36:01</i>	0:28:52 <i>0:38:36</i>	0:26:39 <i>0:34:42</i>	0:32:57 <i>0:34:50</i>	2:19:57
Pickens, Robert	0:15:15 <i>0:35:54</i>	0:16:17 <i>0:34:28</i>	0:30:08 <i>0:53:49</i>	0:26:44 <i>0:35:44</i>	0:26:31 <i>0:34:32</i>	0:32:51 <i>0:34:44</i>	2:27:46
Hiltner, Karl	0:21:57 <i>0:51:40</i>	0:23:34 <i>0:49:53</i>	0:27:36 <i>0:49:17</i>	0:38:58 <i>0:52:06</i>	0:39:11 <i>0:51:01</i>	0:50:08 <i>0:53:00</i>	3:21:24
Angelopoulos, Jim	0:00:00 <i>0:00:00</i>	0:16:13 <i>0:34:20</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Bang, Scott	0:14:49 <i>0:34:52</i>	0:16:08 <i>0:34:09</i>	0:21:17 <i>0:38:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:32:29 <i>0:34:20</i>	0:00:00
Camp, Jim	0:00:00 <i>0:00:00</i>	0:23:39 <i>0:50:04</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:41:12 <i>0:53:39</i>	0:52:28 <i>0:55:28</i>	0:00:00
Castillo, Lucas	0:00:00 <i>0:00:00</i>	0:19:36 <i>0:41:29</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Cornwell, Dwight	0:00:00 <i>0:00:00</i>	0:17:49 <i>0:37:43</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:49:12 <i>0:52:01</i>	0:00:00
Cyger, Mike	0:00:00 <i>0:00:00</i>	0:16:43 <i>0:35:23</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Hahn, Rich	0:18:53 <i>0:44:27</i>	0:21:01 <i>0:44:29</i>	0:00:00 <i>0:00:00</i>	0:36:19 <i>0:48:33</i>	0:33:36 <i>0:43:45</i>	0:00:00 <i>0:00:00</i>	0:00:00
Hegglund, Mike	0:15:17 <i>0:35:58</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:27:29 <i>0:35:47</i>	0:00:00 <i>0:00:00</i>	0:00:00
Hiltner, Ruth	0:00:00 <i>0:00:00</i>	0:24:02 <i>0:50:52</i>	0:26:43 <i>0:47:43</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Hoque, Don	0:14:43 <i>0:34:38</i>	0:16:18 <i>0:34:30</i>	0:00:00 <i>0:00:00</i>	0:26:31 <i>0:35:27</i>	0:00:00 <i>0:00:00</i>	0:34:58 <i>0:36:58</i>	0:00:00
McSwain, Karen	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:37:41 <i>0:49:04</i>	0:00:00 <i>0:00:00</i>	0:00:00
Murray, Al	0:00:00 <i>0:00:00</i>	0:17:10 <i>0:36:20</i>	0:20:16 <i>0:36:11</i>	0:27:31 <i>0:36:47</i>	0:28:31 <i>0:37:08</i>	0:34:50 <i>0:36:49</i>	0:00:00
Nellis, Dave	0:00:00 <i>0:00:00</i>	0:17:20 <i>0:36:41</i>	0:20:42 <i>0:36:58</i>	0:25:48 <i>0:34:30</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Norcia, Mike	0:16:54 <i>0:39:47</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:29:37 <i>0:39:36</i>	0:31:25 <i>0:40:54</i>	0:00:00 <i>0:00:00</i>	0:00:00
O'Rourke, Tim	0:22:00 <i>0:51:47</i>	0:16:02 <i>0:33:56</i>	0:20:33 <i>0:36:42</i>	0:00:00 <i>0:00:00</i>	0:28:23 <i>0:36:57</i>	0:00:00 <i>0:00:00</i>	0:00:00
Palalia, Jose	0:00:00 <i>0:00:00</i>	0:15:49 <i>0:33:29</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:32:29 <i>0:34:20</i>	0:00:00
Piazza, Dave	0:00:00 <i>0:00:00</i>	0:16:50 <i>0:35:38</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:27:32 <i>0:35:51</i>	0:00:00 <i>0:00:00</i>	0:00:00
Rohrer, Jeff	0:00:00 <i>0:00:00</i>	0:17:13 <i>0:36:27</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:28:41 <i>0:37:21</i>	0:35:21 <i>0:37:22</i>	0:00:00
Seyoum, Abby	0:00:00 <i>0:00:00</i>	0:21:27 <i>0:45:24</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Tico, Eddie	0:16:18 <i>0:38:22</i>	0:17:10 <i>0:36:20</i>	0:20:56 <i>0:37:23</i>	0:28:34 <i>0:38:11</i>	0:32:38 <i>0:42:29</i>	0:00:00 <i>0:00:00</i>	0:00:00
Yang, Mike	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:23:11 <i>0:41:24</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
A Div.	DOUGLASS	VALLE VISTA	FARWELL	FARWEL HERR	TRIANGLE	SHORT SIX	TOTAL
Moon, Danny	0:16:21 <i>0:38:29</i>	0:17:36 <i>0:37:15</i>	0:21:22 <i>0:38:09</i>	0:28:38 <i>0:38:17</i>	0:29:18 <i>0:38:09</i>	0:36:16 <i>0:38:20</i>	2:29:31
Kriege, Becki	0:16:13 <i>0:38:10</i>	0:18:01 <i>0:38:08</i>	0:21:37 <i>0:38:36</i>	0:28:44 <i>0:38:25</i>	0:28:57 <i>0:37:42</i>	0:36:09 <i>0:38:13</i>	2:29:41
Hayes, Todd	0:16:46 <i>0:39:28</i>	0:18:42 <i>0:39:35</i>	0:21:22 <i>0:38:09</i>	0:28:36 <i>0:38:14</i>	0:29:23 <i>0:38:16</i>	0:36:21 <i>0:38:25</i>	2:31:10
Mathias, Kristina	0:16:22 <i>0:38:31</i>	0:18:02 <i>0:38:10</i>	0:21:59 <i>0:39:15</i>	0:28:49 <i>0:38:31</i>	0:29:27 <i>0:38:21</i>	0:37:42 <i>0:39:51</i>	2:32:21
Menezes, Marlon	0:16:28 <i>0:38:45</i>	0:18:24 <i>0:38:57</i>	0:22:34 <i>0:40:18</i>	0:29:40 <i>0:39:40</i>	0:30:30 <i>0:39:43</i>	0:37:29 <i>0:39:37</i>	2:35:05
Rostege, Tim	0:17:04 <i>0:40:10</i>	0:18:32 <i>0:39:14</i>	0:23:44 <i>0:42:23</i>	0:29:13 <i>0:39:04</i>	0:31:02 <i>0:40:24</i>	0:36:48 <i>0:38:54</i>	2:36:23
Gavin, Ed	0:17:39 <i>0:41:33</i>	0:19:08 <i>0:40:30</i>	0:22:23 <i>0:39:58</i>	0:30:04 <i>0:40:12</i>	0:30:23 <i>0:39:34</i>	0:37:47 <i>0:39:56</i>	2:37:24
Howe, Jim	0:17:50 <i>0:41:58</i>	0:19:56 <i>0:42:12</i>	0:24:05 <i>0:43:00</i>	0:31:05 <i>0:41:33</i>	0:32:14 <i>0:41:58</i>	0:42:08 <i>0:44:32</i>	2:47:18
Kinsch, Russ	0:18:30 <i>0:43:33</i>	0:19:01 <i>0:40:15</i>	0:23:51 <i>0:42:35</i>	0:33:52 <i>0:45:17</i>	0:33:15 <i>0:43:18</i>	0:47:28 <i>0:50:11</i>	2:55:57
Bordoni, Jim	0:16:16 <i>0:38:17</i>	0:00:00 <i>0:00:00</i>	0:20:58 <i>0:37:26</i>	0:28:08 <i>0:37:37</i>	0:00:00 <i>0:00:00</i>	0:36:03 <i>0:38:06</i>	0:00:00
Burke, Greg	0:15:46 <i>0:37:07</i>	0:17:43 <i>0:37:30</i>	0:21:08 <i>0:37:44</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Casillas, Jose	0:00:00 <i>0:00:00</i>	0:18:33 <i>0:39:16</i>	0:22:46 <i>0:40:39</i>	0:30:16 <i>0:40:28</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Johnston, Bill	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:39:23 <i>0:41:38</i>	0:00:00
Kananen, Rick	0:00:00 <i>0:00:00</i>	0:23:35 <i>0:49:55</i>	0:22:41 <i>0:40:30</i>	0:34:06 <i>0:45:35</i>	0:32:12 <i>0:41:56</i>	0:00:00 <i>0:00:00</i>	0:00:00
Kurasch, Steve	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Lee, Jonathan	0:17:01 <i>0:40:03</i>	0:18:00 <i>0:38:06</i>	0:22:55 <i>0:40:55</i>	0:33:34 <i>0:44:53</i>	0:00:00 <i>0:00:00</i>	0:37:20 <i>0:39:28</i>	0:00:00
Lount, Tina	0:17:25 <i>0:41:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
McFeely, John	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Schonfeld, Brian	0:00:00 <i>0:00:00</i>	0:18:27 <i>0:39:03</i>	0:22:27 <i>0:40:05</i>	0:00:00 <i>0:00:00</i>	0:33:09 <i>0:43:10</i>	0:37:46 <i>0:39:55</i>	0:00:00
B Div	DOUGLASS	VALLE VISTA	FARWELL	FARWEL HERR	TRIANGLE	SHORT SIX	TOTAL
Chimenti, Dick	0:16:19 <i>0:38:24</i>	0:17:44 <i>0:37:32</i>	0:21:44 <i>0:38:49</i>	0:29:16 <i>0:39:08</i>	0:29:12 <i>0:38:01</i>	0:35:56 <i>0:37:59</i>	2:30:11
Hurtado, Joe	0:17:02 <i>0:40:05</i>	0:18:54 <i>0:40:00</i>	0:23:15 <i>0:41:31</i>	0:29:39 <i>0:39:38</i>	0:30:33 <i>0:39:47</i>	0:38:26 <i>0:40:38</i>	2:37:49
Warfel, Tom	0:17:42 <i>0:41:40</i>	0:18:42 <i>0:39:35</i>	0:22:34 <i>0:40:18</i>	0:29:52 <i>0:39:56</i>	0:30:58 <i>0:40:19</i>	0:38:14 <i>0:40:25</i>	2:38:02
Francis, Sue	0:17:29 <i>0:41:09</i>	0:19:18 <i>0:40:51</i>	0:23:39 <i>0:42:14</i>	0:30:20 <i>0:40:33</i>	0:30:46 <i>0:40:04</i>	0:39:36 <i>0:41:52</i>	2:41:08
Frazier, Tom	0:17:15 <i>0:40:36</i>	0:19:10 <i>0:40:34</i>	0:24:32 <i>0:43:49</i>	0:30:37 <i>0:40:56</i>	0:32:33 <i>0:42:23</i>	0:39:05 <i>0:41:19</i>	2:43:12
Baumgartner, Cecil	0:17:15 <i>0:40:36</i>	0:19:14 <i>0:40:43</i>	0:25:13 <i>0:45:02</i>	0:30:11 <i>0:40:21</i>	0:31:46 <i>0:41:22</i>	0:40:42 <i>0:43:01</i>	2:44:21
Norlander, Dave	0:17:47 <i>0:41:51</i>	0:19:47 <i>0:41:53</i>	0:24:14 <i>0:43:16</i>	0:31:36 <i>0:42:15</i>	0:32:26 <i>0:42:14</i>	0:40:32 <i>0:42:51</i>	2:46:22
Myers, Jim	0:18:43 <i>0:44:03</i>	0:20:46 <i>0:43:58</i>	0:24:36 <i>0:43:56</i>	0:32:56 <i>0:44:02</i>	0:34:00 <i>0:44:16</i>	0:41:12 <i>0:43:33</i>	2:52:13
Richard, Marian	0:18:27 <i>0:43:25</i>	0:20:11 <i>0:42:43</i>	0:28:01 <i>0:50:02</i>	0:32:52 <i>0:43:56</i>	0:33:36 <i>0:43:45</i>	0:39:51 <i>0:42:07</i>	2:52:58
Bordoni, Matt	0:18:19 <i>0:43:07</i>	0:19:14 <i>0:40:43</i>	0:23:59 <i>0:42:50</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Dahlkoetter, Joann	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:39:03 <i>0:41:17</i>	0:00:00
MacKinlay, Rod	0:17:22 <i>0:40:53</i>	0:20:15 <i>0:42:52</i>	0:23:48 <i>0:42:30</i>	0:31:22 <i>0:41:56</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Meinhardt, Bill	0:17:14 <i>0:40:34</i>	0:00:00 <i>0:00:00</i>	0:23:03 <i>0:41:10</i>	0:00:00 <i>0:00:00</i>	0:31:50 <i>0:41:27</i>	0:00:00 <i>0:00:00</i>	0:00:00
Morrison, Al	0:17:10 <i>0:40:24</i>	0:00:00 <i>0:00:00</i>	0:22:37 <i>0:40:23</i>	0:29:37 <i>0:39:36</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Poole, Ralph	0:00:00 <i>0:00:00</i>	0:19:07 <i>0:40:28</i>	0:23:49 <i>0:42:32</i>	0:00:00 <i>0:00:00</i>	0:31:45 <i>0:41:20</i>	0:46:12 <i>0:48:50</i>	0:00:00
Purdy, Terry	0:17:58 <i>0:42:17</i>	0:19:46 <i>0:41:50</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Saucedo, Norm	0:00:00 <i>0:00:00</i>	0:19:13 <i>0:40:41</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:32:37 <i>0:42:28</i>	0:39:43 <i>0:41:59</i>	0:00:00
Stiller, Rich	0:18:03 <i>0:42:29</i>	0:19:29 <i>0:41:15</i>	0:27:58 <i>0:49:56</i>	0:38:47 <i>0:51:51</i>	0:00:00 <i>0:00:00</i>	0:00:00 <i>0:00:00</i>	0:00:00
Vidovich, Mary	0:17:36 <i>0:41:25</i>	0:19:19 <i>0:40:53</i>	0:23:15 <i>0:41:31</i>	0:31:45 <i>0:42:27</i>	0:00:00 <i>0:00:00</i>	0:38:48 <i>0:41:01</i>	0:00:00
White, Jake	0:17:55 <i>0:42:10</i>	0:19:48 <i>0:41:55</i>	0:00:00 <i>0:00:00</i>	0:31:19 <i>0:41:52</i>	0:32:25 <i>0:42:13</i>	0:00:00 <i>0:00:00</i>	0:00:00

