

Club members should periodically check this schedule during the year because for a variety of reasons changes will have to be made

Saturday Workouts (Revised)

09/12/20 thru 09/18/20	All Courses Day
09/19/20 thru 09/25/20	One Mile on the track
09/26/20 thru 10/02/20	Triangle Run (4.76M)
10/03/20 thru 10/09/20	800M on the track
10/10/20 thru 10/16/20	One Mile on the track
10/17/20 thru 10/23/20	Doug/Sara/Frtvle (2.75M)
10/24/20 thru 10/30/20	5K on the track
10/31/20 thru 11/06/20	Farwell/H (4.68M)
11/07/20 thru 11/13/20	3000M on the track
11/14/20 thru 11/20/20	Farwell (3.54M)
11/21/20 thru 11/27/20	Short Six (5.74M)
11/28/20 thru 12/04/20	Valle Vista (3.0M)
12/05/20 thru 12/11/20	Triangle Run (4.76M)
12/12/20 thru 12/18/20	Dou/Sar/Frtvle (2.75M)
12/19/20 thru 12/25/20	Farwell/H (4.68M)
12/26/20 thru 12/31/20	All Courses Day
01/02/21 thru 01/08/21	Farwell (3.54M)
01/09/21 thru 01/15/21	Short Six (5.74M)
01/16/21 thru 01/22/21	Valle Vista (3.0M)
01/23/21 thru 01/29/21	5K on the track
01/30/21 thru 02/05/21	Triangle Run

All events shown above may be run at any time during the Saturday thru Friday shown for their event.

The first date shown on each line is a Saturday and is the date that we normally run as a group. The last date shown on each line (except 12/31/20 is a Friday).

All track runs may be run on any track, including tracks in other cities, such as Stockton, Fresno, Salinas, etc.

The 800M, mile, 3000M, and 5000M will be scored in the Racer of year contest. We run the mile and 5K twice but just score the best of the two runs.

Runs after 12/31/20 will not be included in the scoring for the Racer of the Year contest for 2020.

We will not schedule any track relays until the County cancels its Gatherings rules.