<b>C Div.</b>	<b>DOUGLASS</b>		<b>VALLE VISTA</b>		<b>FARWELL</b>		<b>FARWEL HERR</b>		<b>TRIANGLE</b>		<b>SHORT SIX</b>		<b>TOTAL</b>
Shuck,Bob	0:18:12	0:42:50	0:19:10	0:40:34	0:23:16	0:41:33	0:31:10	0:41:40	0:31:41	0:41:15	0:39:40	0:41:56	2:43:09
Misner,Karl	0:18:03	0:42:29	0:19:47	0:41:53	0:23:39	0:42:14	0:31:56	0:42:41	0:31:43	0:41:18	0:39:31	0:41:46	2:44:39
Noel,Ken	0:17:56	0:42:13	0:20:09	0:42:39	0:24:22	0:43:31	0:32:31	0:43:28	0:32:43	0:42:36	0:41:43	0:44:06	2:49:24
Riley,Tim	0:18:15	0:42:57	0:20:06	0:42:33	0:24:42	0:44:06	0:33:22	0:44:36	0:33:42	0:43:53	0:40:42	0:43:01	2:50:49
VanZant,Walt	0:18:22	0:43:14	0:20:35	0:43:34	0:24:21	0:43:29	0:32:46	0:43:48	0:33:52	0:44:06	0:41:19	0:43:41	2:51:15
Emo,Kelly	0:20:03	0:47:11	0:20:02	0:42:24	0:24:17	0:43:22	0:34:58	0:46:45	0:33:00	0:42:58	0:40:41	0:43:00	2:53:01
McCormick,Jutta	0:20:34	0:48:24	0:22:28	0:47:33	0:26:37	0:47:32	0:36:36	0:48:56	0:36:32	0:47:34	0:45:44	0:48:21	3:08:31
Antonides,Gene	0:00:00	0:00:00	0:20:33	0:43:30	0:23:45	0:42:25	0:31:41	0:42:21	0:32:33	0:42:23	0:41:46	0:44:09	0:00:00
Bordoni, Mike	0:19:39	0:46:15	0:20:38	0:43:41	0:25:45	0:45:59	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Carter,Marion	0:00:00	0:00:00	0:21:56	0:46:26	0:28:11	0:50:20	0:00:00	0:00:00	0:36:02	0:46:55	0:47:47	0:50:31	0:00:00
Duston,Dan	0:00:00	0:00:00	0:21:04	0:44:36	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Flodberg,Bill	0:00:00	0:00:00	0:20:27	0:43:17	0:24:55	0:44:30	0:00:00	0:00:00	0:34:52	0:45:24	0:00:00	0:00:00	0:00:00
Garcia,Vicki	0:00:00	0:00:00	0:22:29	0:47:36	0:28:40	0:51:11	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Goldberg,Dave	0:19:36	0:46:08	0:23:32	0:49:49	0:26:39	0:47:35	0:35:24	0:47:20	0:36:22	0:47:21	0:00:00	0:00:00	0:00:00
Jernigan,Cedrick	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:47:29	0:50:12	0:00:00
Low,Brian	0:19:35	0:46:06	0:00:00	0:00:00	0:25:07	0:44:51	0:33:00	0:44:07	0:34:19	0:44:41	0:44:15	0:46:47	0:00:00
Packwood,Don	0:21:19	0:50:10	0:21:13	0:44:55	0:26:28	0:47:16	0:36:23	0:48:38	0:00:00	0:00:00	0:47:27	0:50:10	0:00:00
<b>D Div.</b>	<b>DOUGLASS</b>		<b>VALLE VISTA</b>		<b>FARWELL</b>		<b>FARWEL HERR</b>		<b>TRIANGLE</b>		<b>SHORT SIX</b>		<b>TOTAL</b>
Collins,Rich	0:20:23	0:47:59	0:21:53	0:46:19	0:26:56	0:48:06	0:36:54	0:49:20	0:36:59	0:48:09	0:45:25	0:48:01	3:08:30
Ettare,Antonina	0:20:18	0:47:47	0:22:08	0:46:51	0:27:03	0:48:18	0:38:11	0:51:03	0:36:12	0:47:08	0:46:17	0:48:56	3:10:09
Beatty,Pauline	0:21:11	0:49:51	0:22:14	0:47:04	0:27:54	0:49:49	0:34:27	0:46:03	0:37:54	0:49:21	0:46:34	0:49:13	3:10:14
Napier,Ken	0:20:26	0:48:06	0:22:09	0:46:53	0:27:17	0:48:43	0:36:09	0:48:20	0:36:33	0:47:35	0:48:30	0:51:16	3:11:04
McCarten, Dave	0:20:15	0:47:40	0:22:26	0:47:29	0:28:55	0:51:38	0:36:23	0:48:38	0:37:22	0:48:39	0:46:01	0:48:39	3:11:22
Riley,Georgia	0:20:52	0:49:07	0:22:59	0:48:39	0:27:03	0:48:18	0:36:21	0:48:36	0:38:09	0:49:40	0:49:05	0:51:53	3:14:29
Moon,Madelyn	0:22:42	0:53:26	0:24:41	0:52:15	0:31:38	0:56:29	0:41:08	0:54:59	0:40:50	0:53:10	0:51:23	0:54:19	3:32:22
Bronson,John	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:38:29	0:51:27	0:36:12	0:47:08	0:00:00	0:00:00	0:00:00
Carpenter,Sandy	0:19:33	0:46:01	0:00:00	0:00:00	0:25:41	0:45:52	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Norlander,Becky	0:21:28	0:50:32	0:21:50	0:46:13	0:00:00	0:00:00	0:00:00	0:00:00	0:38:08	0:49:39	0:00:00	0:00:00	0:00:00
Sarosiek,Ana	0:00:00	0:00:00	0:00:00	0:00:00	0:26:31	0:47:21	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Stewart, Ray	0:00:00	0:00:00	0:21:49	0:46:11	0:27:57	0:49:55	0:00:00	0:00:00	0:00:00	0:00:00	0:44:22	0:46:54	0:00:00
Valles,Dave	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:36:10	0:47:06	0:49:36	0:52:26	0:00:00
<b>E Div.</b>	<b>DOUGLASS</b>		<b>VALLE VISTA</b>		<b>FARWELL</b>		<b>FARWEL HERR</b>		<b>TRIANGLE</b>		<b>SHORT SIX</b>		<b>TOTAL</b>
Erickson,Elaine	0:19:43	0:46:24	0:21:52	0:46:17	0:28:06	0:50:11	0:37:29	0:50:07	0:35:56	0:46:47	0:44:00	0:46:31	3:07:06
Hallen,Chris	0:22:17	0:52:27	0:23:15	0:49:13	0:27:37	0:49:19	0:36:37	0:48:57	0:37:53	0:49:20	0:46:47	0:49:27	3:14:26
Root,Betty	0:22:45	0:53:33	0:24:44	0:52:21	0:29:43	0:53:04	0:39:45	0:53:09	0:40:00	0:52:05	0:50:16	0:53:08	3:27:13
Douglas,Glen	0:21:50	0:51:23	0:24:32	0:51:56	0:30:48	0:55:00	0:40:04	0:53:34	0:40:18	0:52:28	0:50:22	0:53:15	3:27:54
DeMartinis,Stan	0:26:17	1:01:52	0:25:39	0:54:18	0:32:32	0:58:06	0:43:35	0:58:16	0:42:55	0:55:53	0:53:24	0:56:27	3:44:22
Bivens,Karin	0:00:00	0:00:00	0:00:00	0:00:00	0:35:32	1:03:27	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Brookman,Art	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Hurtado,Ruby	0:24:03	0:56:36	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:42:13	0:54:58	0:00:00	0:00:00	0:00:00
Kinsch,Terri	0:23:22	0:55:00	0:25:14	0:53:25	0:31:04	0:55:29	0:40:16	0:53:50	0:00:00	0:00:00	0:50:10	0:53:02	0:00:00
MacKinlay, Helen	0:00:00	0:00:00	0:00:00	0:00:00	0:33:04	0:59:03	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00
Morris,Ray	0:00:00	0:00:00	0:26:52	0:56:52	0:00:00	0:00:00	0:00:00	0:00:00	0:45:28	0:59:12	0:00:00	0:00:00	0:00:00
Morrison,Marcia	0:00:00	0:00:00	0:25:15	0:53:27	0:30:02	0:53:38	0:39:54	0:53:21	0:41:16	0:53:44	0:54:03	0:57:08	0:00:00
Nerio,Edna	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:54:18	0:57:24	0:00:00
Powers,Howard	0:24:01	0:56:32	0:00:00	0:00:00	0:35:02	1:02:34	0:00:00	0:00:00	0:42:47	0:55:42	0:00:00	0:00:00	0:00:00
Voss,Grace	0:23:21	0:54:57	0:00:00	0:00:00	0:31:47	0:56:45	0:39:54	0:53:21	0:00:00	0:00:00	0:51:43	0:54:40	0:00:00
Williams,Walter	0:24:28	0:57:35	0:29:55	1:03:20	0:32:08	0:57:23	0:48:09	1:04:22	0:44:48	0:58:20	0:00:00	0:00:00	0:00:00



**TOP 20 LIST**

**Douglas**

	Men-Overall	Women-Overall	Men-40/44	Women-40/44	Men-45/49	Women-45/49	Men-50/54
1	Herdon, B 13:36	Kennedy, C 15:35	White, J 14:04	Kennedy, C 15:35	Rivera, D 14:19	Francis, S 17:29	Rostege, T 15:07
2	Russell, R 13:54	Kriege, B 15:46	Nelson, R 14:07	Stroud, C 16:43	Meinhardt, B 14:31	McCormick, J 17:31	Meinhardt, B 15:18
3	Ebert, B 13:56	Mathias, K 16:01	Ruona, F 14:10	Francis, S 16:52	Rostege, T 14:45	Moon, M 17:53	Nelson, R 15:31
4	Meinhardt, B 14:01	Wei, N 16:22	Rostege, T 14:20	Dahlkoetter, J 17:14	Dunn, B 14:45	Stroud, C 18:08	Napier, K 15:44
5	Nelson, R 14:02	Stroud, C 16:43	Meinhardt, B 14:21	Moon, M 18:33	Furst, D 14:48	Eberly, M 19:39	Burke, G 15:46
6	White, J 14:04	Garcia, V 16:44	Furst, D 14:23	Ettare, A 19:32	White, J 15:00	Lindsay, L 20:10	Moon, D 15:50
7	Fergus, D 14:04	Benson, C 16:50	Fergus, D 14:35	Carpenter, S 19:33	Noel, K 15:02	Root, B 21:22	Chimenti, D 15:57
8	Dugdale, D 14:05	Francis, S 16:52	Stiller, R 14:51	Erickson, E 19:43	Nelson, R 15:13	Vaurs, S 21:41	Noel, K 16:00
9	Castillo, L 14:06	Howard, M 17:01	Dugdale, D 14:52	McPhail, A 20:15	Barry, D 15:13	McPhail, A 22:05	Norlander, D 16:03
10	Hogue, D 14:07	Escobar, L 17:10	Barry, D 14:55	Whalen, M 20:30	Wisener, J 15:13	Morrison, M 22:10	White, J 16:06
11	Ruona, F 14:10	Dahlkoetter, J 17:14	Moon, D 14:57	Beatty, P 21:08	Nevraumont, M 15:15	Hallen, C 22:17	Vickery, B 16:06
12	Uresti, G 14:14	Lount, Tina 17:25	Smith, W 15:02	Kinsch, T 21:12	Moon, D 15:16	Kinsch, T 22:29	Hurtado, J 16:10
13	Beyers, J 14:17	Cannon, R 17:28	Casillas, J 15:06	Root, B 21:31	Chimenti, D 15:20	Hurtado, R 24:42	Van Zant, W 16:20
14	Lighty, C 14:19	McCormick- J 17:31	VanZant, W 15:09	Glick, L 23:58	Smith, W 15:22		Whalen, J 16:22
15	Rivera, D 14:19	Richard, M 17:37	Howe, J 15:10		Howe, J 15:23		Savant, D 16:23
16	Gomez, R 14:20	Wolfe, L 17:46	Bordoni, J 15:22		Napier, K 15:30		Bauer, D 16:25
17	Rostege, T 14:20	Emo, K 17:49	Kinsch, R 15:23		Kinsch, R 15:30		Stiller, R 16:25
18	Stiller, R 14:21	Howe, N 17:51	Kurasch, S 15:24		VanZant, W 15:35		Shuck, B 16:34
19	Clary, J 14:22	Moon, M 17:53	Warfel, T 15:28		Stiller, R 15:42		Turner, J 16:37
20	Furst, D 14:23	Vidovich, M 18:08	Hayes, T 15:33		Cook, J 15:44		Misner, Karl 16:43

	Women-50/54	Men-55/59	Women-55/59	Men-60/64	Men-65/69	Men-70/74	Men-75/79
1	Lindsay, L 18:30	Napier, K 16:10	McCormick, J 18:34	Saucedo, N 16:58	Napier, K 19:13	Valles, D 19:22	DeMartinis, S 26:17
2	McCormick, J 18:31	Meinhardt, B 16:16	Moon, M 22:42	Napier, K 17:19	Carter, M 19:20	DeMartinis, S 21:33	
3	Moon, M 19:57	Chimenti, D 16:19	MacKinlay, H 22:54	Flodberg, B 17:49	Powers, H 20:51	Powers, H 23:52	
4	Riley, G 20:04	Noel, K 16:28	Vaurs, S 23:17	Noel, K 17:56	DeMartinis, S 21:34		
5	Vaurs, S 22:00	Hurtado, J 16:37	Hurtado, R 24:03	Gilkey, J 18:03			
6	Root, B 22:06	Rostege, T 16:41		Misner, K 18:05			
7	Voss, G 23:16	Saucedo, N 16:46		Antonides, G 18:14			
8	Stroud, C 25:10	MacKinlay, R 16:51		Gilkey, J 18:33			
9		Misner, K 16:59		Carter, M 19:28			
10		Shuck, B 17:01		Powers, H 19:58			
11		Flodberg, B 17:21		Elliott, J 20:14			
12		Russell, Rob 17:23		Brookman, A 21:16			
13		Stewart, M 17:38		Buckley, B 21:27			
14		VanZant, W 17:41		Douglas, G 21:50			
15		Norlander, D 17:47		Sordi, J 21:51			
16		White, J 17:55		Williams, W 24:28			
17		Bauer, D 18:10					
18		Collins, S 18:26					
19		Wagenschut, J 18:29					
20		Dines, T 18:38					

**Valle Vista**

	Men-Overall	Women-Overall	Men-40/44	Women-40/44	Men-45/49	Women-45/49	Men-50/54
1	Herdon, B 14:59	Kriege, B 17:38	Ruona, F 15:39	Stroud, C 18:19	Meinhardt, B 16:18	Francis, S 19:18	Rostege, T 16:35
2	Meinhardt, R 15:08	Mathias, K 17:38	Russell, R 15:41	Francis, S 18:45	White, J 16:23	Stroud, C 19:27	Meinhardt, B 16:42
3	Szanto, G 15:16	Stroud, C 18:01	Furst, D 15:42	Dahlkoetter, J 19:19	Furst, D 16:25	McCormick, J 19:47	Bryan, R 16:53
4	Ebert, B 15:20	Wei, N 18:09	White, J 15:46	Moon, M 20:16	Nelson, R 16:28	Moon, M 20:26	Nelson, R 17:18
5	Holst, M 15:25	Francis, S 18:26	Nelson, R 15:46	Whalen, M 21:34	Dugdale, D 16:30	Lindsay, L 20:36	Napier, K 17:21
6	Russell, R 15:34	Howard, M 18:30	Fergus, D 16:02	Ettare, A 21:45	Rostege, T 16:32	Eberly, M 21:34	Moon, D 17:25
7	Fergus, D 15:38	Garcia, V 18:46	O'Rourke, T 16:02	Beatty, P 22:14	Barry, D 16:40	Collins, V 22:40	Vickery, B 17:28
8	Ruona, F 15:39	Dahlkoetter, J 19:19	Meinhardt, B 16:12	McPhail, A 22:43	Napier, K 16:43	Root, B 23:12	Mossie, B 17:31
9	Furst, D 15:42	Vidovich, M 19:19	Rostege, T 16:15	Kinsch, T 23:57	Wisener, J 16:53	Hallen, C 23:17	Chimenti, D 17:35
10	Kriege, M 15:43	Young, D 19:22	Dugdale, D 16:18	Hiltner, R 24:02	Moon, D 16:55	Vaurs, S 23:55	Noel, K 17:43
11	White, J 15:46	Escobar, L 19:32	Stiller, R 16:19	Glick, L 28:38	Chimenti, D 16:56	Kinsch, T 23:57	Burke, G 17:43
12	Nelson, R 15:46	Kendrick, A 19:33	Kinsch, R 16:22	Carbaugh, C 30:59	Nevraumont, M 17:03	Morrison, M 24:27	Howe, J 17:45
13	Dugdale, D 15:47	McCormick, J 19:47	Moon, D 16:29		Noel, K 17:07	Hurtado, R 29:08	Martin, C 17:46
14	Uresti, G 15:49	Richard, M 19:55	Casillas, J 16:32		Howe, J 17:11		Cornwell, D 17:49
15	Palalia, J 15:49	Jones, J 19:58	Smith, W 16:38		Kinsch, R 17:18		Norlander, D 17:51
16	Clary, J 15:50	Emo, K 20:02	Garcia, D 16:39		Stiller, R 17:22		Hurtado, J 17:53
17	Gruber, M 15:50	Howe, N 20:15	Barry, D 16:40		Rebal, D 17:32		White, J 17:56
18	Hogue, D 15:51	Moon, M 20:16	Van Zant, W 16:43		Bordoni, J 17:43		Whalen, J 18:05
19	Castillo, L 15:52	Ettare, A 20:29	Oglesby, K 16:44		VanZant, W 17:48		Naylor, J 18:10
20	Mitchell, P 15:53	Lynn L 20:36	Howe, J 16:45		Warfel, T 17:51		Shuck, B 18:20

	Women-50/54	Men-55/59	Women-55/59	Men-60/64	Men-65/69	Men-70/74	Men-75/79
1	McCormick, J 20:25	Mossie, B 17:32	McCormick, J 20:32	Saucedo, N 18:38	Napier, K 21:04	Valles, D 21:33	DeMartinis, S 25:39
2	Moon, M 21:36	Napier, K 17:36	Moon, M 24:41	Napier, K 19:06	Carter, M 21:14	Stewart, R 21:49	
3	Riley, G 22:35	Noel, K 17:43	MacKinlay, H 26:56	Poole, R 19:07	Powers, H 22:55	DeMartinis, S 23:58	
4	Root, B 23:13	Chimenti, D 17:44	Vaurs, S 27:26	Antonides, G 19:44	DeMartinis, S 24:02	Powers, H 24:21	
5	Vaurs, S 24:04	Meinhardt, B 17:49		Misner, K 19:46	Elliott, J 26:02	Morris, R 26:52	
6	Morrison, M 25:15	Rostege, T 18:16		Noel, K 20:09			
7	Dudley, C 26:30	Hurtado, J 18:25		Flodberg, B 20:13			
8		Flodberg, B 18:38		Armstrong, J 20:18			
9		Bauer, D 18:45		Gilkey, J 20:19			
10		Misner, K 18:49		Lewis, J 20:57			
11		Vickery, B 18:53		Elliott, J 21:38			
12		Chappell, N 18:54		Carter, M 21:54			
13		Saucedo, N 19:00		Powers, H 22:38			
14		Shuck, B 19:05		Brookman, A 23:10			
15		MacKinlay, R 19:10		Buckley, B 24:25			
16		Norlander, D 19:12		Sordi, J 24:26			
17		Russell, Rob 19:15		Douglas, G 24:42			
18		VanZant, W 19:42		Williams, W 29:35			
19		White, J 19:48					
20		Packwood, D 20:28					

**Farwell**

	Men-Overall	Women-Overall	Men-40/44	Women-40/44	Men-45/49	Women-45/49	Men-50/54
1	Holst,M 17:57	Kriege,B 20:33	Meinhardt,B 18:11	Francis,S 22:05	Rostege,T 18:56	Francis,S 23:06	Rostege,T 19:31
2	Clary,J 18:03	Mathias,K 21:06	Ebert,B 18:20	Stroud,C 22:33	Meinhardt,B 19:18	McCormick,J 23:31	Meinhardt,B 19:58
3	Ebert,B 18:04	Stroud,C 21:22	White,J 18:23	Dahlkoetter,J 22:36	Dugdale,D 19:20	Moon,M 23:55	Nelson,R 20:12
4	Herdon,B 18:05	Wei,N 21:34	Furst,D 18:44	Moon,M 23:55	Furst,D 19:23	Stroud,C 24:07	Martin,C 20:17
5	Meinhardt,B 18:11	Francis,S 21:50	Dugdale,D 18:52	Whalen,M 24:46	Wisener,J 19:37	Eberly,M 24:18	Mossie,B 20:39
6	Russell,R 18:12	Murray,V 21:57	Gurthie,K 18:53	Ettare,A 25:23	Napier,K 19:41	Lindsay,L 24:24	Napier,K 20:41
7	Rider,B 18:13	Howard,M 22:21	Rostege,T 18:56	Carpenter,S 25:41	Noel,K 19:43	Collins,V 26:22	Noel,K 20:45
8	White,J 18:16	Benson,C 22:36	Nelson,R 18:58	McPhail,A 26:19	Nevraumont,M 19:54	Sarosiek,A 26:31	Chappell,N 20:46
9	Stiller,R 18:22	Dahlkoetter,J 22:36	Napier,K 19:04	Hiltner,R 26:43	Dunn,B 19:59	Hallen,C 27:37	Naylor,J 20:47
10	Szanto,G 18:23	Escobar,L 22:38	Ruona,F 19:09	Beatty,P 27:54	Nelson,R 20:03	Root,B 27:43	Chimenti,D 20:55
11	Meinhardt,R 18:24	Young,D 22:46	Stiller,R 19:18	Erickson,E 28:06	White,J 20:04	Kinsch,T 28:05	Unsicker,G 20:57
12	Hogue,D 18:31	Wolfe,L 22:47	Moon,D 19:37	Kinsch,T 28:28	Lewis,J 20:07	Morrison,M 28:56	Vickery,B 21:01
13	Nelson,R 18:32	Campbell,G 23:01	Kinsch,R 19:39	Hill,A 30:10	Smith,W 20:13	Nerio,E 30:02	Cornwell,D 21:02
14	Garcia,D 18:32	Vidovich,M 23:15	Lighty,C 19:40	Glick,L 33:11	Leal,P 20:13	McPhail,A 30:35	Burke,G 21:08
15	Gomez,B 18:32	McCormick,J 23:31	Howe,J 19:41		Stiller,R 20:14		Hurtado,J 21:10
16	Bordoni,J 18:33	Emo,K 23:34	Smith,W 19:44		Chimenti,D 20:17		Dunn,B 21:12
17	Dugdale,D 18:38	Petch,M 23:47	Stacy,B 19:45		MacKinlay,R 20:18		Lewis,J 21:14
18	Uresti,G 18:38	Howe,N 23:47	Sauers,D 19:51		Moon,D 20:26		White,J 21:14
19	Crowder,K 18:39	Richard,M 23:51	Latimer,H 19:53		Kinsch,R 20:47		Norlander,D 21:15
20	Fergus,D 18:39	Jones,J 23:52	Garcia,D 19:54		VanZant,W 20:54		Flodberg,B 21:21

	Women-50/54	Men-55/59	Women-55/59	Men-60/64	Men-65/69	Men-70/74	Men-75/79
1	McCormick,J 24:57	Napier,K 21:02	McCormick,J 26:37	Saucedo,N 22:18	Carter,M 25:20	Valles,D 25:06	DeMartinis,S 32:32
2	Riley,G 26:24	Noel,K 21:11	Moon,M 27:36	Napier,K 22:55	Napier,K 25:47	Stewart,R 25:42	
3	Moon,M 26:38	Meinhardt,B 21:30	Vaurs,S 29:25	Gilkey,J 23:27	Powers,H 27:41	Powers,H 28:47	
4	Vaurs,S 27:56	Chappell,N 21:38	MacKinlay,H 32:21	Flodberg,B 23:37	DeMartinis,S 28:35	DeMartinis,S 29:07	
5	Root,B 28:28	Hurtado,J 21:38		Misner,K 23:39	Elliott,J 30:13		
6	Lindsey,L 28:59	Chimenti,D 21:44		Antonides,G 23:45			
7	Hurtado,R 29:33	Rostege,T 21:52		Poole,R 23:49			
8	Dudley,C 29:51	Silver,E 22:13		Armstrong,J 24:08			
9	Voss,G 31:47	Naylor,J 22:14		Elliott,J 25:32			
10	Bivens,K 35:32	Elliott,J 22:20		Carter,M 25:39			
11	Giles,S 35:50	MacKinlay,R 22:25		Powers,H 26:32			
12		Saucedo,N 22:27		Brookman,A 27:51			
13		Misner,K 22:34		Buckley,B 28:47			
14		Russell,Rob 22:52		Sordi,J 29:21			
15		Vickery,Br 22:55		Douglas,G 30:50			
16		Stewart,M 22:58		Williams,W 32:08			
17		Shuck,B 22:59		Vincent,D 35:12			
18		Flodberg,B 23:11					
19		Norlander,D 23:13					
20		VanZant,W 23:29					

**Farwell-Herriman**

	Men-Overall	Women-Overall	Men-40/44	Women-40/44	Men-45/49	Women-45/49	Men-50/54
1	Herdon,B 24:04	Kriege,B 27:32	Furst,D 24:32	Dahlkoetter,J 29:25	Sauers,D 25:29	Francis,S 30:20	Rostege,T 25:50
2	Ebert,B 24:14	Francis,S 28:22	Ruona,F 25:02	Francis,S 29:43	Rivera,D 25:33	Moon,M 31:54	Meinhardt,B 26:19
3	Kriege,M 24:19	Wei,N 28:32	Rivera,D 25:12	Moon,M 32:32	Rostege,T 25:41	Lindsay,L 32:34	Nelson,R 26:45
4	Uresti,G 24:20	Mathias,K 28:43	Rostege,T 25:27	Stroud,C 32:35	Meinhardt,B 25:48	Stroud,C 32:50	Furst,D 26:54
5	Meinhardt,R 24:29	Dahlkoetter,J 29:25	Stiller,R 25:40	Ettare,A 33:42	Dugdale,D 25:51	McCormick,J 33:25	Ruona,F 27:13
6	Furst,D 24:32	Murray,V 29:41	White,J 25:55	Beatty,P 34:27	Furst,D 26:14	Hallen,C 36:37	Chimenti,D 27:49
7	Gomez,B 24:42	Stroud,C 30:04	Meinhardt,B 25:59	McPhail,A 34:39	Wisener,J 26:19	Root,B 37:20	Napier,K 27:51
8	Fergus,D 24:44	Escobar,L 30:09	Howe,J 26:08	Kinsch,T 37:22	White,J 26:30	Kinsch,T 39:05	Vandenburgh,S 27:56
9	Castillo,L 24:44	Howard,M 30:16	Kinsch,R 26:16	Erickson,E 37:29	MacKinlay,R 26:37	Morrison,M 39:09	Moon,D 28:02
10	Souza,T 24:45	Howe,N 31:10	Moon,D 26:21	White,A 41:56	Noel,K 26:40	Hurtado,R 42:58	Hurtado,J 28:05
11	White,J 24:53	Vidovich,M 31:15	Smith,W 26:22	Glick,L 46:22	Nevraumont,M 26:54		Vickery,B 28:08
12	Stiller,R 24:58	Richard,M 31:15	Dugdale,D 26:23		Barry,D 26:54		Whalen,J 28:14
13	Ruona,F 25:02	Neronha,P 31:21	Nelson,R 26:26		Moon,D 26:55		White,J 28:17
14	Russell,R 25:03	Jones,J 31:34	Dunn,B 26:33		Cook,J 27:22		Noel,K 28:21
15	Lighty,C 25:11	Moon,M 31:54	VanZant,W 26:40		Kinsch,R 27:32		Norlander,D 28:25
16	Rivera,D 25:12	Emo,K 32:05	Hotchkiss,B 26:44		Chimenti,D 27:37		VanZant,W 29:01
17	Garcia,D 25:13	Petch,M 32:21	Casillas,J 26:45		Rebal,D 27:46		Misner,K 29:30
18	Dunn,B 25:17	Ettare,A 32:31	Hayes,T 26:52		Napier,K 27:46		Shuck,B 29:37
19	Tico,E 25:17	Lindsay,L 32:34	Garcia,D 27:06		Dunn,B 27:49		Wagenschutz,J 29:37
20	Moon,D 25:21	McCormick,J 33:23	Bordoni,J 27:07		Smith,W 27:57		Bauer,D 29:51

	Women-50/54	Men-55/59	Women-55/59	Men-60/64	Men-65/69	Men-70/74	Men-75/79
1	McCormick,J 33:23	Rostege,T 27:31	McCormick,J 36:36	Kaempf,U 29:32	Carter,M 33:57	Stewart,R 34:04	DeMartinis,S 43:35
2	Moon,M 35:05	Napier,K 28:22	Vaurs,S 38:34	Saucedo,N 29:52	Napier,K 34:42	Valles,D 34:43	
3	Riley,G 35:29	Meinhardt,B 28:36	Moon,M 41:08	Napier,K 29:56	Powers,H 36:28	DeMartinis,S 37:57	
4	Vaurs,S 36:56	Noel,K 28:39	MacKinlay,H 43:16	Armstrong,J 31:31	DeMartinis,S 38:13	Powers,H 40:14	
5	Root,B 37:15	Hurtado,J 28:52		Antonides,G 31:41			
6	Voss,G 39:54	Chappell,N 29:09		Flodberg,B 31:53			
7	Hurtado,R 40:29	Chimenti,D 29:16		Misner,K 31:56			
8	Morrison,M 41:04	MacKinlay,R 29:33		Noel,K 32:38			
9		Misner,K 29:45		Carter,M 34:23			
10		Saucedo,N 29:46		Elliott,J 35:33			
11		Flodberg,B 29:59		Powers,H 35:37			
12		White,J 30:35		Brookman,A 37:03			
13		Bauer,D 30:36		Sordi,J 38:40			
14		Norlander,D 30:57		Buckley,B 38:55			
15		Stewart,M 31:03		Williams,W 43:35			
16		Shuck,B 31:10					
17		VanZant,W 31:20					
18		Russell,Rob 31:35					
19		Naylor,J 31:36					
20		Collins,S 31:51					



**Triangle**

	Men-Overall	Women-Overall	Men-40/44	Women-40/44	Men-45/49	Women-45/49	Men-50/54
1	Szanto,G 24:08	Kriege,B 28:33	Ebert,B 25:00	Francis,S 29:54	Furst,D 26:01	Francis,S 30:46	Rostege,T 27:01
2	Ebert,B 24:47	Stroud,C 29:04	Furst,D 25:31	Dahlkoetter,J 30:12	Rostege,T 26:09	McCormick,J 31:22	Meinhardt,B 27:07
3	Holst,M 24:48	Mathias,K 29:27	Rostege,T 25:34	Stroud,C 30:48	Meinhardt,B 26:16	Stroud,C 31:57	Mossie,B 27:33
4	Herndon,B 24:49	Wei,N 29:46	Dugdale,D 25:47	Moon,M 33:16	Sauers,D 26:42	Moon,M 32:59	Nelson,R 27:52
5	Russell,R 25:17	Francis,S 29:54	Ruona,F 25:49	Whalen,M 35:04	Noel,K 26:48	Hallen,C 37:53	Napier,K 28:09
6	Meinhardt,R 25:19	Dahlkoetter,J 30:12	Nelson,R 25:57	Ettare,A 35:26	Nevraumont,M 27:16	Root,B 38:32	Dunn,B 28:17
7	Dunn,B 25:20	Benson,C 30:38	Moon,D 26:01	Erickson,E 35:56	Wisener,J 27:22	Kinsch,T 39:04	Chimenti,D 28:19
8	Castillo,L 25:20	Howard,M 30:52	Jackson,C 26:10	McPhail,A 37:03	Howe,J 27:25	Morrison,M 39:52	Chappell,N 28:38
9	Uresti,G 25:29	Escobar,L 31:16	Garcia,D 26:21	Beatty,P 37:54	Moon,D 27:31	McPhail,A 39:59	Moon,D 28:41
10	Furst,D 25:31	McCormick,J 31:22	White,J 26:30	Kinsch,T 38:53	Nelson,R 27:35	Vaurs,S 40:28	Noel,K 28:45
11	Lighty,C 25:33	Vidovich,M 32:13	Meinhardt,B 26:34	Glick,L 43:25	White,J 27:47	Hurtado,R 41:43	Martin,C 28:59
12	Rostege,T 25:34	Emo, K 32:18	Fergus,D 26:39		Smith,W 27:47		Hurtado,J 29:05
13	Stiller,R 25:41	Garcia,V 32:25	Lighty,C 26:40		Chimenti,D 27:55		Norlander,D 29:07
14	Fergus,D 25:43	Sweda,M 32:25	Smith,W 26:44		Kinsch,R 28:03		Whalen,J 29:13
15	Dugdale,D 25:47	Eyre,V 32:45	Sauers,D 26:45		Lewis,J 28:05		Naylor,J 29:13
16	Clary,J 25:49	Richard,M 32:46	Stiller,R 26:52		Dunn,B 28:30		Savant,D 29:23
17	Ruona,F 25:49	Moon,M 32:59	Howe,J 27:07		Myers,J 28:32		White,J 29:23
18	Gomez,B 25:49	Jones,J 33:13	Kinsch,R 27:10		Napier,K 28:37		Howe,J 29:31
19	Souza,T 25:50	Howe,N 33:19	Casillas,J 27:11		VanZant,W 28:50		Shuck,B 29:43
20	Mitchell,P 25:52	Lindsay,L 33:44	VanZant,W 27:16		Comport,B 28:53		Bauer,D 29:47

	Women-50/54	Men-55/59	Women-55/59	Men-60/64	Men-65/69	Men-70/74	Men-75/79
1	Lindsay,L 33:44	Mossie,B 28:27	McCormick,J 34:57	Saucedo,N 30:46	Napier,K 34:26	Valles,D 34:42	DeMartinis,S 42:55
2	McCormick,J 34:22	Rostege,T 28:46	Moon,M 40:07	Napier,K 31:13	Carter,M 34:49	Stewart,R 34:45	
3	Moon,M 25:52	Chimenti,D 29:12	MacKinlay,H 41:38	Misner,K 31:43	Flodberg,B 34:52	DeMartinis,S 39:16	
4	Riley,G 36:17	Meinhardt,B 29:15	Vaurs,S 41:52	Poole,R 31:45	Powers,H 37:03	Powers,H 42:47	
5	Vaurs,S 38:26	Napier,K 29:18	Hurtado,R 42:13	Armstrong,J 32:16	DeMartinis,S 38:12	Morris,R 45:28	
6	Hurtado,R 38:47	Kaempf,U 29:22		Gilkey,J 32:18			
7	Root,B 38:57	Hurtado,J 29:23		Antonides,G 32:33			
8	Morrison,M 41:16	Farrington,B 29:25		Shuck,B 32:42			
9	Stroud,C 41:22	Chappell,N 29:29		Noel,K 32:43			
10	Voss,G 42:22	MacKinlay,R 30:14		Flodberg,B 32:44			
11		Noel,K 30:27		Lewis,J 34:13			
12		Misner,K 30:41		Carter,M 35:19			
13		White,J 31:06		Powers,H 37:42			
14		Norlander,D 31:17		Brookman,A 38:31			
15		Shuck,B 31:33		Buckley,B 39:10			
16		Bauer,D 31:36		Sordi,J 39:29			
17		Flodberg,B 31:44		Williams,W 43:44			
18		Naylor,J 31:56					
19		Russell,Rob 32:00					
20		Silver,E 32:07					

**Short Six**

	Men-Overall	Women-Overall	Men-40/44	Women-40/44	Men-45/49	Women-45/49	Men-50/54
1	Herndon,B 30:18	Kriege,B 34:59	Furst,D 31:15	Dahlkoetter,J 36:57	Meinhardt,B 32:42	Francis,S 39:18	Rostege,T 32:37
2	Ebert,B 30:34	Mathias,K 35:19	Ebert,B 31:19	Francis,S 37:14	Napier,K 32:47	Stroud,C 39:19	Meinhardt,B 33:25
3	Dugdale,D 31:01	Garcia,V 36:11	Ruona,F 31:39	Stroud,C 37:52	Rostege,T 32:49	McCormick,J 39:55	Nelson,R 33:56
4	Uresti,G 31:03	Wei,N 36:17	White,J 31:45	Moon,M 42:24	Howe,J 33:18	Moon,M 40:22	Martin,C 34:46
5	White,J 31:06	Dahlkoetter,J 36:57	Rostege,T 31:47	Ettare,A 43:37	Furst,D 33:25	Lindsay,L 41:52	Napier,K 34:49
6	Russell,R 31:13	Francis,S 37:08	Napier,K 31:49	Erickson,E 44:00	Wisener,J 33:29	Collins,V 43:33	Kane,P 35:27
7	Furst,D 31:15	Stroud,C 37:38	Rivera,D 31:57	Young,D 44:33	Barry,D 33:37	Eberly, M 43:45	Noel,K 35:38
8	Lighty,C 31:22	Escobar,L 37:52	Dugdale,D 32:16	McPhail,A 45:24	Nelson,R 33:45	Root,B 46:35	Farrington,B 35:39
9	Meinhardt,B 31:28	Young,D 37:53	Meinhardt,B 32:21	Beatty,P 46:34	White,J 34:01	Hallen,C 46:47	Hurtado,J 35:42
10	Meinhardt,R 31:32	Vidovich,M 38:48	Nelson,R 32:24	Kinsch,T 48:28	Moon,D 34:12	Morrison,M 48:42	Norlander,D 35:45
11	Fergus,D 31:34	Richard,M 38:49	Uresti,G 32:48	White,A 50:49	Chimenti,D 34:14	Kinsch,T 49:11	Chimenti,D 35:46
12	Ruona,F 31:39	McCormick,J 39:55	Smith,W 32:52		Leal,P 34:38	McPhail,A 50:23	Vickery,B 36:04
13	Clary,J 31:41	Howe,N 40:02	Howe,J 32:53		Rebal,D 35:07		Howe,J 36:06
14	Garcia,D 31:45	Jones,J 40:03	Fergus,D 32:57		VanZant,W 35:21		Silver,E 36:11
15	Souza,T 31:46	Emo,Kelly 40:09	Moon,D 33:20		Kinsch,R 35:28		VanZant,W 36:12
16	Rostege,T 31:47	Moon,M 40:22	Stiller,R 33:24		Myers,J 35:29		Moon,D 36:16
17	Napier,K 31:49	Petch,M 40:34	Barry,D 33:25		Dugdale,D 35:31		White,J 36:18
18	Rivera,D 31:57	Ettare,A 41:01	VanZant,W 33:30		Gelblum,N 35:37		Mossie,B 36:19
19	Castillo,L 32:04	Lindsay,L 41:52	Kinsch,R 33:38		Johnston,B 35:38		Naylor,J 36:20
20	Dunn,B 32:06	Howard,M 42:20	Garcia,D 34:04		MacKinlay,R 35:38		Shuck,B 36:59

	Women-50/54	Men-55/59	Women-55/59	Men-60/64	Men-65/69	Men-70/74	Men-75/79
1	McCormick,J 42:02	Napier,K 35:13	McCormick,Jutte 42:02	Kaempf,U 36:44	Carter,M 43:20	Stewart,R 43:26	DeMartinis,S 53:24
2	Riley,G 44:44	Rostege,T 35:19	Moon,Madelyn 48:28	Napier,K 38:28	Napier,K 43:50	Valles,D 45:07	
3	Moon,M 46:13	Chimenti,D 35:56	Vaurs,Sandy 49:34	Elliott,J 38:37	Powers,H 47:16	DeMartinis,S 50:17	
4	Root,B 47:27	Hurtado,J 36:35	Hurtado,Ruby 55:04	Saucedo, N 39:06	DeMartinis,S 48:07	Powers,H 54:33	
5	Vaurs,S 50:09	Chappell,N 36:54	MacKinlay,Heler 56:16	Misner,K 39:31	Elliott,J 51:14		
6	Voss,G 50:50	Noel,K 37:16		Flodberg,B 39:48			
7	Morrison,M 54:03	Mossie,B 37:53		Antonides,G 41:26			
8	Nerio,E 54:18	MacKinlay,R 37:53		Armstrong,J 41:57			
9	MacKinlay,H 54:45	Misner,K 38:21		Gilkey,J 42:04			
10		Norlander,D 38:24		Carter,M 43:30			
11		Meinhardt,B 38:36		Noel,K 45:44			
12		Vickery,B 38:39		Poole,R 46:12			
13		Bauer,D 39:05		Brookman,A 46:41			
14		Saucedo,N 39:09		Powers,H 47:26			
15		Shuck,B 39:11		Sordi,J 48:47			
16		Stewart,M 39:27		Buckley,B 50:11			
17		VanZant,W 39:51		Douglas,G 50:57			
18		Collins,S 40:02		Williams,W 56:21			
19		Naylor,J 40:30		Cantrell,D 65:51			
20		Russell,Rob 40:39					

**ALL-TIME WVJS MEN'S MARATHON LIST**

<u>PI</u>	<u>Runner</u>	<u>Time</u>	<u>Date</u>	<u>PI</u>	<u>Runner</u>	<u>Time</u>	<u>Date</u>
1	Palalia, Jose	2:20:30	Dec-98	67	Liedtke, Jim	2:49:08	Mar-79
2	Pawlak, Ted	2:25:38	Sep-80	68	Kautz, Steve	2:49:53	Oct-94
3	Kurtis, Dennis	2:28:58	Dec-91	69	Armstrong, John	2:50:56	Sep-78
4	Lynch, Jerry	2:31:22	Dec-83	70	Johnson, Bert	2:50:56	Dec-83
5	Guthrie, Kent	2:32:51	Jan-80	71	Williams, Mark	2:50:56	Jul-94
6	Crowder, Keith	2:33:01	May-77	72	Blonder, Bob	2:51:02	Jun-79
7	Rostege, Tim	2:33:11	Dec-83	73	Radigan, Steve	2:51:03	Mar-95
8	Smith, Ross	2:33:33	Feb-74	74	Hurtado, Joe	2:51:05	Dec-91
9	White, Jake	2:34:07	Feb-80	75	Rea, Bob	2:51:11	Jun-84
10	Gould, Norm	2:34:19	Feb-83	76	Silver, E. R.	2:51:30	Mar-84
11	Gomez, Roberto	2:34:21	Dec-81	77	Hogue, Don	2:51:35	Dec-97
12	Ruona, Frank	2:35:15	Dec-88	78	Croteau, Dick	2:51:47	Feb-77
13	Nunez, Chris	2:35:35	Dec-90	79	Reitz, Jim	2:51:54	Dec-95
14	Sandoval, Jamie	2:36:43	Dec-91	80	Bang, Scott	2:51:55	Dec-95
15	Driscoll, Mark	2:36:46	Feb-78	81	Lilly, Bob	2:52:03	Dec-94
16	Drew, Ken	2:37:15	Jul-82	82	Schur, Steve	2:52:10	Dec-91
17	Dugdale, Don	2:37:16	Mar-83	83	Bryan, Roger	2:52:56	Sep-78
18	Scott, Dave	2:37:23	Mar-89	84	McFeely, John	2:53:31	Dec-94
19	Sanfillippo, Phil	2:37:37	May-78	85	Rebal, Don	2:54:01	Dec-90
20	Radloff, Walt	2:37:41	Jan-83	86	Dunn, Bill	2:54:16	Dec-98
21	Jenney, Bill	2:37:54	Mar-83	87	Myers, Jim	2:54:17	Dec-93
22	Kraus, Dete	2:38:56	Sep-80	88	Shingai, Randy	2:54:32	Dec-92
23	Bourbeau, Bob	2:39:15	May-78	89	Douglas, Glenn	2:55:04	Dec-81
24	Nelson, Ron	2:39:22	Mar-82	90	Ernst, Bob	2:55:42	Oct-76
25	Bowles, Ralph	2:39:25	Jul-78	91	Meyer, Wayne	2:56:07	Mar-81
26	Wisener, Jim	2:39:29	Dec-90	92	Williams, Walter	2:56:44	Jan-80
27	Rider, Bruce	2:39:51	May-77	93	Verghe, Kevin	2:56:54	Dec-91
28	Garcia, Dave	2:40:40	Dec-91	94	Wholey, Jim	2:57:10	Apr-78
29	Herndon, Bob	2:40:56	Dec-88	95	Weber, Vic	2:57:10	Apr-78
30	O'Rourke, Tim	2:40:57	Dec-98	96	Branning, Dave	2:57:25	May-78
31	Stancliffe, Dave	2:41:25	Dec-95	97	Lease, Damon	2:57:35	May-95
32	Aguilar, Alex	2:41:34	Apr-91	98	Collins, Rich	2:57:58	Jan-79
33	Souza, Tim	2:42:00	Dec-86	99	Cook, Jay	2:57:xx	Jul-85
34	Meinhardt, Bill	2:42:47	Mar-83	100	Naylor, John	2:58:12	Mar-79
35	Rivera, Dave	2:42:48	Jul-86	101	Rohrer, Jeff	2:58:32	Dec-95
36	Napier, Ken	2:43:01	Feb-71	102	Murray, Al	2:58:37	Dec-95
37	Uresti, Gil	2:43:45	Apr-91	103	Kananen, Rick	2:58:40	Jun-81
38	enner, Mike	2:43:47	May-78	104	Casey, Ed	2:58:41	Dec-98
39	Stacy, Bill	2:43:53	Mar-83	105	Cyger, Mike	2:58:45	Dec-98
40	Castillo, Sam	2:43:xx	Mar-84	106	Holley, Lee	2:58:54	Oct-76
41	Sandoval, Gabriel	2:44:01	Dec-90	107	Romesburg, Ephraim	2:59:15	Dec-83
42	Ebert, Bob	2:44:24	Dec-98	108	Gillette, Carl	2:59:19	Jan-79
43	Hicks, Mike	2:44:28	Jul-81	109	Moon, Danny	2:59:22	Mar-88
44	Selbrede, Steve	2:44:29	Jul-81	110	Vandenberg, Sam	2:59:46	Feb-88
45	Doran, Jim	2:44:31	May-80	111	Bowers, Bill	2:59:57	Mar-83
46	Collins, Dave	2:44:32	Jul-79	112	Brookman, Art	2:59:59	Jan-80
47	Howe, Jim	2:44:43	Dec-90	113	Savant, Don	3:00:59	Dec-88
48	Nevraumont, Myron	2:45:00	Jan-79	114	Roskosz, Charlie	3:01:05	Jan-79
49	Maes, George	2:45:19	Sep-80	115	Niedrauer, Ron	3:01:20	Jan-80
50	Wurm, Jim	2:45:39	Feb-78	116	Oglesby, Kent	3:01:21	Dec-91
51	Lewis, Andy	2:45:44	Dec-81	117	Combs, Dave	3:01:31	May-86
52	Van Zant, Walt	2:45:57	Mar-81	118	Sawyer, Ben	3:02:xx	Nov-82
53	Paradis, Mike	2:46:11	Mar-82	119	Gruber, Mike	3:03:26	May-77
54	Hayes, Todd	2:46:14	Dec-92	120	Crowder, Derl	3:04:08	May-77
55	Gelblum, Neil	2:46:37	Dec-96	121	Martin, Carl	3:04:09	Feb-71
56	Davis, Brian	2:46:45	Dec-98	122	Baumgartner, Cecil	3:04:19	Dec-91
57	Farrington, Bob	2:47:00	Mar-84	123	Mota, Tom	3:04:37	Jul-93
58	Holmes, Bryan	2:47:04	Jan-79	124	Walters, Paul	3:04:45	Sep-97
59	Meinhardt, Rob	2:47:20	Apr-92	125	Anderson, Dan	3:05:03	Jul-98
60	Angelopoulos, Jim	2:47:30	Dec-97	126	Bush, Paul	3:05:08	Sep-80
61	Kane, Paul	2:47:42	Oct-80	127	King, Al	3:05:43	Jan-80
62	Cornwell, Dwight	2:47:xx	Mar-87	128	Whalen, Jim	3:05:51	Dec-90
63	Castillo, Lucas	2:48:10	Dec-93	129	Nora, John	3:06:35	May-79
64	Warfel, Tom	2:48:19	Mar-82	130	Spiekerman, Phil	3:07:32	Dec-78
65	Unsicker, Glen	2:48:30	Mar-84	131	Campbell, Keith	3:07:41	Jun-73
66	Johnson, Joe	2:49:02	Dec-91	132	Noel, Ken	3:07:xx	Dec-88

<u>PI</u>	<u>Runner</u>	<u>Time</u>	<u>Date</u>	<u>PI</u>	<u>Runner</u>	<u>Time</u>	<u>Date</u>
133	Gavin, Ed	3:08:00	Dec-96	171	Dines, Tom	3:29:41	Jan-80
134	Vendelin, George	3:08:02	Jul-83	172	MacDonald, Chuck	3:31:00	Dec-97
135	Lindquist, Link	3:08:02	May-79	173	Fraker, Keith	3:31:41	Jan-80
136	Lighty, Charles	3:08:25	Dec-98	174	Read, Bob	3:33:14	Feb-89
137	Cunningham, Larry	3:08:xx	Apr-93	175	Antonides, Gene	3:33:52	Dec-96
138	Apfel, Jim	3:08:xx	Mar-94	176	Borden, Dave	3:36:02	Jan-80
139	Glick, Vern	3:09:35	Jul-82	177	Israel, Ken	3:36:44	Jun-73
140	Johnston, Bill	3:09:35	Mar-95	178	Okada, Floyd	3:36:xx	Feb-86
141	Collins, Seymour	3:09:39	May-75	179	Tico, Eddie	3:37:43	Feb-72
142	Martinez, Andy	3:09:46	Jul-81	180	Mitchum, Art	3:38:53	Dec-98
143	Norlander, Dave	3:10:34	Jul-93	181	Donaldson, Gary	3:38:xx	Mar-83
144	Facchino, Dennis	3:10:46	Jan-80	182	Elliott, John	3:39:48	Jan-79
145	Wagenschutz, Jim	3:10:57	Jul-82	183	Lee, Jonathan	3:41:04	Mar-95
146	Laverty, Ken	3:11:28	Jan-80	184	Quartly, Alex	3:43:36	May-77
147	Pickens, Robert	3:12:17	May-98	185	Coublucq, Ernie	3:43:37	Jul-77
148	Scaduto, Andy	3:12:33	Jan-79	186	Carter, Marion	3:44:23	Dec-96
149	Windham, Craig	3:12:44	May-79	187	Oshiro, Lloyd	3:46:53	Oct-77
150	Misner, Karl	3:13:55	May-93	188	Marks, John	3:48:17	Dec-91
151	Hill, Harry	3:13:56	Apr-74	189	Janson, Marcus	3:49:27	Feb-78
152	Osborne, Orval	3:15:19	Dec-71	190	Osborne, Don	3:51:09	Feb-74
153	Scott, Jim	3:16:00	Jun-77	191	Barrett, Dick	3:51:39	Oct-76
154	Jacobson, George	3:16:16	Jun-73	192	Reyna, Ed	3:52:46	Dec-95
155	Van Zant, Jesse	3:16:56	Mar-79	193	Flodberg, Bill	3:53:xx	Jul-93
156	Holzworth, Ray	3:17:48	Jul-83	194	McCarten, Dave	3:54:41	Dec-98
157	Tico, Ed	3:19:28	May-77	195	Packwood, Don	3:54:xx	Aug-84
158	Ryan, Dick	3:20:20	Jun-80	196	Spring, Ken	3:56:05	Apr-78
159	Stojanovich, Louie	3:20:23	Jan-79	197	Chase, Dennis	3:56:17	May-78
160	Stojanovich, Lou	3:20:23	Jan-79	198	Wester, Dick	4:04:06	Dec-91
161	Dudley, Gordon	3:20:43	Dec-76	199	Hart, Chuck	4:04:55	Feb-78
162	Casillas, Jose	3:21:09	Dec-98	200	Gregson, John	4:21:30	Dec-95
163	Matthews, Tom	3:21:10	Dec-81	201	Valles, Dave	4:21:56	Jul-98
164	Scoble, Robert	3:22:22	Nov-81	202	Nickel, Ken	4:22:12	Oct-77
165	Saucedo, Norm	3:23:30	Mar-91	203	Buckley, Bill	4:24:xx	Jun-81
166	Nayak, Santosh	3:23:xx	May-91	204	Low, Brian	4:27:30	Jul-80
167	Fox, Larry	3:24:15	Apr-75	205	Valles, Dave	4:32:07	Jul-98
168	Andrakin, Mike	3:27:37	Oct-82	206	DeMartinis, Stan	4:35:21	Dec-95
169	Riley, Tim	3:27:40	Dec-96	207	Powers, Howard	5:47:01	Dec-95
170	O'Sullivan, Frank	3:27:42	Jul-79				

### ALL-TIME WVJS WOMEN'S MARATHON LIST

<u>Pl</u>	<u>Runner</u>	<u>Time</u>	<u>Date</u>	<u>Pl</u>	<u>Runner</u>	<u>Time</u>	<u>Date</u>
1	Kennedy, Kristine	2:48:21	Dec-95	27	Moon, Madelyn	3:31:xx	Apr-87
2	Yvonne Lund	2:55:58	Oct-98	28	Emo, Kelly	3:32:40	Dec-93
3	McManaman, Nathalie	2:56:28	Dec-97	29	Fulton, Judy	3:34:56	Dec-94
4	Frank, Barbara	2:57:22	Mar-88	30	MacDonald, Sue	3:36:07	Dec-97
5	Young, Diane	3:01:33	May-81	31	Ettare, Antonina	3:39:41	Mar-94
6	Garcia, Vicki	3:02:08	Dec-91	32	Whalen, Maureen	3:39:49	Dec-94
7	Sand, Hillary	3:03:53	Dec-98	33	McCormick, Jutta	3:43:54	Dec-90
8	Kriege, Becki	3:03:56	Dec-94	34	Downing, Joy	3:46:21	Mar-82
9	Cannon, Robin	3:04:21	Dec-97	35	Erickson, Elaine	3:47:54	Dec-98
10	Stroud, Carol	3:04:52	Mar-81	36	McPhail, Annette	3:54:33	Mar-94
11	Campbell, Gail	3:04:57	Jul-79	37	Brookman, Myrna	3:57:xx	Dec-81
12	Escobar, Lydia	3:06:08	Dec-92	38	Beatty, Pauline	3:58:08	Dec-98
13	Howard, Mia	3:06:40	Oct-95	39	Riley, Georgia	4:01:23	Mar-95
14	Francis, Sue	3:07:35	Dec-84	40	Seyoum, Abby	4:03:13	Jul-98
15	Linda Kidd	3:10:05	Dec-98	41	Hallen, Chris	4:06:09	Dec-98
16	Eyres, Vicki	3:10:43	Feb-86	42	Hiltner, Ruth	4:07:54	Jun-98
17	Harris, Lynn	3:13:10	Dec-78	43	Low, Lisa	4:17:12	Jul-97
18	Vidovich, Mary	3:19:48	Sep-97	44	Morrison, Marcia	4:25:03	Dec-95
19	Healy, Mary	3:20:24	May-75	45	Lease, Cheryl	4:30:18	Dec-91
20	Collins, Virginia	3:23:28	May-78	46	Meinhardt, Sue	4:33:18	Jan-79
21	Howe, Nancy	3:24:01	Mar-91	47	Hurtado, Ruby	4:34:10	Oct-94
22	Lount, Tina	3:25:16	Dec-97	48	Patterson, Patty	4:47:15	May-78
23	Carpenter, Sandy	3:25:xx	Feb-89	49	Tate, Vicki	4:47:17	May-78
24	Shade, Judi	3:26:49	Mar-97	50	Voss, Grace	4:54:56	Jun-98
25	Petch, Marilyn	3:28:42	Jun-80	51	Wholey, Louise	4:56:09	Sep-77
26	Richard, Marian	3:31:10	Dec-98	52	Vaurs, Sandy	5:30:56	Jun-98